

Curriculum (Course Specific outcome)

Paper	Course specific outcome
Paper I	Basics of Counseling Students will learn the basic features of counseling, basic skills of Counseling, like listening, responding, paraphrasing, empathetic responding, how to take psychological interviews and ethical concern in counseling.
Paper II	Brain and behavior: One can never overemphasize the intimate connection between body and mind. Hence, it is important to learn the physiological bases of mental functions. After taking this course, the students will learn the structure and function of neurons, the structure and functions of the Brain, Autonomic and peripheral nervous system, various sense organs, and endocrine glands with special emphasis on their relationship with various mental disorders.
Paper III	CHILD AND ADOLESCENT DEVELOPMENT: After taking this course, the students will learn the various phases of psychological development in childhood and adolescence, the difficulties, the specific tasks of each phase and specific disorders related to these phases.
Paper IV	Psycho-diagnostic testing: The students will learn how to do the Mental Status Examination and administration, calculation and writing reports of various psychometric tests.
Paper V	Psychopathology I: Psychopathology of Childhood and adolescence: Students will learn the various psychopathology specific to childhood and adolescence.
Paper VI	Psychodynamic theories: Students will learn the basics of psychoanalytic theory of Freud including the structural theory, defense mechanisms and mechanism of symptom formation. They will also learn the basic features of a few important post-Freudian psychoanalysts.

Paper VII	<p>Psychopathology II: Students will learn the Etiology, symptomatology and treatment of Anxiety disorders, ICD, and Mood disorders and Schizophrenic and Schizotypal disorders.</p>
Paper VIII	<p>Techniques of Psychodynamic therapy: Students will be taught the various techniques of psychodynamic therapy, e.g. resistance, transference, counter-transference etc. including the brief psychodynamic therapy of Luborski.</p>
Paper IX	<p>Humanistic and Behaviouristic theories and Projective tests: After the basics of psychodynamic theories, the students will be given a detailed exposure of various other forms of therapy, like, Behaviourism, CBT, Client centered therapy, group and family therapy etc. They will also be taught how to administer and interpret the Projective tests so important in understanding the psychic mechanism of the patient and arriving at a correct diagnosis.</p>
Paper X	<p>Psychopathology III: Students will be taught about the aetiology, symptomatology and treatment of various sexual disorders, organic disorders, personality disorders and how to intervene in a crisis situation.</p>
Paper XI & XII	<p>Special areas of counselling I and II: Students will be taught about the special areas of counselling, like gender. Family, counselling the elderly, grief and bereavement, emotional intelligence, dance therapy, story telling, community mental health etc.</p>

<p>Special features:</p>	<p>These courses are distributed over four semesters and after each semester the students are required to take practical examination in addition to the theory examination. So, there will be four practical papers also.</p> <p>Students will be required to write Personal and Learning journals, lab note books, internship note books, process notes and have to submit a case report of 30 sessions done under the supervision of a senior psychotherapist.</p> <p>The students also have to undergo a mandatory personal counselling of at least 40 sessions with senior psychotherapists.</p> <p>Students have to attend internship in a mental hospital and other related institutions dealing with various kinds of mental afflictions.</p>
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