



Phone : (033) 2551-3452

RAMAKRISHNA SARADA MISSION
VIVEKANANDA VIDYABHAVAN
33, SRI MAA SARADA SARANI
DUM DUM, KOLKATA-700055
District : North 24 Parganas

Health Policy Document

Health' does not always mean physical well- being, it also means mental and social well- being. Following NEP 2020 Ramakrishna Sarada Mission Vivekananda Vidyabhavan has to ensure the physical, psychological, and emotional well-being of the students, support centres and career counsellors are to be made available for all students.

Our institutional health policies are follows:

1. Students are given medical assistance at three levels:
 - Through regular **Health Awareness and Check-up Camps** conducted by Ramakrishna Sarada Mission MatriBhavan, a premier city hospital for women
 - Medical checkup and blood group identification for all first- year students are conducted at the beginning of every academic year.
 - Breast cancer and Thalassemia awareness and detection programmes are also held annually.
2. Through **Health Card** for students entitling them to free or highly subsidized medical facilities at MatriBhavan. For a payment of Rs. 200 per year, each student is provided with a Health Card with which she can avail of:
 - Free OPD treatments (except medicine).
 - Free pathological investigations.
 - Free radiological investigations.
 - 50% discount on total billing for indoor admission, except medicines.
3. The Institution also runs a charitable Homoeopathy Dispensary attended by two visiting doctors every week. Free diagnosis and medicines are available to students as well as women and children from the neighbourhood.

P. Vedampapana
Principal
Ramakrishna Sarada Mission
Vivekananda Vidyabhavan



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4. The hostel has a sick room and a doctor on call for medical emergencies. First Aid facilities are readily available both in the College and in the Hostel.
5. Physical activities enhance the performance of human body as not only neuro-muscular level even psycho-physiological, socio-emotional aspects with wide range. We have a rich heritage of holistic physical activity in the form of yoga. Likewise, pranayama with heart-based meditation are initiated among the students.
6. The Sports Committee along with Yoga department create programmes and opportunities for physical fitness and ensure its monitoring on a regular basis.
7. Apart from various physical activities, academic and personal counselling for students and personal counselling for faculty members are also available in our college premises. Since 2009, the College has been organizing periodic counselling for students (individually and collectively) in collaboration with the Centre for Counselling Services and Studies in Self-Development, Jadavpur University.

P. Vedaviprasanna
Principal
Ramakrishna Sarada Mission
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