

Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College
Two-year P.G. Diploma in Psychological Counselling, 2023 - 2025
Tentative Academic Calendar: Third Semester, February, 2024
Time 12 noon to 4 PM; Break 1.30 PM – 2.15 PM

Tentative academic Calendar:

02.02.2024	Friday	PGDPC 109: Psychopathology II: Anxiety disorder + Mental Testing	UB
03.02.2024	Saturday	Behaviourism + Mental Testing	AB + UB
04.02.2024	Sunday		
05.02.2024	Monday	PGDPC 110: Techniques of Psychodynamic Therapy: Goals of psychodynamic therapy;	PM
09.02.2024	Friday	Behaviourism + Practice	AB + KM
10.02.2024	Saturday	Client centered Therapy + mental Testing	AB + UB
11.02.2024	Sunday		
12.02.2024	Monday	Goals of psychodynamic therapy; +Initial Evaluation of patients	PM
16.02.2024	Friday	Anxiety Disorder (GAD)	UB
17.02.2024	Saturday	Client Centered Therapy + Mental testing	AB + UB
18.02.2024	Sunday		
19.02.2024	Monday	Dreams: Psychoanalytic theory of dreams	PM
23.02.2024	Friday	Anxiety disorder (GAD) + Continuous assessment	UB
24.02.2024	Saturday	Client centered Therapy + Mental Testing	AB + UB
25.02.2024	Sunday		
26.02.2024	Monday	Dreams: Psychoanalytic theory of dreams ; Activation Synthesis theory of dreams;	PM
01.03.2024	Friday	Client centered Therapy + Anxiety disorder (Phobia)	AB +UB
02.03.2024	Saturday	Client Centered Therapy + Mental Testing	AB+ UB
03.03.2024	Sunday		
04.03.2024	Monday	Other theories of Dreams. + Continuous assessment.	PM
08.03.2024	Friday	Existentialism + Anxiety (Phobia)	AB +UB
09.03.2024	Saturday	Existentialism + Mental Testing	AB +UB
10.03.2024	Sunday		
11.03.2024	Monday	Resistance: What is Resistance? Manifestation of	PM

		resistance in therapy;. Defenses as resistance; transference as resistance;	
15.03.2024	Friday	Anxiety disorder (OCD)	UB
16.03.2024	Saturday	Review + Mental Testing	AB + UB
17.03.2024	Sunday		
18.03.2024	Monday	Transference: What is transference? Transference in everyday life; Transference as the therapeutic key; how to recognize transference in therapy situation. How to handle transference?	PM
22.03.2024	Friday	Anxiety disorder: OCD	UB
23.03.2024	Saturday	Preparation Leave	
24.03.2024	Sunday	Holiday	
25.03.2024	Monday	Holiday, Holi, Doljatra	
29.03.2024	Friday	Holiday, Good Friday	
30.03.2024	Saturday	Mid-term: Practical	
31.03.2024	Sunday	Holiday	
01.04.2024	Monday	Mid-term: Theory	
05.04.2024	Friday-	Transference cure; transference neurosis; Transference psychosis; Types of transference- Kernberg and Kohut, the concept of working alliance.	PM
06.04.2024	Saturday	Major depressive disorder + Mental Testing	PC + UB
07.04.2024	Sunday		
08.04.2023	Monday	Techniques: Counter-transference: What is counter-transference? Identifying counter-transference; Models of counter-transference: Counter-transference and ethics.	PM
12.04.2024	Friday	Coffee pe churcha	AB + KM + U
13.04.2024	Saturday	Major depressive disorder + Mental Testing	PC + UB
14.04.2024	Sunday		
15.04.2023	Monday	Techniques: Interpretation: What is interpretation? What does it accomplish? The power of interpretation; the importance of 'tact'; Types of intervention.	PM
18.04.2024	Thursday	CBT	P. K. R.
20.04.2024	Saturday	Mental Testing + Pain Disorder (Conversion)	AB + PSG
21.04.2024	Sunday		
22.04.2023	Monday	Technique: Working through: Definition: Micro-elements of working through;	PM
23.04.2024	Tuesday	Cognitive Behaviour Therapy	PKR

25.04.2024	Thursday	Cognitive Behaviour Therapy	PKR
27.04.2024	Saturday	Presentation + Dissociative disorder	AB + PSG
28.04.2024	Sunday		
29.04.2023	Monday	Termination: Phases of psychodynamic therapy; When terminate the therapy? Pre-mature termination; After termination.	PM
30.04.2024	Thursday	Cognitive Behaviour Therapy	PKR
04.05.2024	Saturday	Mental testing + Mood disorder (Bi-polar Disorder)	AB + PSG
05.05.2024	Sunday		
06.05.2024	Monday	Luborsky: Supportive - expressive therapy: What is it? Key elements of psychoanalytically oriented psychotherapy; Expressive Technique: Supportive techniques.	PM
10.05.2024	Friday	Group therapy	UB + KM
11.05.2024	Saturday	Presentation + Bipolar disorder	AB + PSG
12.05.2024	Sunday		
13.05.2024	Monday	Bringing about change in the patient: Intrapsychic conflict: the concept of CCRT; How does cure come about? ,	PM
17.05.2024	Friday	Group Therapy	UB + KM
18.05.2024	Saturday	PG + Dysthymia	AB + PSG
19.05.2024	Sunday		
20.05.2024	Monday	Beginning treatment, setting the goal, preparing the patient; establishing trust and rapport;.	PM
24.05.2024	Friday	Group therapy	UB + KM
25.05.2024	Saturday	Humanistic theories + psychopathology	AB + PSG
26.05.2024	Sunday		
27.05.2024	Monday	Understanding and responding to P's problems Supportive relationship: Deciding who needs support; Evaluating P's helping alliance; facilitating P's helping alliance Attending to "shifts" in the state of mind:.	PM
31.05.2024	Friday	Family Therapy	PM
01.06.2024	Saturday	Continuous Assessment (Psychopathology)	AB + PSG
02.05.2024	Sunday		
03.06.2024	Monday	Expressive techniques: Acquiring understanding : four phases; Understanding the symptoms in the context of Relationships;	PM
07.06.2024	Friday	Family Therapy	PM
08.06.2024	Saturday	Open session: Psychopathology	AB + UB + PSG
09.06.2024	Sunday		

10.06.2024	Monday	Formulating the CCRT; Formulating the relationship theme by CCRT method; the relationship triad: Relationship theme: Need, wish or intention: Response of the self and object.	PM
14.06.2024	Friday	Attending to each sphere of relationship triad: reviewing the episodes for further understanding; seeing symptoms and problem-situations; attending to P's beh. Towards the therapist; Ending treatment	PM
15.06.2024	Saturday	Review: Supportive-Expressive Therapy	PM
16.06.2024	Sunday	Holiday	
17.06.2024	Monday	Holiday	Iduzzoha
21.06.2024	Friday	Preparation Leave	
22.06.2024	Saturday	Preparation leave	
23.06.2024	Sunday	Preparation leave	
24.06.2024	Monday	Preparation leave	
28.06.2024	Friday	End semester Theory Examination" PGDPC 109	
29.06.2024	Saturday	End semester Theory Examination: PGDPC 110 + PGDPC 111	
30.06.2024	Sunday	Holiday	
01.07.2024	Monday	End semester practical Examination PDGPC 112	
12.07.2024		Results	
26.07.2024		4th semester begins	