## Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College Two-year P.G. Diploma in Psychological Counselling, 2023 - 2025 Tentative Academic Calendar: Third Semester, February, 2024 Time 12 noon to 4 PM; Break 1.30 PM – 2.15 PM

## **Tentative academic Calendar:**

02.02.2024	Friday	PGDPC 109: Psychopathology II:	UB
		Anxiety disorder + Mental Testing	
03.02.2024	Saturday	Behaviourism + Mental Testing	AB + UB
04.02.2024	Sunday		
	•	DCDDC 440.	DN4
05.02.2024	Monday	PGDPC 110:	PM
		Techniques of Psychodynamic Therapy: Goals of psychodynamic therapy;	
09.02.2024	Friday	Behaviourism + Practice	AB + KM
03.02.2024	Triuay	Bellaviourism + Fractice	AD + KIVI
10.02.2024	Saturday	Client centered Therapy + mental Testing	AB + UB
11.02.2024	Sunday		
12.02.2024	Monday	Goals of psychodynamic therapy; +Initial Evaluation of	PM
		patients	
16.02.2024	Friday	Anxiety Disorder (GAD)	UB
17.02.2024	Saturday	Client Centered Therapy + Mental testing	AB + UB
17.02.2024	Saturday	Cheffit Centered Therapy T Wientan testing	ABIOD
18.02.2024	Sunday		
19.02.2024	Monday	Dreams: Psychoanalytic theory of dreams	PM
23.02.2024	Friday	Anxiety disorder (GAD) + Continuous assessment	UB
24.02.2024	Saturday	Client centered Therapy + Mental Testing	AB + UB
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25.02.2024	Sunday		
26.02.2024	Monday	Dreams: Psychoanalytic theory of dreams; Activation	PM
		Synthesis theory of dreams;	
01.03.2024	Friday	Client centered Therapy + Anxiety disorder (Phobia)	AB +UB
02.03.2024	Saturday	Client Centered Therapy + Mental Testing	AB+ UB
03.03.2024	Sunday		
04.03.2024	Monday	Other theories of Dreams. + Continuous assessment.	PM
08.03.2024	Friday	Existentialism + Anxiety (Phobia)	AB +UB
09.03.2024	Saturday	Existentialism + Mental Testing	AB +UB
10.03.2024	Sunday		
11.03.2024	Monday	Resistance: What is Resistance? Manifestation of	PM

		resistance in therapy;. Defenses as resistance;	
15.03.2024	Friday	transference as resistance; Anxiety disorder (OCD)	UB
16.03.2024	Saturday	Review + Mental Testing	AB + UB
17.03.2024	Sunday	Review + Michical resums	AD 1 OD
18.03.2024	Monday	Transference: What is transference? Transference in	PM
10.03.2024	IVIUITUay	everyday life; Transference as the therapeutic key; how to	Pivi
		recognize transference in therapy situation. How to handle	
		transference?	
22.03.2024	Friday	Anxiety disorder: OCD	UB
23.03.2024	Saturday	Preparation Leave	
24.03.2024	Sunday	Holiday	
25.03.2024	Monday	Holiday, Holi, Doljatra	
29.03.2024	Friday	Holiday, Good Friday	
30.03.2024	Saturday	Mid-term: Practical	
31.03.2024	Sunday	Holiday	
01.04.2024	Monday	Mid-term: Theory	
05.04.2024	Friday-	Transference cure; transference neurosis; Transference	PM
	-	psychosis; Types of transference- Kernberg and Kohut, the	1
		concept of working alliance.	ļ
06.04.2024	Saturday	Major depressive disorder + Mental Testing	PC + UB
07.04.2024	Sunday		<u> </u>
08.04.2023	Monday	Techniques: Counter-transference: What is counter-	PM
ı		transference? Identifying counter-transference; Models of	1
12.04.2024	Friday	counter-transference: Counter-transference and ethics.  Coffee pe churcha	AB + KM + U
12.04.2027	Filuay	Corree pe criurcha	AD T KIVI I O
13.04.2024	Saturday	Major depressive disorder + Mental Testing	PC + UB
14.04.2024	Sunday	1	
15.04.2023	Monday	Techniques: Interpretation: What is interpretation? What	PM
		does it accomplish? The power of interpretation; the	1
l		importance of 'tact'; Types of intervention.	
18.04.2024	Thursday	CBT	P. K. R.
10.04.2024	Illursuuy	СВТ	7. K. N.
20.04.2024	Saturday	Mental Testing + Pain Disorder (Conversion)	AB + PSG
21.04.2024	Sunday		
	•	Taskainus Working through	PM
22.04.2023	Monday	Technique: Working through:  Definition: Micro-elements of working through;	PIVI 
l		Definition. Where-elements of working an oagh,	1
23.04.2024	Tuesday	Cognitive Behaviour Therapy	PKR
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25.04.2024 Thursday Cognitive Behaviour Therapy PKR 27.04.2024 Saturday Presentation + Dissociative disorder AB + PSG 28.04.2024 Sunday Presentation + Dissociative disorder PM 29.04.2023 Monday Termination: Phases of psychodynamic therapy; When terminate the therapy? Pre-mature termination; After termination. 30.04.2024 Thursday Cognitive Behaviour Therapy PKR 04.05.2024 Saturday Mental testing + Mood disorder (Bi-polar Disorder) AB + PSG 05.05.2024 Sunday Disorder PKR 05.05.2024 Sunday Luborsky: Supportive - expressive therapy: What is it? Key elements of psychoanalytically oriented psychotherapy; Expressive Technique: Supportive techniques. 10.05.2024 Friday Group therapy UB + KM 11.05.2024 Saturday Presentation + Bipolar disorder AB + PSG 12.05.2024 Sunday Bringing about change in the patient: Intrapsychic conflict: the concept of CCRT; How does cure come about? , 17.05.2024 Friday Group Therapy UB + KM 18.05.2024 Saturday PG + Dysthymia AB + PSG 19.05.2024 Sunday Beginning treatment, setting the goal, preparing the patient; establishing trust and rapport;. Group Therapy UB + KM 25.05.2024 Saturday Humanistic theories + psychopathology AB + PSG 26.05.2024 Sunday Understanding and responding to P's problems Supportive relationship: Deciding who needs support; Evaluating P's helping alliance Attending to "shifts" in the state of mind:. 31.05.2024 Friday Family Therapy PM 01.06.2024 Saturday Continuous Assessment (Psychopathology) AB + PSG 02.05.2024 Friday Family Therapy PM 01.06.2024 Saturday Continuous Assessment (Psychopathology) AB + PSG 02.05.2024 Friday Family Therapy PM 01.06.2024 Friday Family Therapy PM 02.06.2024 Saturday Open session: Psychopathology AB + UB + PSG 03.06.2024 Sunday Open session: Psychopathology AB + UB + PSG		T		T
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02.05.2024       Sunday         03.06.2024       Monday       Expressive techniques: Acquiring understanding : four phases; Understanding the symptoms in the context of Relationships;       PM         07.06.2024       Friday       Family Therapy       PM         08.06.2024       Saturday       Open session: Psychopathology       AB + UB + PSG	31.05.2024	Friday	Family Therapy	PM
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08.06.2024 Saturday Open session: Psychopathology AB + UB + PSG	03.06.2024	Monday	phases; Understanding the symptoms in the context of	PM
PSG	07.06.2024	Friday	Family Therapy	PM
09.06.2024 Sunday	08.06.2024	Saturday	Open session: Psychopathology	
	09.06.2024	Sunday		

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10.06.2024	Monday	Formulating the CCRT; Formulating the relationship theme by CCRT method; the relationship triad: Relationship	PM
		theme: Need, wish or intention: Response of the self and	
		object.	
14.06.2024	Friday	Attending to each sphere of relationship triad:	PM
		reviewing the episodes for further understanding;	
		seeing symptoms and problem-situations;	
		attending to P's beh. Towards the therapist; Ending	
		treatment	
15.06.2024	Saturday	Review: Supportive-Expressive Therapy	PM
16.06.2024	Sunday	Holiday	
17.06.2024	Monday	Holiday	Iduzzoha
21.06.2024	Friday	Preparation Leave	
21.06.2024 22.06.2024	Friday Saturday	Preparation Leave Preparation leave	
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22.06.2024	Saturday	Preparation leave	
22.06.2024 23.06.2024	Saturday Sunday	Preparation leave Preparation leave	
22.06.2024 23.06.2024 24.06.2024 28.06.2024	Saturday Sunday Monday Friday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109	
22.06.2024 23.06.2024 24.06.2024	Saturday Sunday Monday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC	
22.06.2024 23.06.2024 24.06.2024 28.06.2024	Saturday Sunday Monday Friday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109	
22.06.2024 23.06.2024 24.06.2024 28.06.2024	Saturday Sunday Monday Friday Saturday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC 111	
22.06.2024 23.06.2024 24.06.2024 28.06.2024 29.06.2024	Saturday Sunday Monday Friday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC	
22.06.2024 23.06.2024 24.06.2024 28.06.2024 29.06.2024	Saturday Sunday Monday Friday Saturday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC 111	
22.06.2024 23.06.2024 24.06.2024 28.06.2024 29.06.2024 30.06.2024	Saturday Sunday Monday Friday Saturday Sunday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC 111  Holiday End semester practical Examination PDGPC 112	
22.06.2024 23.06.2024 24.06.2024 28.06.2024 29.06.2024 30.06.2024	Saturday Sunday Monday Friday Saturday Sunday	Preparation leave Preparation leave Preparation leave End semester Theory Examination" PGDPC 109  End semester Theory Examination: PGDPC 110 + PGDPC 111  Holiday	