



Dance intermediate

Name of Course: DANCE INTERMEDIATE

Duration: 30 Hrs.

Offered by: Ramakrishna Sarada Mission Vivekananda Vidyabhavan & Nrityangan Sangeet Academy

Eligibility: 10 + 2 Passed & RKSMVV Students

Course Fee: Nil

Course Overview:

At the Intermediate level of Dance course, classes are devoted to stretching and conditioning, emphasizing proper placement and technique. At this level, relatively little class time is spent on combinations. As the class progresses and the students become more familiar with the basic stretches, isolation, and walks, more focus and time can be shifted to combinations. Initially combinations will be kept simple, with the stress on clean technique and repetitions. Students will start slowly and then progress to faster and varied tempos.

Course Objectives:

- To demonstrate increased movement skills, concentration and physical control in performing movement for artistic expression.
- To understand the importance of warm-up to improve technique and avoid injury.
- To learn to memorize and reproduce long movement sequences.
- To learn to use choreographic principles and processes to express perceptions, feelings, images, and thoughts through dance, working alone, with a partner, or in small groups.

Syllabus:

Dance Intermediate		
Module	Content	Duration(Hrs.)
1	Nava Ras; Karun Ras, RaudraRas based on any music or RabindraSangeet	4
2	Tandaav and Lasya Level 2, based on any song or music	4
3	Folk Dance of Bengal (Saari)	3
4	Patriotic Dance	2
5	Theory <ul style="list-style-type: none">• Mudra – Single and Double Hand• Definition – Taal, Laye, Mudra	4
6	Exam	1
7	Students' performance	5
8	Special training of performance	7
Total duration		30

Resource Person:

Ellora Mallick

Director of Nrityangan Sangeet Academy, Academic Faculty in Ramakrishna Sarada Mission Nivedita Girls' School.

Learning Outcomes:

The students will be able:

- To understand intermediate level dance technique.
- To understand the concept of spotting and its importance in performing multiple turns.
- To gain proficiency in skills specific to the dance style.
- To be familiar with the history and cultural significance of the dance style.
- To demonstrate the ability to apply and identify overarching themes in the study of dance.

Assessment Procedure:

Three Formative Assessments' scores are provided as percentages. The Total Grade is determined based on the overall performance across all assessments. The Continuous Assessment column provides a general evaluation of the students' participation, engagement and adherence to deadlines throughout the course.

Grading criteria along with the corresponding percentage ranges:

A: 90%-100%

B: 80%-89%

C: 70%-79%

D: 60% - 69%

F : Below 60%