



INDIAN KNOWLEDGE SYSTEM: SRIMADBHAGAVAD GITA

Name of Course: INDIAN KNOWLEDGE SYSTEM: SRIMADBHAGAVAD GITA

Duration:30 Hrs.

Offered by: Ramakrishna Sarada Mission Vivekananda Vidyabhavan and The Academy of Research for Cultivation of Indian Sciences (ARCIS)

Eligibility: 10+2 Passed & RKSMVV Students

Intake Capacity: 40

Course Fee: 200/-

Course Overview: Indian knowledge system is one of the oldest and most diverse systems of knowledge in the world. It encompasses a vast array of disciplines. It also has a profound impact on human values over the centuries. The Indian civilization has a rich heritage of philosophy, spirituality and Science that has shaped the thinking and values of people across the globe. This course explores the profound teachings of the Srimadbhagavad Gita, focusing specifically on the second chapter. The Bhagavad Gita is a timeless scripture that offers profound insights into various aspects of life, spirituality, duty, and the path to liberation. Chapter 2, titled "Sankhya Yoga" or "The Yoga of Knowledge," lays the foundation

for the entire Gita, addressing themes of duty, righteousness, detachment, and the nature of the self.

Course Objectives:

- Students who complete the course on Srimadbhagavad Gita will have gained a deep understanding of the text’s Central teaching, themes, and philosophical principles.
- They will learn to chant the Gita.
- They will be able to analyze and interpret the complex philosophical concepts presented in the Gita, including dharma, karma, and yoga and understand their relevance to contemporary issues.
- They will also have gained insights into how the teaching of the Gita can be applied in daily life and how they can be used to lead a more fulfilling and spirituality - enriched life.
- Professionals in the fields of Social work, counselling and human resources may benefit from studying the Gita and incorporating its teachings into their practice.
- Entrepreneurs and business leaders may find the Gita's insights on leadership, decision making and strategy to be valuable.
- If anyone is interested in pursuing a career in counselling, life coaching or other forms of personal development, studying the Gita could be beneficial in terms of understanding human behaviour, motivation, and values.

Syllabus:

Indian Knowledge System: Srimadbhagavad Gita		
Module	Content	Duration(Hrs.)
1	Introduction to the Bhagavadgita	3

2	Historical background and significance	3
3	Overview of Chapter 2: Sankhya Yoga	3
4	Arjuna's Dilemma: The Opening Scene	3
5	Exploration of the nature of the self (Atman)	3
6	Understanding one's duty (Dharma) and its importance	3
7	Discussion on performing actions without attachment to the results	3
8	Discussion on the concept of "Nishkama Karma" (selfless action)	3
Assessment and Project		6
Total duration		30

Resource Person:

Pravrajika Vedarupaprana, Principal, Ramakrishna Sarada Mission Vivekananda Vidyabhavan.

Pravrajika Ishtatmaprana, Monastic Faculty, Department of Philosophy.

Dr Rajeswar Mukherjee, Dept. of Hindu Studies, School of Buddhist Studies, Philosophy & Comparative Religion, Nalanda International University.

Learning Outcomes:

This course aims to explain and illustrate the core values of Gita which is treated as a guide book on ethics and morality. Therefore, this course on Bhagavad Gita has great importance in a student's life as it provides timeless wisdom that can help them to develop essential qualities, overcome challenges, and achieve their

goals with greater clarity and purpose. The Gita is considered to be a valuable source of wisdom and guidance on various aspects of life including spirituality, ethics, morality, duty and self-realization. It is also considered to be sources of practical knowledge that can help individuals lead a fulfilling and purposeful life.

Assessment Procedure:

Three Formative Assessments' scores are provided as percentages. The Total Grade is determined based on the overall performance across all assessments. The Continuous Assessment column provides a general evaluation of the students' participation, engagement and adherence to deadlines throughout the course.

Grading criteria along with the corresponding percentage ranges:

A: 90%-100%

B: 80%-89%

C: 70%-79%

D: 60% - 69%

F : Below 60%