

Name: Gita and it's psychological analysis and relation with Rabindra Music

Category: Interdisciplinary Lecture

Organising Unit: Department of Sanskrit and Education

Date-19th July, 2023

Time-1.45pm

Number of the Participants: 45

Name of Resource Person- Dr. Rohini Dharmapal Assistant Professor, Department of Education, RKSMVV

Brief Description of the event -

Bhagavad Gita is an influential scripture in Indian Psychology and its relevance in the field of research is known globally. There are various psychotherapeutic constructs like cognitive/rational emotive approach, hypnosis, wisdom, coping, management, resilience, emotional intelligence, etc.

For a student, Gita offers a valuable case study for lessons in psychotherapy – resolution of conflict and successful resumption of action from a state of acute anxiety and guilt-laden depression that precipitated inaction.

Programme Outcome-

Understanding the ageless guiding principles of the Bhagavad Gita can help our students to gain a deep insight into the hows and why's of everyday life. Dr Rohini Dharmapal especially spoke about the second chapter of Gita's sloka with their Bengali translation by her. Students were so enthusiastic that they asked questions also. The students were able to get a clear understanding of Gita and its psychological impact.



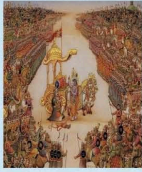
RAMAKRISHNA SARADA MISSION VIVEKANANDA VIDYABHAVAN

DEPARTMENT OF SANSKRIT

ORGANIZES

AN EXTENSION LECTURE ON

'GITA & ITS PSYCHOLOGICAL ANALYSIS & RELATION WITH RABINDRA MUSIC'



BY

DR. ROHINI DHARMAPAL, ASSISTANT PROFESSOR

DEPARTMENT OF EDUCATION, RKSMVV



DATE: 19/7/23

TIME: 1.45 PM

VENUE: ROOM NO. 9

