



Name of Course: PSYCHIATRIC COUNSELLING

Duration:60 Hrs.

Offered by: Ramakrishna Sarada Mission Vivekananda Vidyabhavan

Eligibility: 10 + 2 Passed and RKSMVV Students

Course Fee: Rs. 200

Intake Capacity: 15

Course Overview:

Psychiatric Counselling course develops our theoretical and practical ability to identify the areas of distress and conduct intervention programme to help people cope up with the crisis. This course will also provide sufficient emphasis on field projects and practical work for building practical and situational experience.

Course Objectives:

- Understanding and application of various research inquiry skills of professional psychology.
- Understanding and competence in the practice of counselling psychology.

- Understanding and sensitivity to multiculturalism, human diversity, and social justice.
- Development of an identity as a professional psychologist with clear connection to the specialty area of counselling psychology.

Syllabus in Modules:

Psychiatric Counselling
Basics of Counselling
Brain and Behaviour
Child and Adolescent development
Psychodiagnostic testing
Psychopathology: Childhood and adolescence and General
Psychodynamic theories of Freud
Psychopathology II
Techniques of Psychodynamic therapy
Humanistic and behaviouristic theories
Psychopathology III
Special Areas of Counselling I
Special Areas of counselling II
Journals and Note books

Resource Persons:

Prof. Pushpa Misra, President of Indian Psychoanalytical Society, Former Principal of Bethune College, Kolkata.

Mrs. Kasturi Mukherjee, Post Graduate degree in Economics and Applied Psychology, Post Graduate Diploma in Psychological Counselling and Diploma in Social Work and Community Services.

Ms. Aiswarjya Banerjee, State Aided College Teacher at Department of Psychology, RKSMVV, counselling Psychologist.

Ms. Nibedita Banerjee, State aided college teacher in Department of Psychology, RKSMVV.

Mrs. Mousumi Mukherjee, State Aided College Teacher of the Department of Human Rights in RKSMVV.

Learning Outcomes:

After the completion of this course students will be able:

- To generate self-awareness.
- To understand others.
- To build the basic counselling skills of empathy, acceptance and unconditional positive regard.
- To be trained in an integrative approach to a level appropriate for safe, ethical and effective practice.
- To help in personal growth.

Assessment Procedure:

Three Formative Assessments' scores are provided as percentages. The Total Grade is determined based on the overall performance across all assessments. The Continuous Assessment column provides a general evaluation of the students' participation, engagement and adherence to deadlines throughout the course.

Grading criteria along with the corresponding percentage ranges:

A: 90%-100%

B: 80%-89%

C: 70%-79%

D: 60% - 69%

F : Below 60%