Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College Two-year P.G. Diploma in Psychological Counselling, 2024 - 2026

Tentative Academic Calendar: First Semester, January, 2024 - June, 2024 Time 12 noon to 4 PM; Break 1.30 PM – 2.15 PM

| Date | Day | Topic | |
|------------|----------|--|---------|
| 19.01.2024 | Friday | PGDPC 101: Basic skills in counseling: Breaking the ice, setting up ground rules, Hopes and fears; Expectations | All RPs |
| 20.01.2024 | Saturday | PGDPC 103: Child and adolescence development: Prenatal theories, Milestones of development; Skills practice | MM + KM |
| 21.01.2024 | Sunday | · | |
| 22.01.2024 | Monday | Milestones of development (Contd.); Def. Client, therapist, Role of counselor; characterist of counseling | MM + Km |
| 26.01.2024 | Friday | Holiday (Republic Day) | |
| 27.01.2024 | Saturday | Attending (SOLER), Activities and exercises | KM + UB |
| 28.01.2024 | Sunday | | |
| 29.01.2024 | Monday | Milestones of development (contd); Practice | MM + KM |
| 02.02.2024 | Friday | PGDPC 102: Brain and Bahaviour: Physiological bases of Behaviour, nervous system, Neuron: structure, function, types; synapse. | PM |
| 03.02.2024 | Saturday | Listening: Def. Why listen? Internal & external frame of listening; | KM + UB |
| 04.02.2024 | Sunday | | |
| 05.02.2024 | Monday | Stages of development: Toddler, Middle, Adolescence: Language dev. + Skills practice | KM + UB |
| 09.02.2024 | Friday | Spinal Cord: Structure and Function. | PM |
| 10.02.2024 | Saturday | Active listening; Sources of interference in listening i clients, in counselors | KM + UB |
| 11.02.2024 | Sunday | | |
| 12.02.2024 | Monday | Cognitive development: Piaget's theory | MM + KM |
| 16.02.2024 | Friday | CNS: Structure of the brain, localization of functions the brain, homoncular theory; Does the brain function | i PM |

| | | as a whole | |
|--------------|----------|--|---------|
| | | Or are the division of functions localized completely? | |
| 17.02.2024 | Saturday | | KM |
| | | sources of interference in clients, in counselor + | |
| | | Activities & exercise | |
| 18.02.2024 | Sunday | | |
| 19.02.2024 | Monday | Moral development + skills training | MM + KM |
| 23.02.2024 | Friday | Continuous assessment & review | PM |
| 24.02.2024 | Saturday | Continuous assessment & review | KM + UB |
| 25.02.2024 | Sunday | | |
| 26.02.2024 | Monday | Social Development: Erikson's theory | MM + KM |
| 01.03.2024 | Friday | CNS: Continued. | PM |
| 02.03.2024 | Saturday | Responding: paraphrasing: Activities and exercises | |
| 03.03.2024 | Sunday | Responding: 5 kinds of responding: exercises and activities | KM + UB |
| 04.03.2024 | Monday | Erikson's theory | KM + MM |
| 08.03.2024 | Friday | Peripheral Nervous system; Neuro-trnasmitters: Def. function and role in mental disorders. | PM |
| 09.03.2024 | Saturday | | KM |
| | | Reflecting: Restating content, focusing on feeling and | |
| | | reason; Activities & exercises | |
| 10.03.2024 | Sunday | | |
| 11.03.2024 | Monday | Continuous assessment | MM + AB |
| 15.03.2024 | Friday | Autonomic nervous system: Sympathetic and | PM |
| 16.03.2024 | Saturday | parasympathetic Nervous system Making Empathic responding choices, Exercises, | KM |
| 10.03.2024 | Saturday | role play | KIVI |
| 17.03.2024 | Sunday | | |
| 18.03.2024 | Monday | Bowlby's theory of Attachment | MM + KM |
| 22.03.2024 | Friday | Special sense organs: Structure and function of the | PM |
| 23.03.2024 | Saturday | eyes, ears, nose, tongue and skin. Bowlby's theory of Attachment | |
| 24.03.2024 | Sunday | Bowlby's theory of Attachment | |
| 24.05.2024 | Sulluay | | |
| 25.03.2024 - | , | Holiday, Holi, Doljatra | |
| 29.03.2024 | Friday | Holiday, Good Friday | |
| 30.03.2024 | Saturday | Mid-term Test : 101, 102, 103 | ALL RPs |
| 31.03.2024 | Sunday | | |
| 01.04.2024 | Monday | Mid term test: practical, 104 | All RPs |
| 05.04.2024 | Friday- | The Endocrine system: Def., types; parathyroid: | PM |
| | | structure, function, location, Role in mental | |
| | | disorder | |

| 06.04.2024 | Caturalar | Faranthau Channing annathatic managan | 1/A . LID |
|------------|-----------|---|-----------|
| 06.04.2024 | Saturday | Empathy: Choosing empathetic responses, Exercises | KM + UB |
| 07.04.2024 | Sunday | | |
| 08.04.2023 | Monday | Adolescence: Developmental tasks | |
| 12.04.2024 | Friday | Coffee pe churcha | |
| 13.04.2024 | Saturday | Role play & exercises | |
| 14.04.2024 | Sunday | | |
| 15.04.2023 | Monday | Presentation | MM + AB |
| 19.04.2024 | Friday | Thyroid gland: Structure, function, role in mental disorder. | PM |
| 20.04.2024 | Saturday | Group presentation: Listening, Reflecting | KM + UB |
| 21.04.2024 | Sunday | | |
| 22.04.2023 | Monday | Piaget's theory of cognitive development | MM |
| 26.04.2024 | Friday | Pituitary gland Structure, function, location, role in mental disorder, why is it called the master gland? | PM |
| 27.04.2024 | Saturday | Interview: How to conduct the first interview? | KM |
| 28.04.2024 | Sunday | | |
| 29.04.2023 | Monday | Theories of Emotional development in children | AB + MM |
| 03.05.2024 | Friday | Adrenal gland: the adrenal cortex and Adrenal medul Why is it called the emergency gland? | PM |
| 04.05.2024 | Saturday | Coffee pe churcha | KM + UB |
| 05.05.2024 | Sunday | | |
| 06.05.2024 | Monday | Child abuse: Identifying neglect and abuse; Preventic | |
| 10.05.2024 | Friday | The gonads: Structure, function, Role in the development of personality | |
| 11.05.2024 | Saturday | | KM |
| 12.05.2024 | Sunday | | |
| 13.05.2024 | Monday | Child Counselling: Spl Problems and skills; age appropriate behavior and pathological behavior. | MM + KM |
| 17.05.2024 | Friday | Presentation | PM |
| 18.05.2024 | Saturday | How to determine whether a client can hurt somebod including you? How to determine whether a client can hurt herself? | |
| 19.05.2024 | Sunday | | |
| 20.05.2024 | Monday | Educational counseling: def. Importance, approaches to Pre-school children | MM + KM |
| 24.05.2024 | Friday | Ethical considerations in counseling. | PM |
| 25.05.2024 | Saturday | Ethical considerations in counseling. | PM |
| 26.05.2024 | Sunday | | |
| 27.05.2024 | Monday | Educational counseling: School-going children | MM |
| 31.05.2024 | Friday | Open session and discussion | |
| 01.06.2024 | Saturda | Child psychometry: MISSIC | AB |

| 02.06.2024 | Sunday | | |
|-------------|----------|--|---------|
| 03.06.2024 | Monday | Child psychometry: MISSIC (contd.) | AB |
| 07.06.2024 | Friday | Child psychometry: CPM + Basic Play therapy | KM +UB |
| 08.06.2024 | Saturday | Child psychometry: CPM + Basic Play therapy | KM + UB |
| 09.06.2024 | Sunday | | |
| 10.06.2024 | Monday | Open session and discussion | AB + MM |
| 11.06.2024 | Tuesdaa | Preparation Leave for end semester examination | |
| -20.06.2024 | Thursday | | |
| 21.06.2024 | Friday | End Semester Examination: 101, 102 | |
| 22.06.2024 | Saturday | End Semester Examination: 103 | |
| 23.06.2024 | Sunday | | |
| 24.06.2024 | Monday | Practical: role Play, Viva Voce, Personal and | |
| | | learning Journal, | |
| | | Child Psychometry | |
| 05.07.2024 | Friday | Results | |
| 06.07.2024- | Saturday | End Semester Holidays | |
| 18.07.2024 | Thursday | | |
| 19.07.2024 | Friday | 2 nd semester begins | |

Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College Two-year P.G. Diploma in Psychological Counselling, 2023 - 2025 Tentative Academic Calendar: Second Semester August, 2023 Time 12 noon to 4 PM Break 1.30 PM – 2.15

| 18.08.2023 | Friday | Review Discussion and Medical concept (Psychopathology - I) | NB |
|------------|----------|---|-----|
| 19.08.2023 | Saturday | First Interview - Adult | KM |
| 20.08.2023 | Sunday | | |
| 21.08.2023 | Monday | First Interview - Child | KM |
| 25.08.2023 | Friday | Bio Psychosocial Model | NB |
| 26.08.2023 | Saturday | Skills Practice | KM |
| 27.08.2023 | Sunday | | |
| 28.08.2023 | Monday | Mental Status Examination | KM |
| 01.09.2023 | Friday | Psychological Testing - STAI | NB |
| 02.09.2023 | Saturday | Psychopathology - I | PSG |
| 03.09.2023 | Sunday | | |
| 04.09.2023 | Monday | Mental Status Examination | KM |
| 08.09.2023 | Friday | Psychological Testing | NB |

| 09.09.2023 | Saturday | Psychopathology - I | PC |
|-------------|----------|--|---------|
| 10.09.2023 | Sunday | 1 Sychopathology 1 | |
| 11.09.2023 | Monday | Coffee Pe Charcha/ Skills Practice | KM |
| 15.09.2023 | Friday | Psychological Testing - SPM | NB |
| 16.09.2023 | Saturday | Psychopathology - I | PSG |
| 17.09.2023 | Sunday | r sychopathology - 1 | F3G |
| 18.09.2023 | · · | Psychoanalysis – Introduction, background, | PM |
| 16.09.2025 | Monday | Fundamental hypotheses | PIVI |
| 22.09.2023 | Friday | Psychological Testing - WAIS | AB |
| 23.09.2023 | Saturday | Psychopathology - I | PC |
| 24.09.2023 | Sunday | Workshop - Medical Ethics (10.30 AM – 4.30 PM) | All RPs |
| 25.09.2023 | Monday | Psychoanalysis - The Drives | PM |
| 29.09.2023 | Friday | Mid term examination (30 Marks) | All RPs |
| 30.09.2023 | Saturday | Psychopathology - I | PSG |
| 01.10.2023 | Sunday | WAIS contd (optional) | AB |
| 02.10.2023 | Monday | Holiday - Birthday of Gandhi ji | |
| 06.10.2023 | Friday | Bender Gestalt Test - SNU | AM |
| 07.10.2023 | Saturday | Psychopathology - I | PC |
| 08.10.2023 | Sunday | , , , | |
| 09.10.2023 | Monday | Psychoanalysis - The psychic apparatus, Topographical theory and Structural theory of mind | PM |
| 13.10.2023 | Friday | Draw a Person Test | AB + NB |
| 14.10.2023 | Saturday | Holiday - Mahalaya | |
| 15.10.2023 | Sunday | | |
| 16.10.2023 | Monday | Libido development | PM |
| 20.10.2023- | Friday | Puja Holidays | |
| 05.11.2023 | | | |
| 06.11.2023 | Monday | Psychoanalysis – defense mechanisms | PM |
| 10.11.2023 | Friday | Psychoanalysis - Defense Mechanism, Mechanism of | PM |
| | | symptom formation | |
| 11.11.2023 | Saturday | Psychopathology - I | PC |
| 12.11.2023 | Sunday | | |
| 13.11.2023 | Monday | Holiday - Kali Puja | |
| 17.11.2023 | Friday | Projective Test - Rorschach | SA |
| 18.11.2023 | Saturday | Workshop - Cyber addiction and Cyber Security | All RPs |
| 19.11.2023 | Sunday | | |
| 20.11.2023 | Monday | Holiday - Chhat Puja | |
| 24.11.2023 | Friday | Projective Test - TAT | SA |
| 25.11.2023 | Saturday | Psychopathology - I | PSG |
| 26.11.2023 | Sunday | Melanie Klein: Whole and part object, Paranoid- | PM |
| 27 14 2022 | Manda | Schizoid position. Depressive position | |
| 27.11.2023 | Monday | Holiday - Gurunanak Birthday | |

| 01.12.2023 | Friday | Klein: Envy, guilt, reparation | PM |
|---------------------------|---------------------|---|----------|
| 02.12.2023 | Saturday | Psychopathology-I | PC |
| 03.12.2023 | Sunday | Winnicott: The developmental process, the good enough mother, the transitional object, the true self, the false self, the concept of holding. | PM |
| 04.12.2023 | Monday | Luborski: Supportive Expressive therapy | PM |
| 08.12.2023 | Friday | Presentation | All RPs |
| 09.12.2023 | Saturday | Psychopathology - I (Quiz + Debate) | PSG + PC |
| 10.12.2023 | Sunday | The CCRT, Identifying the CCRT focus, making it explicit | PM |
| 11.12.2023 | Monday | The three phases of treatment; the assessment process | PM |
| 15.12.2023 | Friday | Internal Assessment (30 Marks) | |
| 16.12.2023 | Saturday | The three phases of treatment (contd) | PM |
| 17.12.2023- 22.12.2023 | Sunday | Preparation leave | |
| 23.12.2023 | Saturday | Second Sem: Theory examination | |
| 24.12.2023 | Sunday | Second Sem: Theory examination | |
| 25.12.2023 | Monday | Christmas Holiday | |
| 29.12.2023 | Friday | Second sem. Practical Exam. | |
| 30.12.2023- 08.01.2023 | Saturday- Friday | Holiday | |

Ramakrishna Sarada Mission Vivekananda Vidyabhavan Girls' College Two-year P.G. Diploma in Psychological Counselling, 2023 - 2025

Tentative Academic Calendar: Third Semester, February, 2024 Time 12 noon to 4 PM; Break 1.30 PM – 2.15 PM

| 02.02.2024 | Friday | PGDPC 109: Psychopathology II: | UB |
|------------|----------|--|---------|
| | | Anxiety disorder + Mental Testing | |
| 03.02.2024 | Saturday | Behaviourism + Mental Testing | AB + UB |
| O4.02.2024 | Sunday | | |
| 05.02.2024 | Monday | PGDPC 110: | PM |
| | | Techniques of Psychodynamic Therapy: | |
| | | Goals of psychodynamic therapy; | |
| 09.02.2024 | Friday | Behaviourism + Practice | AB+ |
| | | | KM |
| 10.02.2024 | Saturday | Client centered Therapy + mental Testing | AB+ |
| 11 02 2024 | Cundou | | UB |
| 11.02.2024 | Sunday | | 51.4 |
| 12.02.2024 | Monday | Goals of psychodynamic therapy; +Initial | PM |
| 16.02.2024 | Fuido. | Evaluation of patients | LID |
| 16.02.2024 | Friday | Anxiety Disorder (GAD) | UB |
| 17.02.2024 | Saturday | Client Centered Therapy + Mental testing | AB+ |
| 19.02.2024 | Cundou | | UB |
| 18.02.2024 | Sunday | | |
| 19.02.2024 | Monday | Dreams: Psychoanalytic theory of dreams | PM |
| 23.02.2024 | Friday | Anxiety disorder (GAD) + Continuous assessment | UB |
| 24.02.2024 | Saturday | Client centered Therapy + Mental Testing | AB+ |
| | | | UB |
| 25.02.2024 | Sunday | | |
| 26.02.2024 | Monday | Dreams: Psychoanalytic theory of dreams; | PM |
| | | Activation Synthesis theory of dreams; | |
| 01.03.2024 | Friday | Client centered Therapy + Anxiety disorder | AB +UB |
| | _ | (Phobia) | |
| 02.03.2024 | Saturday | Client Centered Therapy + Mental Testing | AB+ UB |
| 03.03.2024 | Sunday | | |
| 04.03.2024 | Monday | Other theories of Dreams. + Continuous assessment. | PM |
| 08.03.2024 | Friday | Existentialism + Anxiety (Phobia) | AB +UB |
| 09.03.2024 | Saturday | Existentialism + Mental Testing | AB +UB |
| 10.03.2024 | Sunday | | |

| 11.03.2024 | Monday | Resistance: What is Resistance? | PM |
|------------|----------|---|---------|
| | | Manifestation of resistance in therapy;. | |
| | | Defenses as resistance; transference as | |
| 15.03.2024 | Friday | resistance; Anxiety disorder (OCD) | UB |
| 16.03.2024 | Saturday | Review + Mental Testing | AB+ |
| 10.03.2024 | Saturday | Neview - Wentar resting | UB . |
| 17.03.2024 | Sunday | | |
| 18.03.2024 | Monday | Transference: What is transference? | PM |
| | | Transference in everyday life; Transference | |
| | | as the therapeutic key; how to recognize | |
| | | transference in therapy situation. How to | |
| 22.03.2024 | Friday | handle transference? Anxiety disorder: OCD | UB |
| 23.03.2024 | Saturday | Preparation Leave | OB |
| 24.03.2024 | Sunday | Holiday | |
| 25.03.2024 | Monday | Holiday, Holi, Doljatra | |
| 29.03.2024 | Friday | Holiday, Good Friday | |
| 30.03.2024 | Saturday | Mid-term: Practical | |
| 31.03.2024 | Sunday | Holiday | |
| 01.04.2024 | Monday | Mid-term: Theory | |
| 05.04.2024 | Friday- | Transference cure; transference neurosis; | PM |
| | | Transference psychosis; Types of | |
| | | transference- Kernberg and Kohut, the | |
| | | concept of working alliance. | _ |
| 06.04.2024 | Saturday | Major depressive disorder + Mental Testing | PC + |
| 07.04.2024 | Sunday | | UB |
| 08.04.2023 | - | Tachniques, Counter transference, What is | PM |
| 08.04.2023 | Monday | Techniques: Counter-transference: What is counter-transference? Identifying counter- | PIVI |
| | | transference; Models of counter- | |
| | | transference: Counter-transference and | |
| | | ethics. | |
| 12.04.2024 | Friday | Coffee pe churcha | AB+ |
| | | | KM + |
| | | | UB |
| 13.04.2024 | Saturday | Major depressive disorder + Mental Testing | PC + UB |
| 14.04.2024 | Sunday | | |
| 15.04.2023 | Monday | Techniques: Interpretation: What is interpret | |
| | | What does it accomplish? The power of interp the importance of 'tact'; Types of intervention | |
| 18.04.2024 | Thursday | CBT | 1. |
| 20.04.2024 | Saturday | Mental Testing + Pain Disorder (Conversion) | |
| 21.04.2024 | Sunday | | |
| 22.04.2023 | Monday | Technique: Working through: | |
| | | | |

| | | Definition: Micro-elements of working through; |
|------------|----------|---|
| 23.04.2024 | Tuesday | Cognitive Behaviour Therapy |
| 25.04.2024 | • | |
| | Thursday | Cognitive Behaviour Therapy |
| 27.04.2024 | Saturday | Presentation + Dissociative disorder |
| 28.04.2024 | Sunday | |
| 29.04.2023 | Monday | Termination: Phases of psychodynamic therapy; When terminate the therapy? Pre-mature termination; After termination. |
| 30.04.2024 | Thursday | Cognitive Behaviour Therapy |
| 04.05.2024 | Saturday | Mental testing + Mood disorder (Bi-polar Disorder) |
| 05.05.2024 | Sunday | |
| 06.05.2024 | Monday | Luborsky: Supportive - expressive therapy: What is it? Key elements of psychoanalytically oriented psychotherapy; Expressive Technique: Supportive techniques. |
| 10.05.2024 | Friday | Group therapy |
| 11.05.2024 | Saturday | Presentation + Bipolar disorder |
| 12.05.2024 | Sunday | |
| 13.05.2024 | Monday | Bringing about change in the patient: Intrapsychic conflict: the concept of CCRT; How does cure come about? , |
| 17.05.2024 | Friday | Group Therapy |
| 18.05.2024 | Saturday | PG + Dysthymia |
| 19.05.2024 | Sunday | |
| 20.05.2024 | Monday | Beginning treatment, setting the goal, preparing the patient; establishing trust and rapport;. |
| 24.05.2024 | Friday | Group therapy |
| 25.05.2024 | Saturday | Humanistic theories + psychopathology |
| 26.05.2024 | Sunday | |
| 27.05.2024 | Monday | Understanding and responding to P's problems Supportive relationship: Deciding who needs support; Evaluating P's helping alliance; facilitating P's helping alliance Attending to "shifts" in the state of mind:. |
| 31.05.2024 | Friday | Family Therapy |
| 01.06.2024 | Saturday | Continuous Assessment (Psychopathology) |
| 02.05.2024 | Sunday | |
| 03.06.2024 | Monday | Expressive techniques: Acquiring understanding: four phases; Understanding the symptoms in the context of Relationships; |
| 07.06.2024 | Friday | Family Therapy |
| 08.06.2024 | Saturday | Open session: Psychopathology |
| 09.06.2024 | Sunday | |
| 10.06.2024 | Monday | Formulating the CCRT; Formulating the relationship |

| | | theme by CCRT method; the relationship triad: |
|------------|----------|---|
| | | Relationship theme: Need, wish or intention: Response of the self and object. |
| 14.06.2024 | Friday | Attending to each sphere of relationship triad: |
| | | reviewing the episodes for further understanding; |
| | | seeing symptoms and problem-situations; |
| | | attending to P's beh. Towards the therapist; Ending |
| | | treatment |
| 15.06.2024 | Saturday | Review: Supportive-Expressive Therapy |
| 16.06.2024 | Sunday | Holiday |
| | | - |
| 17.06.2024 | Monday | Holiday |
| 21.06.2024 | Friday | Preparation Leave |
| 22.06.2024 | Saturday | Preparation leave |
| 23.06.2024 | Sunday | Preparation leave |
| 24.06.2024 | Monday | Preparation leave |
| 28.06.2024 | Friday | End semester Theory Examination" PGDPC 109 |
| 29.06.2024 | Saturday | End semester Theory Examination: PGDPC 110 + PGDPC 111 |
| 30.06.2024 | Sunday | Holiday |
| 01.07.2024 | Monday | End semester practical Examination PDGPC 112 |
| 12.07.2024 | | Results |
| 26.07.2024 | | 4 th semester begins |

Ramakrishna Sarada Mission Vivekananda Vidyabhavan P.G. Diploma in Psychological Counselling, 2023 - 2025
Tentative Academic Calendar:
Fourth Semester, August, 2024 – December, 2024

Time 12 noon to 4 PM; Break 1.30 PM - 2.15

Course Code: PGDPC 113: Psychopathology III

PGDPC 114: Special Areas of Counselling I PGDPC 115: Special Areas of counseling II

PGDPC 116: Practical

| 02.08.2024 | Friday | Special areas of Counselling I: Gender issues: | ND |
|------------|----------|---|---------|
| 03.08.2024 | Saturday | Special areas of Counselling I: Gender issues: | ND |
| 048.2024 | Sunday | | |
| 05.08.2024 | Monday | Special areas of Counselling I: Gender issues: | ND |
| 09.08.2024 | Friday | Marital Problems | CB + PC |
| 10.08.2024 | Saturday | Marital Problems | CB + PC |
| 11.08.2024 | Sunday | | |
| 12.08.2024 | Monday | Marital Problems | CB + PC |
| 16.08.2024 | Friday | Family Therapy | PM |
| 17.08.2024 | Saturday | Family therapy | PM |
| 18.08.2024 | Sunday | | |
| 19.08.2024 | Monday | Family therapy: | PM |
| 23.08.2024 | Friday | Special areas of counseling I: Grief and Bereavement; What is bereavement? Bereavement related to developmental process, the process of grieving, Role of the therapist, How to help a person unable to grieve, role play and Practice. | BG + KM |
| 24.08.2024 | Saturday | Psychopathology III: Clinical Features and aetiology: Sexual dysfunction: Why it is difficult to define boundaries between normality and psychopathology in the area of variant sexuality: Socio-cultural influences on sexual practices and standard; Homosexuality: Indian notion and psychiatry. Homosexuality as sickness, homosexuality as non-pathological variation. | BG + KM |

| 25.08.2024 | Sunday | | |
|---------------------------------|----------|---|---------|
| 26.08.2024 | Monday | Special areas of Counselling I: Management of stress and anger": What is stress? Factors predisposing a person to stress; What is a stressor? Characteristics of stressors, Stress and Mental Health: Adjustment disorder, PTSD: Causes and risk factor, Long term effects of PTSD, Prevention and treatment of stress disorder, Telephone hotline, psychological debriefing, crisis intervention, Meditation and CBT. | KM + UB |
| 30.08.2024 | Friday | Special areas of counseling II: Anger Management: Emotions and health, Analysis of anger, disadvantages of anger, How to manage anger. Self-care and burn out | KM + UB |
| 31.08.2024 | Saturday | Anger management: Practice Psychopathology III: Paraphilic disorders: Feshistic Disorder, Transvestic disorder. Gender Dysphoria, DSM V criteria, Key Charcteristics, Treatment. | KM + UB |
| 01.09.2024 | Sunday | | |
| 02.09.2024 02.09.2024 | Monday | What is Emotional intelligence? The nature of emotional intelligence; Emotional intelligence applied; Trauma and relearning; Temperament is not destiny. Emotional literacy | KB + UB |
| 06.09.2024 | Friday | Modern Trauma Therapy including EMDR | RRC |

| 07.09.2024 | Saturday | Class suspended; Studenta will go to the | |
|------------|----------|---|---------|
| 07.09.2024 | | seminar of Dr. Soumitra Shankar Datta | |
| | | | |
| 08.09.2024 | Sunday | | |
| 09.09.2024 | Monday | Modern Trauma therapy | RRC |
| | | (Continued) | |
| 13.09.2024 | Friday | Palliative care of patients with serious physical illness; | AK |
| | | serious physical lilliess; | |
| | | | |
| | | | |
| 14.09.2024 | Saturday | Communication skills and assertive | AB |
| | | training: | |
| | | Psychopathology III: Gender | PST |
| | | dysphoria in children, adolescents | |
| | | and adults; Treatment for gender dysphoria; Transsexualism; | |
| | | symptoms, treatment | |
| 15.09.2024 | Sunday | | |
| 16.09.2024 | Monday | Palliative care of patients with | AK |
| | | serious physical illness. | |
| 20.09.2024 | Friday | Palliative care of patients with | AK |
| | | serious physical illness | |
| 21.09.2024 | Saturday | Special areas of Counselling I: Communication skills | AB |
| | | | |
| | | Psychopathology III: Sexual abuse: | PST |
| | | Childhood sexual abuse, prevalence and consequences, . How harmful is | |
| | | childhood sexual abuse, | |
| | | Pedophilic disorder; | |
| 22.09.2024 | Sunday | | |
| 23.09.2024 | Monday | Group therapy | KM + UB |

| 27.09.2024 | Friday | Mid-semester assessment: PGDPC 113, 114, 115 | |
|------------|----------|--|-----------|
| 28.09.2024 | Saturday | Mid-semester assessment: PGDPC 116: Practical | |
| 29.09.2024 | Sunday | | |
| 30.09.2024 | Monday | Special areas of Counselling I: | |
| | | Group therapy (Contd): | KM + UB |
| 04.10.2024 | Friday- | Special areas of Counselling I: Group therapy (practice) | KM + UB |
| 05.10.2024 | Saturday | Special areas of Counselling I: Counselling the elderly: (continued) Psychopathology III: Incest, Rape: motivation, aftermath, rapists and causal consideration, Treatment. Sexual Dysfunction in males: DSM's criteria, types of sexual dysfunction, treatment | SC |
| 06.10.2024 | Sunday | | |
| 07.10.2024 | Monday | Counseling the elderly | SC |
| 11.10.2024 | Friday | Psychopathology III: HIV infections and AIDS: Aetiology, Clinical features and management (Contd.) | US |
| 12.10.2024 | Saturday | Psychopathology III: HIV infections and AIDS: Aetiology, Clinical features and management (continued) Psychopathology III: Sexual Dysfunction in females: DSM's criteria, types of sexual dysfunction. | US PST |
| | | Organic brain disorder | |

| 13.10.2024 | Sunday | | |
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| 14.10.2024 | Monday | Counselling the elderly | SC |
| 18.10.2024 | Friday | Psychopathology III: HIV infections and AIDS: Aetiology, Clinical features and management (continued) | <u>US</u> |
| 19.10.2024 | Saturday | Psychopathology III: Continuous assessment 1, Counseling the elderly | SC |
| 19.10.2024 | Saturday | Organic brain disorder | PST |
| 20.10.2024 | Sunday | | |
| 21.10.2024 | Monday | Special areas of Counselling II: Dance/Movement therapy | AS |
| 25.10.2024 | Friday | Special areas of Counselling II: Dance/Movement therapy | AS |
| 26.10.2024 | Saturday | Emotional Intelligence | AB |
| | | Psychopathology III: Organic brain disorder . | PST |
| | | Neuro cognitive disorder: parkinson's disease. Hutington's disease; Alzheimer's disease. | |
| 27.10.2024 | Sunday | | |
| 28.10.2024 | Monday | Special areas of Counselling II: Dance/Movement therapy | AS |
| 01.11.2024 | Friday | Special areas of Counselling II: Story telling | DM |
| 02.11.2024 | Saturday | Emotional Intelliegence | AB |
| | | Psychopathology III: Neuro-cognitive disorder continued. | PST |
| | | Drug abuse: Dependence, stimulants, Sedative and hallucinogens. (continued) | |

| 03.11.2024 | Sunday | | |
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| 04.11.2024 | Monday | Special areas of Counselling II: Story telling | DM |
| 08.11.2024 | Friday | Special areas of Counselling II: Story telling | DM |
| 09.11.2024 | Saturday | Special areas of Counselling II: Dance/Movement therapy | DM |
| | | Psychopathology III: substance abuse: Alcohol, marijuana, opium | PST |
| 10.11.2024 | Sunday | | |
| 11.11.2024 | Monday | Special areas of Counselling II: Eco psychology. | PM |
| 15.11.2024 | Friday | Basics of community mental health and rehabilitation. | |
| 16.11.2024 | Saturday | Emotional Intelligence | AB |
| | | Psychopathology III: Personality disorders: Cluster B: Histrionic and Narcissistic personality disorder, Anti-social personality disorder Borderline personality disorder. | PST |
| 17.11.2024 | Sunday | | |
| 18.11.2024 | Monday | Special areas of Counselling II: Eco psychology | PM |
| 22.11.2024 | Friday | Basics of community mental health and rehabilitation. | |
| 23.11.2024 | Saturday | Special areas of Counselling II Communication skills: Three types of communication skills, Types of communication. | AB |
| | | Psychopathology III: Personality disorders: Cluster B: Continued | PST |
| 24.11.2024 | Sunday | | |

| 25.11.2024 | Monday | Eco psychology | PM |
|-------------|----------|---|----|
| 29.11.2024 | Friday | Special areas of Counselling II: Basics of community mental health and rehabilitation | |
| 30.11.2024 | Saturday | Special areas of Counselling II: Presentation Psychopathology III: personality disorders: Cluster C: Avoidant Personality disorder, Dependent Personality disorder, Obsessive- | AB |
| | | compulsive Personality disorder" Causes and remedies. | |
| 1.12.2024 | Sunday | | |
| 02.12.2024 | Monday | Special areas of Counselling II: Eco psychology | PM |
| 06.12.2024 | Friday | Continuous Assessment 3. Presentation: Special areas of Counselling I | KM |
| 07.12.2024 | Saturday | Continuous Assessment 3: Presentation: Special areas of Counselling II | |
| | | Psychopathology III: Prsonality disorder (Contd). | |
| | | Crisis intervention: Suicide and violence | |
| 08.12.2024 | Sunday | | |
| 09.12.2024 | Monday | Special areas of Counselling II: Referral | PM |
| 13.12.2024 | Friday | Open session and review: Counselling in special areas I &Counselling in special areas II | |
| 14.12.2024- | | Preparation Leave | |

| 22.12.2024 | Saturday | | |
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| 23.12.2024 | Monday | End-semester Examination: PGDPC | |
| | | 113 | |
| 27.12.2024 | Friday | End-semester Examination: PGDPC | |
| | | 114 | |
| 28.12.2024 | Saturday | End-semester Examination: PGDPC | |
| | | 115 | |
| 29.12.2024 | Sunday | | |
| 30.12.2024 | Monday | Practical: End-semester | |
| | | Examination: PGDPC 116 | |
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