

Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College  
Two-year P.G. Diploma in Psychological Counselling, 2024 - 2026  
Tentative Academic Calendar:  
First Semester, January, 2024 - June, 2024  
Time 12 noon to 4 PM; Break 1.30 PM – 2.15 PM

**Tentative academic Calendar:**

Date	Day	Topic	
19.01.2024	Friday	PGDPC 101: Basic skills in counseling: Breaking the ice, setting up ground rules, Hopes and fears; Expectations	All RPs
20.01.2024	Saturday	PGDPC 103: Child and adolescence development: Prenatal theories, Milestones of development; Skills practice	MM + KM
21.01.2024	Sunday		
22.01.2024	Monday	Milestones of development (Contd.); Def. Client, therapist, Role of counselor; characteristics of counseling	MM + Km
<b>26.01.2024</b>	<b>Friday</b>	<b>Holiday (Republic Day)</b>	
27.01.2024	Saturday	Attending (SOLER), Activities and exercises	KM + UB
28.01.2024	Sunday		
29.01.2024	Monday	Milestones of development (contd); Practice	MM + KM
02.02.2024	Friday	PGDPC 102: Brain and Behaviour: Physiological bases of Behaviour, nervous system, Neuron: structure, function, types; synapse.	PM
03.02.2024	Saturday	Listening: Def. Why listen? Internal & external frame of listening	KM + UB
04.02.2024	Sunday		
05.02.2024	Monday	Stages of development: Toddler, Middle, Adolescence: Language dev. + Skills practice	KM + UB
09.02.2024	Friday	Spinal Cord: Structure and Function.	PM
10.02.2024	Saturday	Active listening; Sources of interference in listening in clients, in counselors	KM + UB
11.02.2024	Sunday		
12.02.2024	Monday	Cognitive development: Piaget's theory	MM + KM
16.02.2024	Friday	CNS: Structure of the brain, localization of functions in the brain, homoncular theory; Does the brain function as a whole Or the division of functions localized completely?	PM
17.02.2024	Saturday	Sending discouraging messages: Verbal, non-verbal sources of interference in clients, in counselor + Activities & exercise	KM
18.02.2024	Sunday		
19.02.2024	Monday	Moral development + skills training	MM + KM

23.02.2024	Friday	Continuous assessment & review	PM
24.02.2024	Saturday	Continuous assessment & review	KM + UB
25.02.2024	Sunday		
26.02.2024	Monday	Social Development: Erikson's theory	MM + KM
01.03.2024	Friday	CNS: Continued.	PM
02.03.2024	Saturday	Responding: paraphrasing: Activities and exercises	
03.03.2024	Sunday	Responding: 5 kinds of responding: exercises and activities	KM + UB
04.03.2024	Monday	Erikson's theory	KM + MM
08.03.2024	Friday	Peripheral Nervous system; Neuro-transmitters: Def. function and role in mental disorders.	PM
09.03.2024	Saturday	Avoid sending discouraging messages; Reflecting: Restating content, focusing on feeling and reason; Activities & exercises	KM
10.03.2024	Sunday		
<b>11.03.2024</b>	<b>Monday</b>	<b>Continuous assessment</b>	MM + AB
15.03.2024	Friday	Autonomic nervous system: Sympathetic and parasympathetic Nervous system	PM
16.03.2024	Saturday	Making Empathic responding choices, Exercises, role play	KM
17.03.2024	Sunday		
18.03.2024	Monday	Bowlby's theory of Attachment	MM + KM
22.03.2024	Friday	Special sense organs: Structure and function of the eyes, ears, nose, tongue and skin.	PM
23.03.2024	Saturday	Bowlby's theory of Attachment	
24.03.2024	Sunday		
25.03.2024 -	Monday	Holiday, Holi, Doljatra	
<b>29.03.2024</b>	<b>Friday</b>	<b>Holiday, Good Friday</b>	
<b>30.03.2024</b>	<b>Saturday</b>	<b>Mid-term Test : 101, 102, 103</b>	ALL RPs
31.03.2024	Sunday		
<b>01.04.2024</b>	<b>Monday</b>	<b>Mid term test: practical, 104</b>	All RPs
05.04.2024	Friday-	The Endocrine system: Def., types; parathyroid: structure, function, location, Role in mental disorder	PM
06.04.2024	Saturday	Empathy: Choosing empathetic responses, Exercises	KM + UB
07.04.2024	Sunday		
08.04.2023	Monday	Adolescence: Developmental tasks	
<b>12.04.2024</b>	<b>Friday</b>	<b>Coffee pe churcha</b>	
13.04.2024	Saturday	Role play & exercises	
14.04.2024	Sunday		
<b>15.04.2023</b>	<b>Monday</b>	<b>Presentation</b>	MM + AB
19.04.2024	Friday	Thyroid gland: Structure, function, role in mental disorder.	PM
<b>20.04.2024</b>	<b>Saturday</b>	<b>Group presentation: Listening, Reflecting</b>	KM + UB

21.04.2024	Sunday		
22.04.2023	Monday	Piaget's theory of cognitive development	MM
26.04.2024	Friday	Pituitary gland Structure, function, location, role in mental disorder, why is it called the master gland?	PM
27.04.2024	Saturday	Interview: How to conduct the first interview?	KM
28.04.2024	Sunday		
29.04.2023	Monday	Theories of Emotional development in children	AB + MM
03.05.2024	Friday	Adrenal gland: the adrenal cortex and Adrenal medulla- Why is it called the emergency gland?	PM
<b>04.05.2024</b>	<b>Saturday</b>	<b>Coffee pe churcha</b>	KM + UB
05.05.2024	Sunday		
06.05.2024	Monday	Child abuse: Identifying neglect and abuse; Prevention.	
10.05.2024	Friday	The gonads: Structure, function, Role in the development of personality	
11.05.2024	Saturday	Interview: How to conduct the first interview with a child?	KM
12.05.2024	Sunday		
13.05.2024	Monday	Child Counselling: Spl Problems and skills; age appropriate behavior and pathological behavior.	MM + KM
<b>17.05.2024</b>	<b>Friday</b>	<b>Presentation</b>	PM
18.05.2024	Saturday	How to determine whether a client can hurt somebody including you? How to determine whether a client can hurt herself?	KM + UB
19.05.2024	Sunday		
20.05.2024	Monday	Educational counseling: def. Importance, approaches to Pre-school children	MM + KM
24.05.2024	Friday	Ethical considerations in counseling.	PM
25.05.2024	Saturday	Ethical considerations in counseling.	PM
26.05.2024	Sunday		
27.05.2024	Monday	Educational counseling: School-going children	MM
<b>31.05.2024</b>	<b>Friday</b>	<b>Open session and discussion</b>	
01.06.2024	Saturday	Child psychometry: MISSIC	AB
02.06.2024	Sunday		
03.06.2024	Monday	Child psychometry: MISSIC (contd.)	AB
07.06.2024	Friday	Child psychometry: CPM + Basic Play therapy	KM +UB
08.06.2024	Saturday	Child psychometry: CPM + Basic Play therapy	KM + UB
09.06.2024	Sunday		
<b>10.06.2024</b>	<b>Monday</b>	<b>Open session and discussion</b>	AB + MM
<b>11.06.2024 –20.06.2024</b>	<b>Tuesdaay-Thursday</b>	<b>Preparation Leave for end semester examination</b>	
<b>21.06.2024</b>	<b>Friday</b>	<b>End Semester Examination: 101, 102</b>	
<b>22.06.2024</b>	<b>Saturday</b>	<b>End Semester Examination: 103</b>	
<b>23.06.2024</b>	<b>Sunday</b>		
<b>24.06.2024</b>	<b>Monday</b>	<b>Practical: role Play, Viva Voce, Personal and learning Journal, Child Psychometry</b>	

<b>05.07.2024</b>	<b>Friday</b>	<b>Results</b>	
<b>06.07.2024- 18.07.2024</b>	<b>Saturday Thursday</b>	<b>End Semester Holidays</b>	
<b>19.07.2024</b>	<b>Friday</b>	<b>2<sup>nd</sup> semester begins</b>	