NSS EVENTS

I.Youth Day Procession

Name of activity: Youth Day Procession

Category: Student's Activity

Organising unit: NSS

Date: 12/01/23

Time: 7:00am - onwards

Venue: Adjacent area to college

Name of resource person/s (with designation):

Number of participants: 170

Brief description of the event: RKSMVV had organized a procession on 12th of January, 2023 in the adjacent area of the college on the occasion of 'National Youth Day'. Thirty six NSS volunteers took part in the procession along with other students.

Outcomes: The Youth Day procession of students is a powerful display of unity and empowerment, fostering a sense of solidarity among the youth. It often serves as a platform for expressing their aspirations, advocating for social issues, and highlighting the importance of education and civic engagement. The outcome may include increased awareness, strengthened community bonds, and a lasting impact on the participants' commitment to positive change.







2.Name of activity: Aranya Srijon Prokolpo & Special Lecture

Category: Student's Activity

Organising unit: NSS

Date: 12/01/23

Time: 11:00am - onwards

Venue: Muktiprana Sabhagriha

Name of resource person/s (with designation): Prof(Dr.) Pranam Dhar

The Programme Coordinator, NSS, West Bengal State University

Number of participants: 70

Brief description of the event: Prof Pranam Dhar planted 6 trees along with the Principal and PO of the college. Afterwards Dr. Dhar delivered a lecture on Youth and Swamiji. He provided immense motivation to the NSS volunteers by his speech.

Outcomes: A tree plantation program typically yields several positive outcomes. It contributes to environmental conservation by enhancing green cover, mitigates climate change through carbon sequestration, and promotes biodiversity. Additionally, such initiatives often raise awareness about the importance of trees in maintaining ecological balance. Socially, tree planting events foster a sense of community involvement and environmental responsibility among participants, contributing to a more sustainable and greener future.







3.Name of activity: Strategies of Women Empowerment and Social Change'

Category: Lecture

Organising unit: NSS

Date: 23.3.23

Time: 1.45pm - onwards

Venue: RKSMVV

Name of resource person/s (with designation): Dr. Manjir Ghosh Founder and Director of

Educhange

Number of participants: 49

Brief description of the event: 'Strategies of Women Empowerment and Social Change' was thoroughly discussed by Dr. Manjir Ghosh. She is the Founder and Director of Educhange, a social impact organization that makes efficient use of the play-based learning model to transform the overall learning infrastructure for students. The focus of this programme is to not just develop soft skills among the students but also to garner self-reliant attitudes and behaviour among them as professionals who want to be an active part of the Indian workforce. The aim of the programme is to impart skills to the students so that they may contribute to the society as effective professionals and are also be able to sustain themselves financially.

Outcome: Training based on play has been shown to have numerous positive outcomes for children's development. It can enhance cognitive skills such as problem-solving, creativity, and critical thinking. Additionally, play-based learning promotes social skills like communication, cooperation, and empathy. It also fosters emotional development by allowing children to explore and express their feelings in a safe environment. Overall, incorporating play into education can lead to well-rounded and holistic growth for children.





4Name of activity: Digital Marketing Training

Category: Lecture

Organising unit: NSS

Date: 24.3.23

Time: 1.45pm - onwards

Venue: RKSMVV

Name of resource person/s (with designation): Smt. Mitali Purkait Ghosh. Co-founder and

CEO of Digital Concepts.

Number of participants: 49

Brief description of the event: "Digital Marketing Training" was explained by Smt. Mitali Purkait Ghosh. She is the co-founder and CEO of Digital Concepts. This training is an initiative to educate students in the areas of Digital Marketing. Digital Marketing and Social Media have changed the marketing and business practice across the world. This training provides an understanding of growing digital landscape and examines the role of digital marketing process and tools in designing the overall marketing strategies. The students were excited after learning about the Digital Marketing. They understood that Digital Marketing is a chance for them to make themselves stand out as best with a perfect financial career ahead.

Outcome: The programme equips participants with skills in areas like social media marketing, SEO, email marketing, content creation, analytics, and online advertising. This can lead to improved job prospects, career advancement, or better performance in one's current role in marketing or related fields.







6Name of activity: Getting in Shape....Physically and Mentally

Category: Lecture

Organising unit: NSS

Date: 27.3.23

Time: 11:00am - onwards

Venue: RKSMVV

Name of resource person/s (with designation): Dr. Subhadip Pal

Number of participants: 4

Brief description of the event: Dr. Subhadip Pal, an eminent physician has delivered an informative lecture on "Getting in Shape.....Physically and Mentally". The session was an interactive one with the students getting to know a lot about physical health. Dr. Subhadip Pal talked about all the necessary steps that should be taken to attain a healthy body especially for the women. In his lecture he pointed out various health problems faced by women as well as AIDS awareness and preliminary health care.

Outcome: The outcome of a health awareness program can vary depending on its objectives and the context in which it's implemented. Generally, positive outcomes might include increased knowledge about health-related issues, changes in behavior towards healthier habits, improved access to healthcare services, and ultimately, better health outcomes in the community.







7. Name of activity: Anti Plastic Campaign

Category: Student's Activity

Organising unit: NSS

Date: 27.3.23

Time: 2pm - onwards

Venue: RKSMVV

Name of resource person/s (with designation): XX

Number of participants: 49

Brief description of the event: NSS unit of RKSMVV organized an Anti Plastic Campaign in the college campus and adjacent area to make the surroundings "Plastic Free Zone". The NSS volunteers of RKSMVV visited the different flats and house apartments situated there. The students had a conversation with the people residing there regarding the harmful effects of the plastics and requested them to use paper bags, jute bags, cotton bags etc instead of those made up of plastics. Not only the apartments but also the shops nearby were also visited. The volunteers gave cotton bags to the shopkeepers and advised to use them instead of plastic ones

Outcome: The outcome of an anti-plastic campaign led by NSS (National Service Scheme) volunteers in the adjacent areas of a college could include reduced usage of single-use plastics, increased awareness about the harmful effects of plastic pollution, adoption of ecofriendly alternatives, such as reusable bags and containers, and a cleaner environment with less plastic waste. Additionally, the campaign may foster a sense of environmental

responsibility among community members and inspire further actions to tackle plastic pollution.







8. Name of activity: Poster Competition on Women Empowerment

Category: Student's Activity

Organising unit: NSS

Date: 28.3.23

Time: 11am - onwards

Venue: RKSMVV

Name of resource person/s (with designation): XX

Number of participants: 20

Brief description of the event: NSS unit of RKSMVV organized a Poster Competition on Women Empowerment.20 students have participated in the competition.





9. Name of activity: Clean Campus Drive

Category: Student's Activity

Organising unit: NSS

Date: 29.3.23

Time: 12.30pm - onwards

Venue: RKSMVV

Name of resource person/s (with designation): XX

Number of participants: 49

Brief description of the event: NSS unit of RKSMVV has organized a campus cleaning drive. The volunteers engaged themselves in cleaning dry leaves and creepers from the college ground and watering the plants. Not only that, but also they carried out efforts in spreading bleaching powder throughout the enormous campus, covering each and every area of the college; especially the drains where the population of mosquitoes and flies undergo rapid expansion, which in turn causes outbreak of Dengue and Malaria.

Outcome: Cleaning and bleaching college campuses can have several positive outcomes: Healthier Environment: Regular cleaning and bleaching can help eliminate harmful bacteria and viruses, reducing the risk of illnesses among students and staff.

- **Improved Aesthetic**: A clean campus creates a positive impression and fosters a more pleasant learning environment.
- **Prevention of Disease Spread**: By disinfecting surfaces, the spread of contagious diseases, including common colds and flu, can be minimized.
- **Enhanced Safety**: Removing debris and hazards from walkways and common areas can reduce the risk of accidents and injuries.
- **Promotion of Responsibility**: Involving students and staff in campus cleaning activities fosters a sense of responsibility and ownership for maintaining a clean and safe environment.
 - Overall, regular cleaning and disinfection efforts contribute to the well-being and productivity of everyone on campus.







10. Name of activity: Cultural Programme

Category: Student's Activity

Organising unit: NSS

Date: 29.3.23

Time: 2pm - onwards

Venue: RKSMVV

Name of resource person/s (with designation): XX

Number of participants: 15

Brief description of the event: A cultural programme was hosted by the students in the valedictory session of Seven Day Special Camp. At first, NSS Song was sung by every student as an ode to NSS and its Services. It was followed by a dance performance. Then, a PowerPoint Presentation was delivered by the students, which focused on NSS, its programmes and activities. Two students gave a brief report of their experience in Seven Day Special Camp. Then winners of poster competition held on 28.3.23 were awarded by the Principal. Dr. Sharmistha Dutta, Associate Professor, Department of Education delivered a lecture creating awareness among students that they could avail all kinds of occupation provided they have to acquire the requisite skills for the work. The valedictory speech was given by Principal, Pravrajika Vedarupaprana. The programme ended with vote of thanks by Programme Officer, NSS.







11Name of activity: NSS Programme at Belur

Category: Student's Activity

Organising unit: NSS

Date: 28.4.23

Time: 11:00am - onwards

Venue: R.K.M.Vidyamandir,Belur

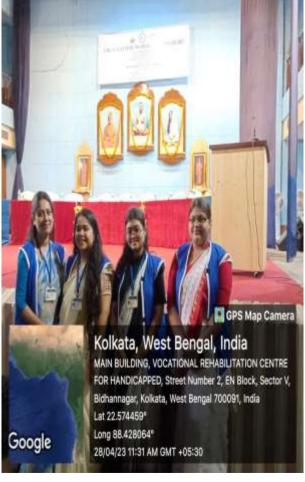
Name of resource person/s (with designation):

Number of participants: 4

Brief description of the event:Four NSS volunteers of RKSMVV Megha Ghosh, Adrija Biswas, Singini Ghosh and Indrani Das Mahapatra have performed NSS song in West Bengal State National Service Scheme Awards Function at Belur Vidyamandir.

Outcome: Performing a NSS (National Service Scheme) song typically fosters a sense of unity, community, and social responsibility among participants. It often serves as a motivational and uplifting activity, encouraging individuals to contribute positively to society through volunteerism and civic engagement.









WEST BENGAL STATE NSS AWARDS FUNCTION 2021-22
Govt, of West Bengal
Department of Higher Education
West Bengal State NSS Cell
Bikush Bhavan, Salt Lake, Kolkata-700 091

In collaboration with Ramakrishna Mission Vidyamandira Belur Math, Howrah



Request the pleasure of your esteemed presence in the ceremony of the 10th West Bengal State National Service Scheme Awards Function to be held on 28th April, 2023 at 11.00 am at "Vivekananda Sabhagriha", R. K. M. Vidyamandira, Belur Math, Howrah.

Your august presence will encourage the award winners and participants.

Swami Mahaprajnananda Principal Ramakrishna Mission Vidyamandira Belur Math, Howeah

Kolkata, the 19th April, 2023 *COVID Protocol will be observed.

Prof. Jayasri Ray Chaudhuri Director of Public Instruction Govt. of West Bengal







PROGRAMME SCHEDULE

- Registration
- Tea & Refreshments
- Invocation by students of Ramakrishna Mission Vidyamandira
- NSS Song
- Lighting of the Ceremonial Lamp
- Felicitation of the Guests
- Welcome address
- Address by the dignitaries

12Name of activity: Programme of Chief Minister

Category: Student's Activity

Organising unit: Wes Bengal State Govt

Date: 10.5.23

Time: 8:00am - onwards

Venue: Gangasagar Mela Ground

Name of resource person/s (with designation):

Number of participants: 15

Brief description of the event: Fifteen NSS volunteers of RKSMVV were present at Ganga Sagar Mela ground and have worked with Red Cross Society. Dr. Sanghamitra Mukherjee PO,NSS was in charge of Medical Cell there. They gave ORS to people suffering from heatwave.

Outcome: Participation of students in medical camps can lead to increased awareness about health issues, improved understanding of medical practices, and a sense of community service. It provides valuable hands-on experience, fostering empathy and a potential interest in healthcare careers. Additionally, it contributes to the well-being of the community by offering healthcare services to those in need.







13. Name of activity: Donation Drive

Category: Social Work

Topic:

Organising unit: SWC and NSS unit, RKSMVV

Date: 28.03.2023

Time: 12-30 to 4 p.m

Venue: Swamiji Bhavan

Name of resource person/s (with designation):

Number of participants: 45

Breif description of event:

Donation drive in the college was organized to donate new, used or unused items to those who really need them. Through this program the student should also learn that how helping others brings happiness.

The donation drive was conducted in the college premises on 28th March 2023. The program was conducted by Student Welfare Committee (SWC) in joint collaboration with NSS unit. More than fifty students had participated in this program. Most of the teachers, non teaching staff and students had contributed their clothes spontaneously for this noble purpose. Prior to the program the student volunteers of SWC and NSS organized the clothes in boxes and made the coupons. Nearby slum dwellers were told to come and collect the clothes on that day ,the timing was from 12-30 pm to 4-00 pm. All the donated clothes were handed over to 75 people . Among them female recipients were 45 and 25 are male recipients. Different types of clothing like saree, blouse, kurta, trousers, shirt and sweaters were given to them. Also pen, pencils and stationaries were given to the children. The program seemed successful after seeing a broad smile on their faces.

Programme outcome

The distribution of dresses and accessories to slum dwellers had a positive impact, fostering a sense of community and providing tangible assistance. It likely contributed to improved self-esteem and well-being among the recipients, promoting a spirit of goodwill and support within the community.





RAMAKRISHNA SARADA MISSION VIVEKANANDA VIDYABHAVAN

NSS UNIT AND STUDENTS WELFARE COMMITTEE

organises

DONATION DRIVE

DATE: 28.3.23

TIME: 12:30 PM

VENUE: SWAMIJI BHAVAN











14. Name of event: HIV Awareness and Orientation on Blood Donation

Category: Social Work

Topic: HIV Awareness and Orientation on Blood Donation

Organising unit: SWC and NSS

Date: 20.05.23

Time: 12 noon

Venue: Room No-25

Name of resource person/s (with designation): Mr. Smarajit Kar, Assistant Director (VBD)

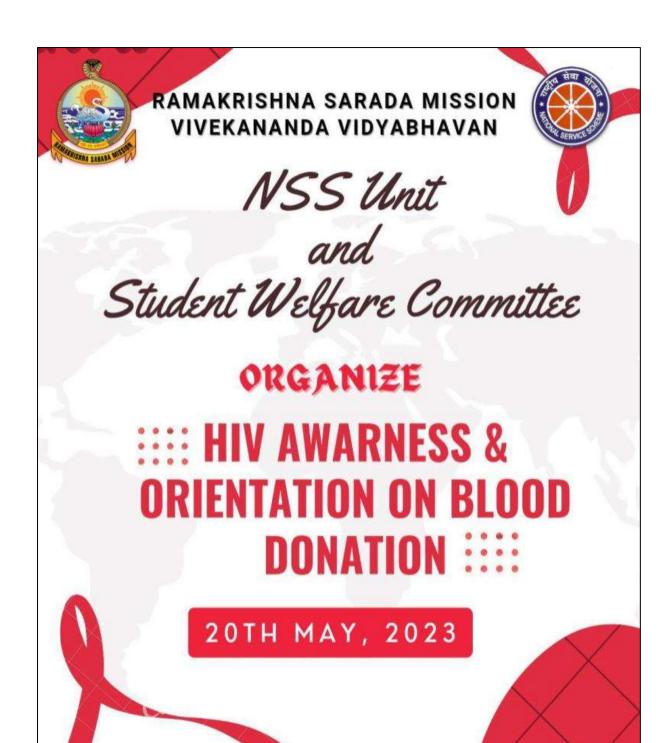
Number of participants: 100

Breif description of event

The program was organized on 20th May 2023 from 12-30 pm onwards. This program aimed to provide the student volunteers with a deeper understanding of the importance of blood donation. Principal had invited Mr. Smarajit Kar, the assistant Director (VBD), Blood Safety and his team in this regard. More than hundreds of students had participated in this orientation program. Mr. Kar had discussed the benefits of Blood donation drive. The students had also asked questions to clarify their doubts in this interactive session. In this awareness program the students were told about the benefits of Blood donation, donation process, and the precautions to be taken before and after Blood donation.

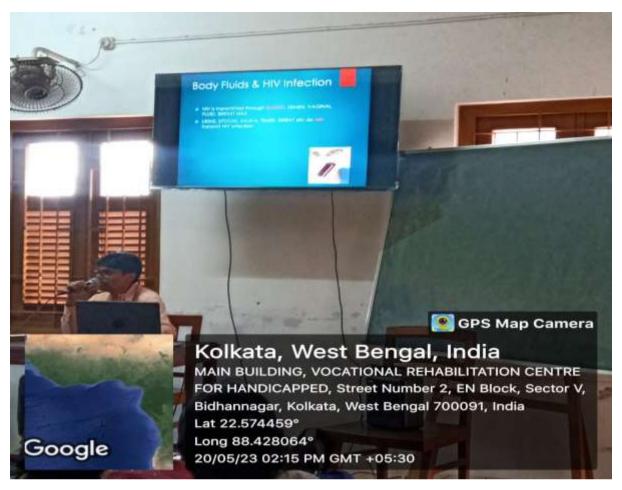
Programme outcome:

The HIV awareness program likely resulted in increased knowledge and understanding of HIV/AIDS within the targeted community. It may have encouraged preventive measures, reduced stigma, and promoted early detection and treatment, contributing to overall public health improvement.











15. Name of activity: Blood Donation Camp

Category: Social Work

Topic:x

Organising unit: SWC and NSS Unit, RKSMVV

Date: 07.07.23

Time: 11 a.m

Venue: AV room

Name of resource person/s (with designation):

Number of participants: 60

Breif description of event

The blood donation camp was organized on 7th July 2023 in the college premises. It was jointly organized by the Student Welfare Committee and NSS unit of the college in association with State Blood Transfusion Council, West Bengal. Health workers and nurses of Barasat Government Hospital, North 24 pargana had come for this purpose. The whole camp was organized in the two rooms of the college. About fifty students had donated blood enthusiastically along with the teachers and principal herself. The blood donors were given banana, muffin, egg and fruit juice as refreshment in order to re-energize themselves. This camp was not only contributed to the growing needs of blood, also create awareness among the students.

Programme outcome:

To create awareness among teachers and students about the importance of Blood Dnation. A drop of blood can save a precious life.











16.Name of activity: International Yoga Day

Category: Student's Activity

Organising unit: NSS & IQAC

Date: 21/06/23

Time: 11:00am - onwards

Venue: Muktiprana Sabhagriha

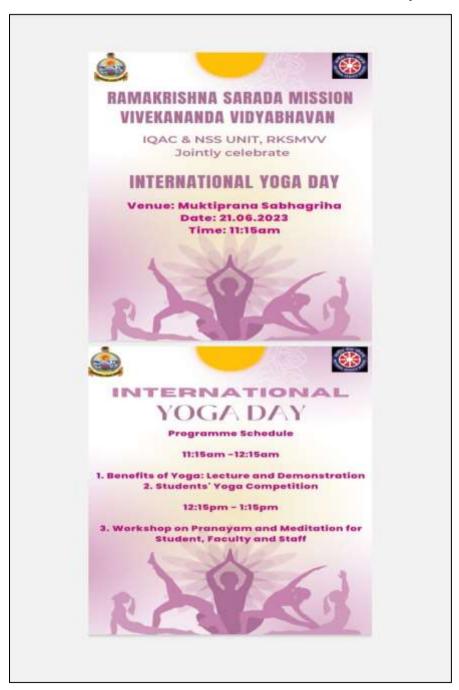
Name of resource person/s (with designation): Tiasha Pal Yoga

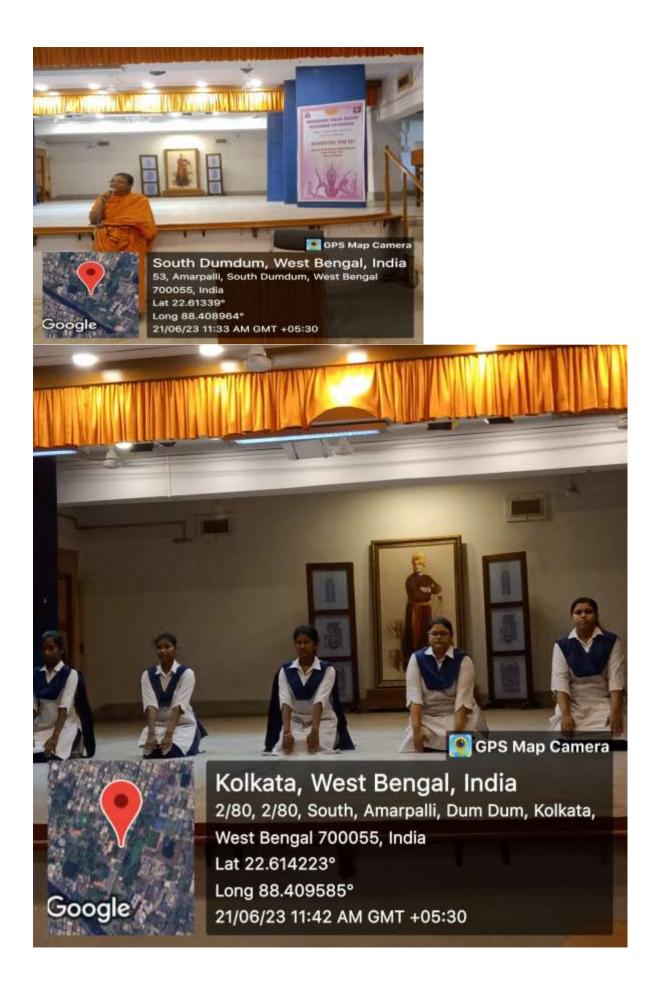
Instructor, RKSMVV

Number of participants: 75

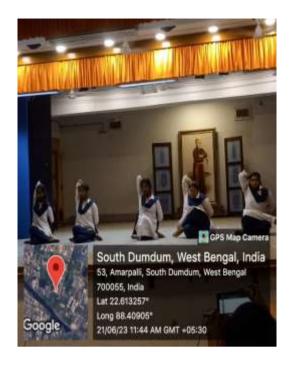
Brief description of the event: NSS Unit and IQAC have celebrated International Yoga Day. Students performed several yoga asanas. Benefits of Yoga was discussed thoroughly by students. There was a Yoga Competition among students. Afterwards there was workshop on Pranayam and meditation for teachers, students and staffs. Yoga Day Pledge has been taken by PO Dr. Sanghamitra Mukherjee and other NSS volunteers of NSS Unit, Ramakrishna Sarada Mission Vivekananda Vidyabhavan

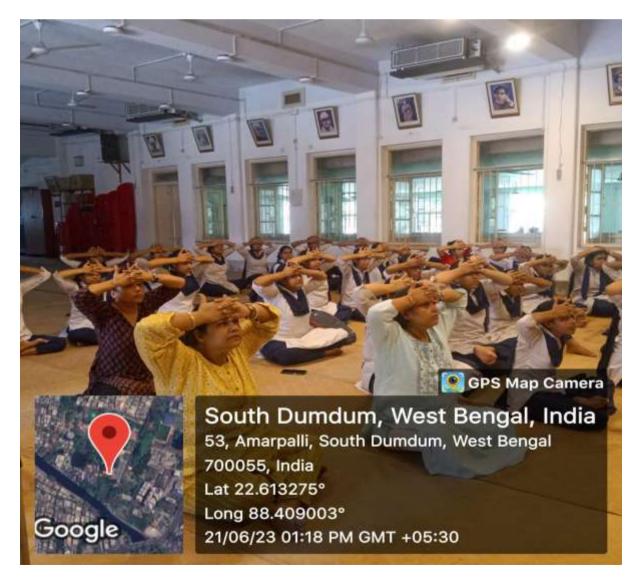
Outcomes: Engaging in yoga and pranayama can result in various positive outcomes, including enhanced physical and mental well-being. Regular practice may lead to increased flexibility, improved posture, and better overall fitness. On the mental front, individuals often experience reduced stress, increased relaxation, and improved concentration. Additionally, practicing yoga and pranayama can contribute to better emotional balance and a heightened sense of mindfulness. Both students and staffs are benefitted by the workshop.













Integrate and Encourage Yoga through Life

This is to certify that

Medha Kundu

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

5237459952



June, 21 2023





Integrate and Encourage Yoga through Life

This is to certify that

Adrija Biswas

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

4733634766



June, 21 2023





Integrate and Encourage Yoga through Life

This is to certify that

Girija Mahanta

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

9262222627



June, 21 2023







Integrate and Encourage Yoga through Life

This is to certify that

Sukanya Mukherjee

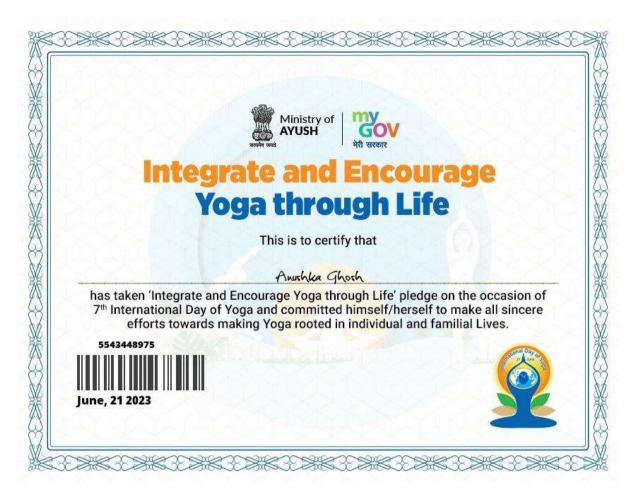
has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

5292996948



June, 21 2023





17. Name of activity: Independence Day

Category: Student's Activity

Organising unit: Cultural Committee & NSS

Date: 15/08/23

Time: 9:00am - onwards

Venue: Muktiprana Sabhagriha

Name of resource person/s (with designation):

Number of participants: 30

Brief description of the event: Our college celebrated India's 75th

Independence Day with great fervour and enthusiasm. We organized a series of events and activities to instil a sense of patriotism and unity among the students. The day commenced with the solemn flag hoisting ceremony, symbolizing the freedom that India attained on August 15, 1947. Our Secretary Mataji hoisted the national flag, and the entire school gathered to pay homage to the sacrifices made by freedom fighters. A variety of cultural programs were organized, showcasing the rich diversity of India. Students participated in patriotic songs,

dance performances, and skits depicting historical events related to the struggle for independence. These performances not only entertained but also educated the students about the significance of Independence Day. Selected students delivered speeches highlighting the importance of freedom and the role of national heroes in achieving it.

NSS volunteers have paid salutation to National Flag and garlanded the portraits of freedom fighters. NSS volunteers took pledge as a part of Mera Mati Mera Desh.

Outcomes: The Independence Day celebration at college was a resounding success, fostering a spirit of patriotism and pride among the students. The event not only honoured the sacrifices of the past but also inspired the younger generation to contribute towards the progress and well-being of the nation.



















18. Name of activity: Medicinal Plant

Category: Student's Activity

Organising unit: NSS

Date: 22/07/23

Time: 1pm onwards

Venue: College Ground

Name of resource person/s (with designation): xx

Number of participants: 20

Brief description of the event: 20 NSS volunteers have planted 8 kinds of medicinal plants in the college ground. The names of the medicinal plants are Kulekhara, Bishalyakarani,Bhingraraj, Satamuli,Ayapan,Pipul,Brahmi and Aloevera.

Outcomes: Planting medicinal plants can yield various positive outcomes. These plants often have therapeutic properties that can be utilized for natural remedies and traditional medicine. Cultivating them can contribute to biodiversity, support local ecosystems, and potentially provide sustainable sources for pharmaceuticals or herbal remedies. Additionally, it promotes environmental awareness and may have economic benefits for communities involved in harvesting and processing these plants.









19. Name of activity: Selection at RD Parade

Category: Student's Activity

Organising unit: NSS Cell, West Bengal State University

Date: 26/09/23

Time: 11:00am - onwards

Venue: West Bengal State University

Name of resource person/s (with designation):

Number of participants: 3

Brief description of the event: 3 NSS volunteers have participated in the Pre RD Selection Camp. PO Dr. Sanghamitra Mukherjee was selected as a member of the Selection Committee. # volunteers took part in the parade and yoga. No one was selected in the final. The NSS Cell of West Bengal State University has observed NSS day on that day.



PRE-REPUBLIC DAY (UNIVERSITY-LEVEL) SELECTION CAMP 2023



Organised by

National Service Scheme (NSS) Cell, West Bengal State University.

26th September, 2023

Venue: NSS Cell, Ground Floor, Administrative Building, West Bengal State University, Berunanpukuria, Malikapur, Barasat, Kolkata – 700126.

OBSERVANCE OF NSS FOUNDATION DAY WITH AN INVITED LECUTRE ON 'CYBER CRIME & CYBER SECURITY' AND OPENING OF NET/SET FREE COACHING CENTRE FOR PG STUDENTS/NSS VOLUNTEERS



Organised by

National Service Scheme (NSS) Cell West Bengal State University

In collaboration with

Child Rights and You (CRY)

26° September, 2023 = 2 P.M.



Venue

Seminar Hall 218, 1st Floor, Academic Building, West Bengal State University
Berunanpukuria, Malikapur, Barasat, Kolkata – 700126.

West Bengal State University



NATIONAL SERVICE SCHEME (NSS) CELL

Dr. Pranam Dhar Programme Coordinator

Ref.: NSS/PC/WBSU/PRDS/6-23 Date: 21.09.2023.

Dr. Sanghamitra Mukhopadhyay Associate Professor, Department of Sanskrit Programme Officer – NSS, Ramakrishna Sarada Mission Vivekananda Bidyabhavan.

Respected Madam.

Respected Madam,
With reference to the official communication F. NO. P-16-1/NSS/RD/KOL/2023-2024/4372-4414
dated the 30th August, 2023 from the NSS Regional Centre, Kolkata, this is to inform you most humbly that
our university has been conferred upon the noble task of organizing the State-Level Pre-Republic Day
(University-level) Selection Camp to be held on 26th September, 2023 at West Bengal State University Campus.

In this occasion, I, as directed, cordially invite your kindself as the Hon'ble Member of the Selection Committee at the said selection camp on 26.09.2023. at 11.30 a.m. and also to help and guide us in the selection process to be done properly and effectively. Your honorarium and T.A. will be as per norms.

Eagerly awaiting a positive response from your end.

Please feel free to contact at any of the under-mentioned numbers in case of any inconvenience.

With Warm Regards,

Truly Yours, Acour Rhos

Programme Co-ordinator & Member-Secretary, NSS Advisory Committee, West Bengal State University.

- Copy forwarded for information to: 1. Hon'ble Vice-Chancellor, WBSU
- Regisrtrar (Officiating), WBSU
 Regional Director, NSS, West Bengal
 NSS Regional Office, Kolkata
- 5. State NSS Officer, Department of HE, GoWB.

P.O. Berunanpukuria, Malikapur, Barasat, Kolkata - 700126. Phone: (033) 2524-1975-79

website: www.wbsubregistration.org email: pranamdharit@yahoo.com













20.Name of activity: Shramdan College Cleaning

Category: Student's Activity

Organising unit: NSS

Date: 01/10/23

Time: 11:00am - onwards

Venue: College Campus

Name of resource person/s (with designation):

Number of participants: 15

Brief description of the event: The NSS Unit of Ramakrishna Sarada Mission Vivekananda Vidyabhavan has organised a cleanliness drive in the College Campus on 1st October 2023, under the "Ek tareekh, Ek ghanta, Ek saath: Swachhta hi Seva Campaign" initiated by the Government of India as a tribute to Mahatma Gandhi on the eve of his birthanniversary on 2nd October 2023.!5 NSS volunteers have cleaned the campus.

Outcomes: A clean campus drive at college typically refers to an event where employers visit the college to conduct recruitment activities, such as job interviews and placement opportunities for students. The output of a successful clean campus drive includes students securing job offers or internships, fostering industry connections, and enhancing the college's reputation for producing employable graduates.













21.Name of activity: Constitution Day

Category: Student's Activity

Organising unit: NSS

Date: 26/11/23

Time: 11:00am onwards

Venue: Online

Name of resource person/s (with designation): Tandra Mondal, Visiting

Faculty, Department of Political Science, RKSMVV

Number of participants: 45

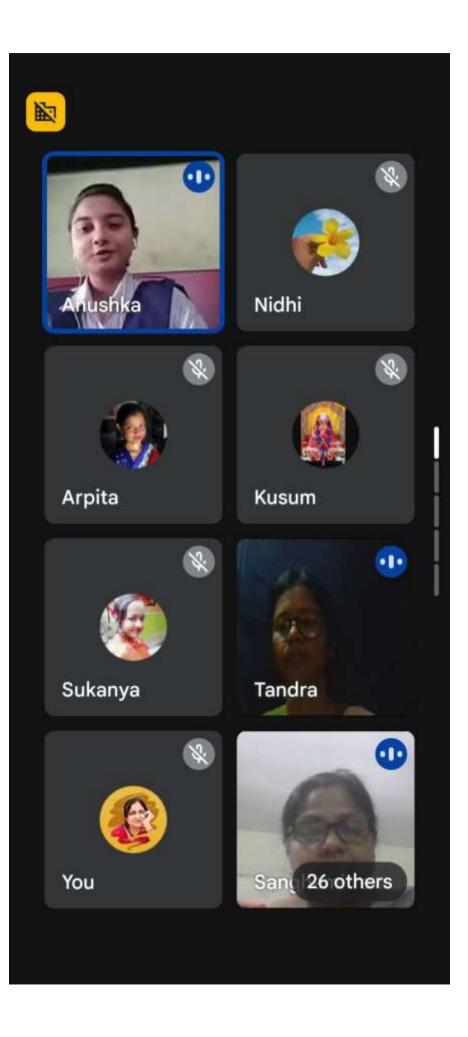
Brief description of the event: A webinar was organized to celebrate the Constitution Day of India. Tandra Mondal, Visiting Faculty, Department of Political Science, RKSMVV has delivered an informative speech on "Indian Constitution and its importance" There was a queston answer session where students asked several questions to the speaker. Afterwards there was Online Quiz arranged by our college. 4 students read out the Preamble and had made video. More than 75along with P0 read the Preamble online at MY BHARAT Portal and downloaded certificate.

Outcomes: Reading the Preamble on Constitution Day fosters civic awareness, instills a sense of national identity, and promotes understanding of democratic principles among students. It emphasizes the values of justice, liberty, equality, and fraternity, contributing to a deeper appreciation for the constitution and the rights it guarantees.

Furthermore, the act of reading the Preamble encourages students to reflect on the responsibilities of citizenship and the role they play in upholding democratic ideals. It serves as a reminder of the shared commitment to building a just and inclusive society, fostering a sense of unity and civic engagement among the younger generation.



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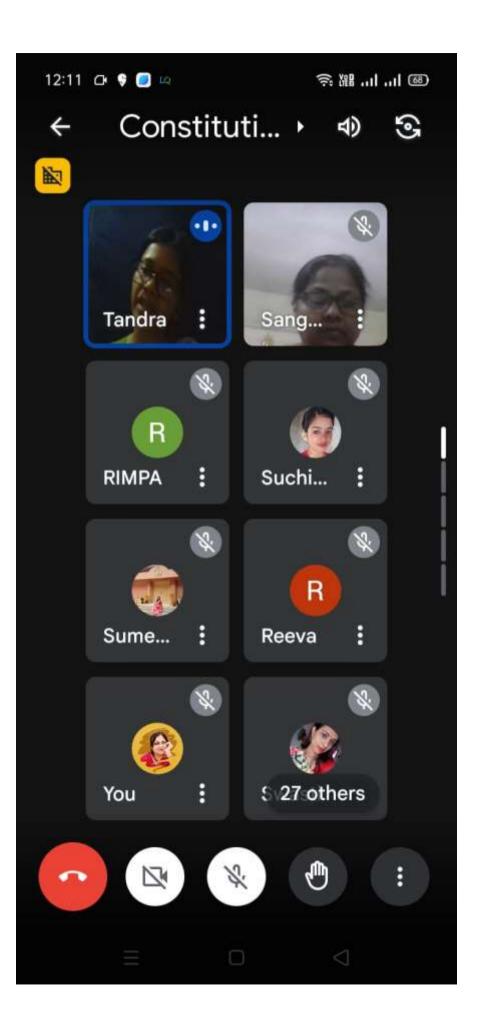


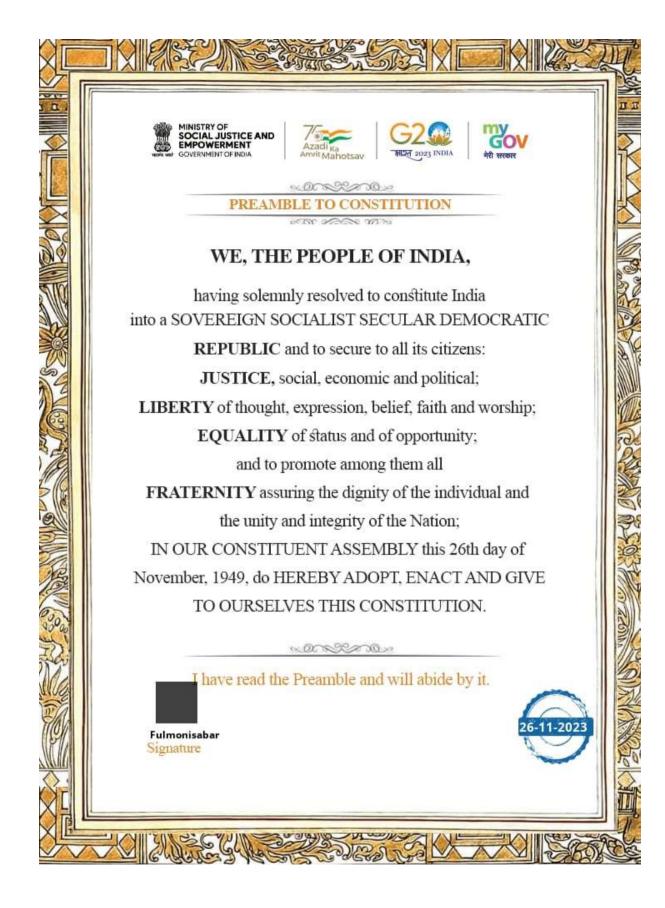


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People

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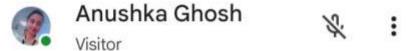


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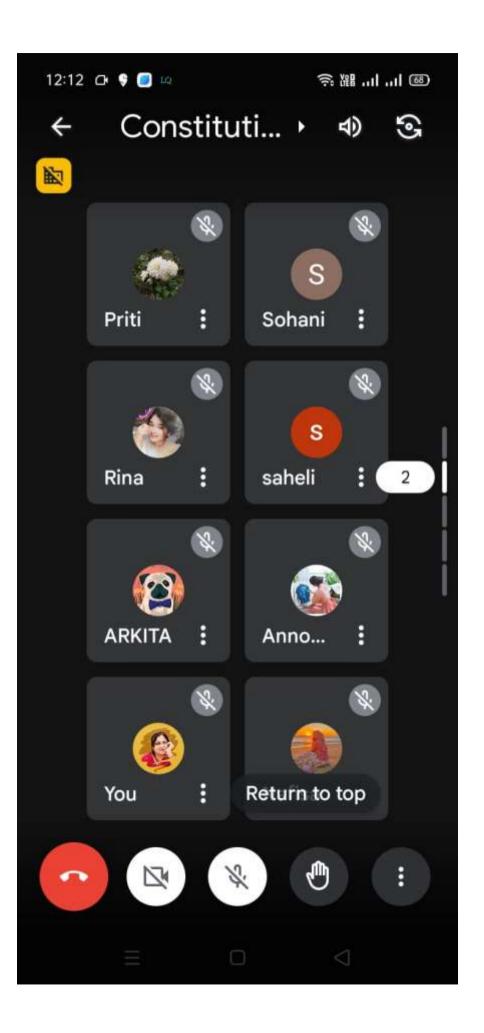
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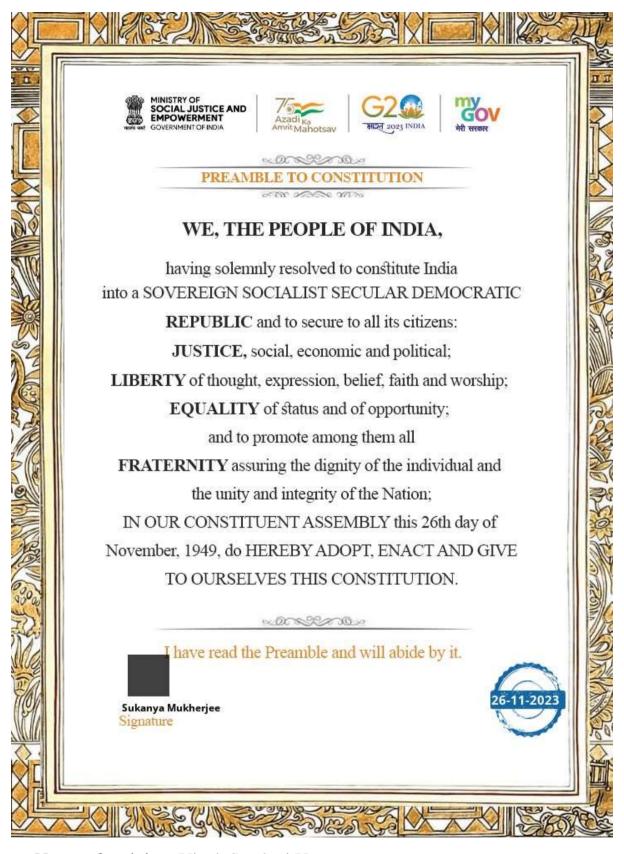












22. Name of activity: Vivek Samhati Utsav

Category: Student's Activity

Organising unit: NSS Cell, West Bengal State University

Date: 22/5/23

Time: 11:00am - onwards

Venue: West Bengal State University

Name of resource person/s (with designation):

Number of participants: 4

Brief description of the event: State Level Celebration on National Integration to commemorate the Birth Anniversary of Swami Vivekananda, the NSS Cell of West Bengal State University under the aegis of the Department of Higher Education, Govt of West Bengal has organised Vivek Samhati Utsav. NSS unit of most of the colleges and universities of West Bengal have participated in the cultural programme. NSS volunteers of our college performed NSS song. Our Principal Pravrajika Vedarupaprana has delivered an insightful lecture on Swamiji. NSS Po Dr, Sanghamitra Mukherjee was awarded as the "Active Programme Officer".











Vivek Samhati Utsab-2023

(State Level Celebration on National Integration, 2023)

Organised by

National Service Scheme (NSS)

Department of Higher Education, Government of West Bengal & National Service Scheme (NSS) Cell, West Bengal State University.

Madam/Sir,

It gives us immense pleasure to inform you that National Service Scheme (NSS) Cell of West Bengal State University is going to organise a State Level Celebration on National Integration to commemorate the Birth Anniversary of Swami Vivekananda under the aegis of the Department of Higher Education, Government of West Bengal, on 22nd May, 2023, from 11.00 a.m. to 5.00 p.m. at the Auditorium, 3rd Floor, Administrative Building, West Bengal State University Campus, Barasat, Kolkata – 700126.

Swami Kamalasthananda Maharaj, Principal & Secretary, Ramakrishna Mission Vivekananda Centenary College, Rahara, North 24 Parganas has kindly consented to inaugurate this auspicious programme and Pravrajika Vedarupaprana, Principal, Ramakrishna Sarada Mission Vivekananda Vidyabhavan has also kindly consented to be present in this auspicious programme.

We cordially invite you and solicit your kind participation for the grand success of this auspicious programme.

Dr. Rama Prasad Bhattacharva

State NSS Officer, Government of West Bengal

Convener of the Organising Committee, (Vivek Samhati Utsab 2023)

Professor Mahua Das

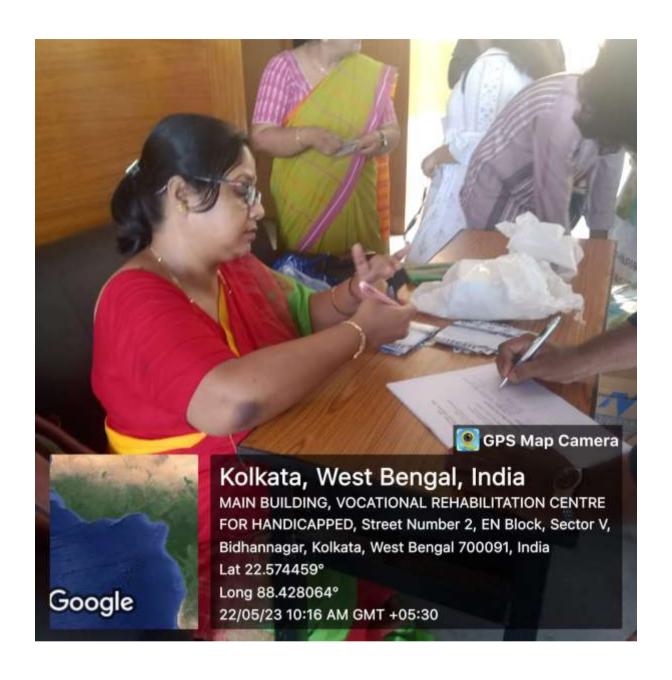
Hon'ble Vice-Chancellor, West Bengal State University













23. Name of activity: World AIDS Day

Category: Student's Activity

Organising unit: NSS & department of Education

Date: 01/12/23

Time: 1.30 onwards

Venue:Room No 25

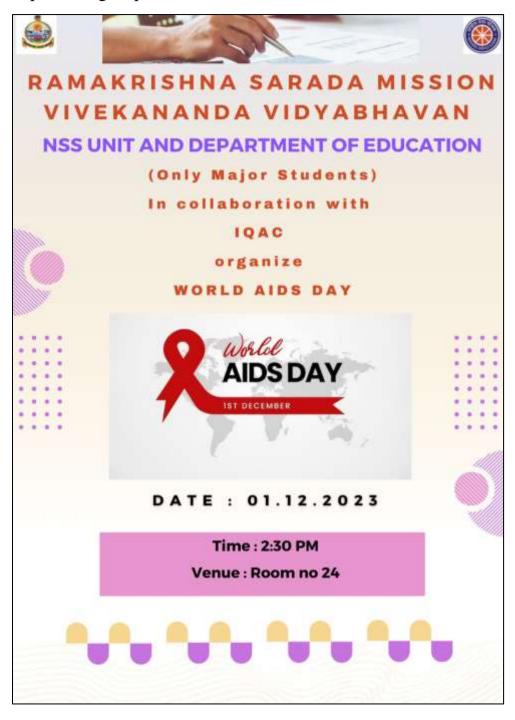
Name of resource person/s (with designation):

Number of participants: 65

Brief description of the event: NSS Unit of RKSMVv in collaboration with Department of Education observed the World Aids Day. Students of Education have made charts on AIDS and its prevention and they described lucidly what is AIDS and how one can avoid it. 2 NSS volunteers have made ppt and told us about the prevention from AIDS. At last they read out the pledge and all the students present there took pledge. Dr. Payal Bose Biswas, ASSistant Professor of Political Science summarized the details regarding AIDS.

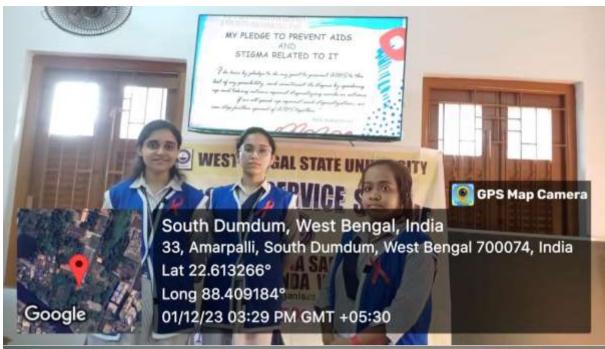
Outcomes: Programs on AIDS prevention by students can have positive outcomes, fostering awareness, education, and behavioral changes. These initiatives often contribute to reducing stigma, promoting safe practices, and encouraging regular testing for early detection. The overall impact depends on

the effectiveness of the program, community engagement, and sustained efforts in promoting responsible behaviour.













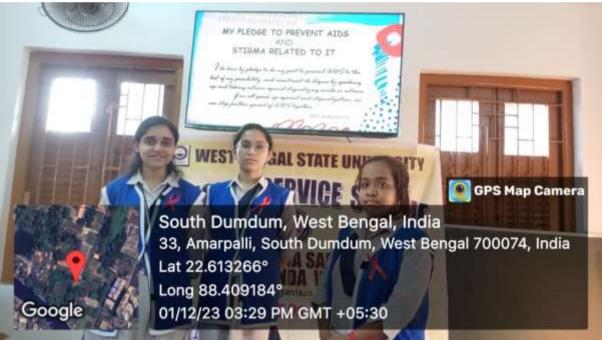












Name of activity: Mental Health Awareness Camp

Category: Workshop

Topic: Mental Health Awareness Camp

Organising unit: NSS Unit, RKSMVV

Date: 25th March, 2023

Time: 10:30 am onwards

Venue: Muktiprana Sabhagriha

Name of resource person/s (with designation):

1.Psycho Drama by Students of Post Graduate Department of Psychology of Sarojini Naidu College for Women

2.Mr. Nilansuk Dutta, Consultant Psychologist, Rehabilitation Administrator, Music Therapist

Number of participants: 100

Brief description of event and Programme outcome (within 300 words):

The program first started with a Psychodrama by the students of Post Graduate Department of Psychology of Sarojini Naidu College for Women, where they through their act tried to spread awareness about Mental Health issues, followed by Focus Group Discussion on Mental Health with the participants.

Then the Next Speaker Mr. Nilansuk Dutta, consultant Psychologist, gave insight about the techniques and strategies that we can undertake in order to have a healthy functional life. The speaker also introduced that How music can be used to relax and how instruments are used in music therapy/interventions. It was a very interactive session with the participants, where participants asked several questions regarding the same.

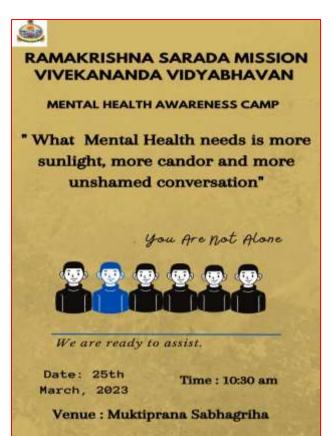
Lastly, the program was taken forward by the students and teachers of Department of Psychology using several activities. The activities was based on how to have a positive attitude during the time of stress and how we can cope with it.

Outcome:

Participants Learn about:

- 1. Mental Health Continuum (from general mental wellness to mental illness/disorders)
- 2. Stigma Reduction and Breaking Barriers to Promote Help Seeking Behaviors
- 3. Emotional Well-being Practices
- 4. Mental Health Awareness Advocacy

















Towards a Plastic Free Tomorrow

Name of activity: Towards a Plastic Free Tomorrow

Category: Extension Lecture

Organising unit: NSS,RKSMVV

Date: 20/9/2019

Time: 1.45pm onwards

Venue: Muktiprana Sabhagriha

Name of resource person/s (with designation): Subhamita Pal

Number of participants: 170

Brief description of the event: RKSMVV had organized a special lecture on Towards a Plastic Free Tomorrow. Sixty NSS volunteers were present along with other students. Four NSS volunteers have made posters on Harms of Plastic and Plastic free campus.

Outcome:

- 1. Increased awareness: Attendees understand the environmental impact of plastic pollution and the urgency to address it.
- 2. Knowledge gain: Participants learn about alternatives to single-use plastics and sustainable practices.
- 3. Behavior change: Encouragement for individuals to adopt plastic-free habits in their daily lives.
- 4. Community engagement: Fostering collaboration and discussion among attendees on plastic reduction initiatives.
- 5. Commitment to action: Inspiring participants to take concrete steps towards reducing plastic consumption and advocating for change in their communities.
- 6. Empowerment: Equipping individuals with the information and tools to become advocates for plastic-free living.
- 7. Long-term impact: Cultivating a mindset shift towards sustainability and environmental stewardship for a healthier planet.





