Name of the event: Film Screening and workshop on Childhood Mental Health

Category: Workshop

Topic: "Annucharito"- Childhood mental health

Organizing Unit: Department of Sociology and IQAC

Date: 4.04.2024

Venue: Room no. 7 of our college

No. of Participants: 23

No. of Resource Person: 1

**Name of the Resource person:** Sourav Sarkar, Film Maker and Director, Fragrant Creation, Kolkata

## **Brief Description of the event:**

The Department of Sociology of RKSMVV organised the film exhibition cum interactive session on childhood mental health and protection in family, through the film "Anoochcharito" (Unuttered) in the presence of the director of the film Shri Sourav Sarkar, on 4th April 2024. The film portrayed the psychological impact of disturbed parenthood on a child/emotions and body language. It showed how a parent's conflicting relationship with each other can have a negative impact on the mental health and wellbeing of a child. The film - session motivated and created community awareness of childhood protection, childhood mental health and child rights in the context of dysfunctional families. They also learned about the role of film and how to properly analyse films in a sociological context. The program ended with an interactive session where the students asked questions and answered what they learned from the short film screening.

## **Programme Outcome**

The film along with the interaction took place aiming at the sensitization of students/academic persons to further get proactive in future, to individually and collectively contribute to the field of childhood protection/child psychology and related aspects in teaching-learning mechanisms too. The students also understood the efficacy of film as a medium of understanding the psycho- sociological aspects of a problem. The film director Shri Sourav Sarkar ( at Fragrant Creation, Kolkata - a registered micro enterprise ) was instrumental in analysing the film, through its visual analysis ( staging analysis). As an industry - level expert, the film director expressed his satisfaction and further interest to

collaborate with this college, in greater interest of the academic members, through film medium as a socio - academic tool.

