**Ramakrishna Sarada Mission Vivekananda Vidyabhavan**

**Department of Psychology**

**LESSON PLAN, 2018-2019**

**GENERAL – 3RD YEAR**

|  |  |  |
| --- | --- | --- |
| **Topics** | **Number of Classes** | **Name of the Teacher** |
| Nature and Scope of Psychological Research | 12 | NB |
| Research Designs | 15 | AB |
| Importance of Statistics in Psychology : Mean, Median and Mode, Statistics of Variance | 20 | NB |
| Research Methodology | 15 | AB |
| Data Collection Techniques | 15 | NB |
| Practical on Statistics | 18 | AB + NB |
| Revision Classes | 5 | AB + NB |
| Students Activities | 10 | AB + NB |

**SEMESTER 1 ( 2018-19) (TOTAL : 75 HOURS)**

GE1/DSC1: -GENERAL PSYCHOLOGY

**PSYHGEC01T/PSYGCOR01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 4 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 4 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 7 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 6 | NB |
| Emotional Intelligence | 4 | NB |
| Assessment of Intelligence and personality | 4 | NB |
| 3 | Cognitive Development | 3 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 4 | AB |
| 4 | Applications of Psychology: Work | 5 | NB |
| Applications of Psychology: Law | 5 | NB |
| Applications of Psychology: Health | 6 | NB |
|  | Practical : Standard Progressive Matrices | 5 | AB |
|  | Practical: Whole vs Part Method | 6 | NB |
|  | Revision Classes and Students activities | 5 |  |

**Ramakrishna Sarada Mission Vivekananda Vidyabhavan**

**Department of Psychology**

**LESSON PLAN, 2019-2020**

**SEMESTER 1 (Duration: July – Dec)( Total : 75 hours)**

GE1/DSC1: -GENERAL PSYCHOLOGY

**PSYHGEC01T/PSYGCOR01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 4 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 4 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 7 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 6 | NB |
| Emotional Intelligence | 4 | NB |
| Assessment of Intelligence and personality | 4 | NB |
| 3 | Cognitive Development | 3 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 4 | AB |
| 4 | Applications of Psychology: Work | 5 | NB |
| Applications of Psychology: Law | 5 | NB |
| Applications of Psychology: Health | 6 | NB |
|  | Practical : Standard Progressive Matrices | 5 | AB |
|  | Practical: Whole vs Part Method | 6 | NB |
|  | Revision Classes and Students activities | 5 |  |

**SEMESTER 2 (Duration: Jan – June) ( Total : 75 hours)**

GE3/DSC3: - YOUTH, GENDER AND IDENTITY

**PSYHGEC02T/PSYGCOR02T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Concepts of Youth:Transition to Adulthood, Extended Youth in the Indian Context | 5 | AB |
| Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender stereotypes | 6 | AB |
| Concepts of Identity: Multiple Identities | 6 | AB |
|
| 2 | Family: Parent Youth Conflict, Sibling relationships, Intergenerational gap | 5 | AB |
| Peer group Identity: Friendships and Romantic relationships | 5 | AB |
| Workplace Identity and relationships | 4 | AB |
| Youth Culture | 2 | NB |
| 3 | Issues of Sexuality in Youth | 2 | NB |
| Gender Discrimination | 3 | NB |
| Culture and Gender | 4 | NB |
| 4 | Youth, Gender and Violence | 4 | NB |
| Enhancing Work life balance | 4 | NB |
| Changing roles and women empowerment | 6 | NB |
| Encouraging non gender stereotypes attitudes in youth | 4 | NB |
|  | Practical: IGRIS | 6 | NB |
|  | Practical: Achievement Motivation Scale | 4 | AB |
|  | Revision classes and Students Activity | 5 |  |

**SEMESTER 3 (Duration: July – Dec) ( Total : 75 hours)**

GE3/DSC3: - PSYCHOLOGY FOR HEALTH AND WELL BEING

**PSYHGEC03T/PSYGCOR03T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Continuum and Models of Health and illness: holistic Health | 3 | AB |
| Medical and Bio-psycho social model | 4 | AB |
| Health and wellbeing | 4 | AB |
|
| 2 | Nature and Sources of stress | 5 | AB |
| Effects of stress on Physical and mental Health | 6 | AB |
| Coping and stress | 4 | AB |
| stress management | 3 | NB |
| 3 | Health Enhancing Behaviors | 4 | NB |
| Health Protective Behaviors | 4 | NB |
| Illness Management | 5 | NB |
| 4 | Classification of Human strengths and virtues | 4 | NB |
| Cultivating inner strengths | 5 | NB |
| Hope and Optimism | 6 | NB |
| Gain ful Employment and Me/We Balance | 3 | NB |
|  | Practical: Mindfulness Meditation | 6 | NB |
|  | Practical: Adult Hope Scale | 3 | AB |
|  | Revision classes and Students Activity | 6 |  |

**SEMESTER 4 (Duration: Jan – June) ( Total : 75 hours)**

GE4/DSC4: - PSYCHOLOGY AT WORK

**PSYHGEC04T/PSYGCOR04T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Definition, Brief History | 3 | NB |
| Contemporary trends | 7 | NB |
| I/O Psychology in India | 4 | NB |
|
| 2 | Concepts of Job Satisfaction and Work Motivation | 6 | AB |
| Causes of Job satisfaction | 5 | AB |
| Outcomes of Job satisfaction | 3 | AB |
| Theories of work motivation and Applications | 3 | NB |
| 3 | Communication process, purpose of communication in organizations | 5 | NB |
| Communication networks, barriers to effective communication | 4 | NB |
| Managing communication | 3 | NB |
| 4 | The meaning of leadership, early approaches to leadership | 6 | AB |
| Contemporary approaches | 5 | AB |
| Leadership in Globalized world | 3 | AB |
| Indian perspective on leadership | 5 | AB |
|  | Practical: Work related Quality of Life Scale | 3 | NB |
|  | Practical: Herzberg two factor scale | 3 | AB |
|  | Revision classes and Students Activity | 7 |  |

**Ramakrishna Sarada Mission Vivekananda Vidyabhavan**

**Department of Psychology**

**LESSON PLAN, 2020-2021**

**SEMESTER 1 (Duration: July – Dec) (Total : 90 hours)**

GE1/DSC1: -GENERAL PSYCHOLOGY

**PSYHGEC01T/PSYGCOR01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 5 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 5 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 6 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 6 | NB |
| Emotional Intelligence | 4 | NB |
| Assessment of Intelligence and personality | 4 | NB |
| 3 | Cognitive Development | 3 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 4 | AB |
| 4 | Applications of Psychology: Work | 5 | NB |
| Applications of Psychology: Law | 5 | NB |
| Applications of Psychology: Health | 6 | NB |
|  | Practical : Standard Progressive Matrices | 6 | AB |
|  | Practical: Whole vs Part Method | 6 | NB |
|  | Revision Classes and Students activities | 12 |  |

**SEMESTER 2 (Duration: Jan – June) (Total : 90 hours)**

GE3/DSC3: - YOUTH, GENDER AND IDENTITY

**PSYHGEC02T/PSYGCOR02T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Concepts of Youth:Transition to Adulthood, Extended Youth in the Indian Context | 4 | AB |
| Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender stereotypes | 6 | AB |
| Concepts of Identity: Multiple Identities | 4 | AB |
|
| 2 | Family: Parent Youth Conflict, Sibling relationships, Intergenerational gap | 7 | AB |
| Peer group Identity: Friendships and Romantic relationships | 6 | AB |
| Workplace Identity and relationships | 3 | AB |
| Youth Culture | 3 | NB |
| 3 | Issues of Sexuality in Youth | 3 | NB |
| Gender Discrimination | 3 | NB |
| Culture and Gender | 4 | NB |
| 4 | Youth, Gender and Violence | 5 | NB |
| Enhancing Work life balance | 5 | NB |
| Changing roles and women empowerment | 6 | NB |
| Encouraging non gender stereotypes attitudes in youth | 6 | NB |
|  | Practical: IGRIS | 6 | NB |
|  | Practical: Achievement Motivation Scale | 8 | AB |
|  | Revision classes and Students Activity | 11 |  |

**SEMESTER 3 (Duration: July – Dec) (Total : 90 hours)**

GE3/DSC3: - PSYCHOLOGY FOR HEALTH AND WELL BEING

**PSYHGEC03T/PSYGCOR03T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Continuum and Models of Health and illness: holistic Health | 5 | AB |
| Medical and Bio-psycho social model | 5 | AB |
| Health and wellbeing | 4 | AB |
|
| 2 | Nature and Sources of stress | 8 | AB |
| Effects of stress on Physical and mental Health | 6 | AB |
| Coping and stress | 3 | AB |
| stress management | 4 | NB |
| 3 | Health Enhancing Behaviors | 3 | NB |
| Health Protective Behaviors | 6 | NB |
| Illness Management | 4 | NB |
| 4 | Classification of Human strengths and virtues | 5 | NB |
| Cultivating inner strengths | 5 | NB |
| Hope and Optimism | 6 | NB |
| Gain ful Employment and Me/We Balance | 6 | NB |
|  | Practical: Mindfulness Meditation | 6 | NB |
|  | Practical: Adult Hope Scale | 6 | AB |
|  | Revision classes and Students Activity | 8 |  |

**SEMESTER 4 (Duration: Jan – June) (Total : 90 hours)**

GE4/DSC4: - PSYCHOLOGY AT WORK

**PSYHGEC04T/PSYGCOR04T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Definition, Brief History | 4 | NB |
| Contemporary trends | 6 | NB |
| I/O Psychology in India | 4 | NB |
|
| 2 | Concepts of Job Satisfaction and Work Motivation | 7 | AB |
| Causes of Job satisfaction | 6 | AB |
| Outcomes of Job satisfaction | 3 | AB |
| Theories of work motivation and Applications | 3 | NB |
| 3 | Communication process, purpose of communication in organizations | 3 | NB |
| Communication networks, barriers to effective communication | 3 | NB |
| Managing communication | 4 | NB |
| 4 | The meaning of leadership, early approaches to leadership | 5 | AB |
| Contemporary approaches | 5 | AB |
| Leadership in Globalized world | 6 | AB |
| Indian perspective on leadership | 5 | AB |
|  | Practical: Work related Quality of Life Scale | 6 | NB |
|  | Practical: Herzberg two factor scale | 6 | AB |
|  | Revision classes and Students Activity | 14 |  |

**Ramakrishna Sarada Mission Vivekananda Vidyabhavan**

**Department of Psychology**

**LESSON PLAN, 2021-2022**

**SEMESTER 1 (Duration: July – Dec) (Total : 90 hours)**

GE1/DSC1: -GENERAL PSYCHOLOGY

**PSYHGEC01T/PSYGCOR01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 5 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 6 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 7 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 7 | NB |
| Emotional Intelligence | 4 | NB |
| Assessment of Intelligence and personality | 4 | NB |
| 3 | Cognitive Development | 5 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 6 | AB |
| 4 | Applications of Psychology: Work | 5 | NB |
| Applications of Psychology: Law | 5 | NB |
| Applications of Psychology: Health | 6 | NB |
|  | Practical : Standard Progressive Matrices | 10 | AB |
|  | Practical: Whole vs Part Method | 8 | NB |
|  | Revision Classes and Students activities | 5 |  |

**SEMESTER 2 (Duration: Jan – June) (Total : 90 hours)**

GE3/DSC3: - YOUTH, GENDER AND IDENTITY

**PSYHGEC02T/PSYGCOR02T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Concepts of Youth:Transition to Adulthood, Extended Youth in the Indian Context | 6 | AB |
| Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender stereotypes | 6 | AB |
| Concepts of Identity: Multiple Identities | 5 | AB |
|
| 2 | Family: Parent Youth Conflict, Sibling relationships, Intergenerational gap | 7 | AB |
| Peer group Identity: Friendships and Romantic relationships | 7 | AB |
| Workplace Identity and relationships | 3 | AB |
| Youth Culture | 4 | NB |
| 3 | Issues of Sexuality in Youth | 3 | NB |
| Gender Discrimination | 3 | NB |
| Culture and Gender | 5 | NB |
| 4 | Youth, Gender and Violence | 5 | NB |
| Enhancing Work life balance | 5 | NB |
| Changing roles and women empowerment | 6 | NB |
| Encouraging non gender stereotypes attitudes in youth | 6 | NB |
|  | Practical: IGRIS | 6 | NB |
|  | Practical: Achievement Motivation Scale | 8 | AB |
|  | Revision classes and Students Activity | 11 |  |

**SEMESTER 3 (Duration: July – Dec) (Total : 90 hours)**

GE3/DSC3: - PSYCHOLOGY FOR HEALTH AND WELL BEING

**PSYHGEC03T/PSYGCOR03T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Continuum and Models of Health and illness: holistic Health | 6 | AB |
| Medical and Bio-psycho social model | 6 | AB |
| Health and wellbeing | 4 | AB |
|
| 2 | Nature and Sources of stress | 7 | AB |
| Effects of stress on Physical and mental Health | 6 | AB |
| Coping and stress | 6 | AB |
| stress management | 3 | NB |
| 3 | Health Enhancing Behaviors | 5 | NB |
| Health Protective Behaviors | 5 | NB |
| Illness Management | 4 | NB |
| 4 | Classification of Human strengths and virtues | 5 | NB |
| Cultivating inner strengths | 5 | NB |
| Hope and Optimism | 6 | NB |
| Gain ful Employment and Me/We Balance | 6 | NB |
|  | Practical: Mindfulness Meditation | 6 | NB |
|  | Practical: Adult Hope Scale | 6 | AB |
|  | Revision classes and Students Activity | 9 |  |

**SEMESTER 4 (Duration: Jan – June) (Total: 90 hours)**

GE4/DSC4: - PSYCHOLOGY AT WORK

**PSYHGEC04T/PSYGCOR04T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Definition, Brief History | 5 | NB |
| Contemporary trends | 6 | NB |
| I/O Psychology in India | 4 | NB |
|
| 2 | Concepts of Job Satisfaction and Work Motivation | 7 | AB |
| Causes of Job satisfaction | 6 | AB |
| Outcomes of Job satisfaction | 3 | AB |
| Theories of work motivation and Applications | 3 | NB |
| 3 | Communication process, purpose of communication in organizations | 3 | NB |
| Communication networks, barriers to effective communication | 3 | NB |
| Managing communication | 4 | NB |
| 4 | The meaning of leadership, early approaches to leadership | 5 | AB |
| Contemporary approaches | 5 | AB |
| Leadership in Globalized world | 6 | AB |
| Indian perspective on leadership | 7 | AB |
|  | Practical: Work related Quality of Life Scale | 6 | NB |
|  | Practical: Herzberg two factor scale | 7 | AB |
|  | Revision classes and Students Activity | 10 |  |

**Ramakrishna Sarada Mission Vivekananda Vidyabhavan**

**Department of Psychology**

**LESSON PLAN, 2022-2023**

**SEMESTER 1 (Duration: July – Dec) (Total : 90 hours)**

GE1/DSC1: -GENERAL PSYCHOLOGY

**PSYHGEC01T/PSYGCOR01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 5 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 6 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 7 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 7 | NB |
| Emotional Intelligence | 4 | NB |
| Assessment of Intelligence and personality | 4 | NB |
| 3 | Cognitive Development | 5 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 6 | AB |
| 4 | Applications of Psychology: Work | 5 | NB |
| Applications of Psychology: Law | 5 | NB |
| Applications of Psychology: Health | 6 | NB |
|  | Practical : Standard Progressive Matrices | 10 | AB |
|  | Practical: Whole vs Part Method | 8 | NB |
|  | Revision Classes and Students activities | 5 |  |

**SEMESTER 2 (Duration: Jan – June) (Total : 90 hours)**

GE3/DSC3: - YOUTH, GENDER AND IDENTITY

**PSYHGEC02T/PSYGCOR02T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Concepts of Youth:Transition to Adulthood, Extended Youth in the Indian Context | 4 | AB |
| Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender stereotypes | 6 | AB |
| Concepts of Identity: Multiple Identities | 4 | AB |
|
| 2 | Family: Parent Youth Conflict, Sibling relationships, Intergenerational gap | 7 | AB |
| Peer group Identity: Friendships and Romantic relationships | 6 | AB |
| Workplace Identity and relationships | 3 | AB |
| Youth Culture | 3 | NB |
| 3 | Issues of Sexuality in Youth | 3 | NB |
| Gender Discrimination | 3 | NB |
| Culture and Gender | 4 | NB |
| 4 | Youth, Gender and Violence | 5 | NB |
| Enhancing Work life balance | 5 | NB |
| Changing roles and women empowerment | 6 | NB |
| Encouraging non gender stereotypes attitudes in youth | 7 | NB |
|  | Practical: IGRIS | 6 | NB |
|  | Practical: Achievement Motivation Scale | 8 | AB |
|  | Revision classes and Students Activity | 10 |  |

**SEMESTER 3 (Duration: July – Dec) (Total: 90 hours)**

GE3/DSC3: - PSYCHOLOGY FOR HEALTH AND WELL BEING

**PSYHGEC03T/PSYGCOR03T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Continuum and Models of Health and illness: holistic Health | 6 | AB |
| Medical and Bio-psycho social model | 4 | AB |
| Health and wellbeing | 4 | AB |
|
| 2 | Nature and Sources of stress | 6 | AB |
| Effects of stress on Physical and mental Health | 7 | AB |
| Coping and stress | 4 | AB |
| stress management | 4 | NB |
| 3 | Health Enhancing Behaviors | 3 | NB |
| Health Protective Behaviors | 3 | NB |
| Illness Management | 4 | NB |
| 4 | Classification of Human strengths and virtues | 5 | NB |
| Cultivating inner strengths | 5 | NB |
| Hope and Optimism | 6 | NB |
| Gain ful Employment and Me/We Balance | 5 | NB |
|  | Practical: Mindfulness Meditation | 6 | NB |
|  | Practical: Adult Hope Scale | 8 | AB |
|  | Revision classes and Students Activity | 10 |  |

**SEMESTER 4 (Duration: Jan – June) (Total : 90 hours)**

GE4/DSC4: - PSYCHOLOGY AT WORK

**PSYHGEC04T/PSYGCOR04T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Definition, Brief History | 4 | NB |
| Contemporary trends | 6 | NB |
| I/O Psychology in India | 4 | NB |
|
| 2 | Concepts of Job Satisfaction and Work Motivation | 7 | AB |
| Causes of Job satisfaction | 6 | AB |
| Outcomes of Job satisfaction | 3 | AB |
| Theories of work motivation and Applications | 3 | NB |
| 3 | Communication process, purpose of communication in organizations | 3 | NB |
| Communication networks, barriers to effective communication | 3 | NB |
| Managing communication | 4 | NB |
| 4 | The meaning of leadership, early approaches to leadership | 5 | AB |
| Contemporary approaches | 5 | AB |
| Leadership in Globalized world | 6 | AB |
| Indian perspective on leadership | 10 | AB |
|  | Practical: Work related Quality of Life Scale | 6 | NB |
|  | Practical: Herzberg two factor scale | 7 | AB |
|  | Revision classes and Students Activity | 8 |  |

**SEMESTER 5 (Duration: June – Dec) (Total: 75 hours)**

DSE 1: - CLINICAL PSYCHOLOGY

**PSYGDSE01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Models of Psychopathology : Overview | 5 | AB |
| Cognitive and Behavioral models | 8 | AB |
| Stress diathesis model of Psychopathology | 4 | AB |
|
| 2 | Overview of Clinical picture of anxiety disorder | 7 | AB |
| Overview of Clinical picture of OCD and related disorder | 10 | AB |
|
|
| 3 | Overview of Clinical picture of Schizophrenia | 5 | AB |
| Overview of Clinical picture of Mood Disorders | 6 | AB |
|
|  | Practical: STAI | 10 | AB |
|  | Practical:GHQ | 10 | AB |
|  | Revision classes and Students Activity | 10 |  |

GE 1: - PSYCHOLOGY AND MEDIA **(Total : 75 hours)**

**PSYGGEC01T**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Understanding Mass media and Issues of Media Psychology | 5 | AB |
| Construction of Reality, Media and Culture | 6 | AB |
| Media and ethics , Regulations | 4 | AB |
|
| 2 | Developing an effective advertising programme/ media promotions | 6 | AB |
| Campaigns for social marketing | 5 | AB |
| Case Studies in the Indian context | 7 | AB |
|
| 3 | Nature and Impact of Audio visual and Print media | 4 | NB |
| Developmental issues: Fantasy vs reality, Stereotyping, violence and cyber crime | 7 | NB |
| Case Studies in The Indian Context | 5 | NB |
| 4 | Virtual Social Media, Interactive media | 5 | NB |
| Gaming issues and internet addiction | 5 | NB |
| Case studies in the Indian context | 6 | NB |
|
|  | Revision classes and Students Activity | 10 |  |

**NEP (SEMESTER 1) JUNE - DEC**

**TOTAL: 60 HOURS**

**PSYMIN101T: FUNDAMENTALS OF PSYCHOLOGY**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, fields & application | 4 | AB |
| Cognitive Processes: Learning, memory and problem solving | 6 | AB |
| Conative Processes : Motivation, types of motives | 4 | AB |
| Affective Processes: Emotion, Positive and Negative emotion | 4 | AB |
| 2 | Theories of personality: Freud Psychoanalysis, type and trait ; humanistic | 5 | NB |
| Theories of intelligence; Spearman “g” theory, Sternberg and Gardner | 5 | NB |
| Emotional Intelligence | 3 | AB |
| Assessment of Intelligence and personality | 4 | AB |
| 3 | Cognitive Development | 3 | AB |
| Moral Development | 3 | AB |
| Psycho social Development | 6 | AB |
|  | Practical : NEO FFI | 3 | AB |
|  | Practical: Cattell’s Culture Fair Test | 6 | AB |
|  | Revision Classes and Students activities | 5 |  |

**MDC – SEMESTER -1 (Total: 45 Hours)**

**PSYHMD101T: ORIENTATION TO PSYCHOLOGY**

|  |  |  |  |
| --- | --- | --- | --- |
| Unit | Topic | No of classes/Hour | Name of Teacher |
| 1 | Nature, scope & application | 4 | AB |
| Methods of Psychology | 6 | AB |
| Schools of Psychology | 4 | AB |
|
| 2 | Overview: Learning and Memory | 7 | AB |
| Theories of Learning | 6 | AB |
| Types of memory | 4 | AB |
| Forgetting: Causes and Curve | 3 | AB |
| 3 | Concept and definition of personality | 4 | AB |
| Personality Theory of Freud | 3 | AB |
| Personality Theories of Eysenck and Rogers | 4 | AB |

Name of Teachers:

AB: Aiswarjya Banerjee

NB: Nibedita Banerjee