

# Aiswarjya Banerjee

**Designation:** (i) **State Aided College Teacher** of Psychology in Ramakrishna Sarada Mission Vivekananda Vidyabhavan College (January 2019 to Date);

1. Consultant Psychologist;
2. Teaching Faculty at **Caring Minds: Psychological Wellness Centre** (Every Sunday from May, 2019 onwards);
3. Facilitator of counselling courses recognised **by Jadavpur and Calcutta University;**
4. Facilitator of Psychotherapy course recognised by

# Jadavpur University;

1. Teaching Faculty of professional courses on Psychological Counselling at Ramakrishna Sarada Mission Vivekananda VidyaBhavan, Dum Dum, Kolkata, recognized by West Bengal state University ( February 2022 to Date);
2. Mental Health Counsellor on a retainer Basis at Your Dost

( February 2023 to Date);

**(**viii). Visiting Psychology Faculty and School Counsellor of Gospel Home School Rishra ( April 2023 to Date).

# Job responsibilities:

* + - Taking theoretical and practical classes;
    - Creating course materials;
    - Supervising clinical work of the students;
    - Question paper setting

**Educational Qualification**: (i) M.A in Clinical and Counselling Psychology (WBSU)

**Contact:** (I) Mob: 9163296283/9831233235;

(ii) email***:*** [***aish94banerjee@gmail.com***](mailto:aish94banerjee@gmail.com)

**Job Experience: (i)** Worked as a Psychologist in Speech Plus, Better Speech for a better life (July 2018 to July 2019)

# Job Responsibilities

- Conducting various psychometric assessments in Speech Plus lik**e:**

* Vineland Social Maturity Scale (VSMS)
* Developmental Psychopathology Check-List (DPCL)
* Intelligence Tests ( SFBT, BKT, MISIC,DST,WISC-IV)
* Autism Scale ( ISAA, CARS , M-CHAT)

- CONNERS, Parent Report

**(ii)**Worked with ICSSR funded major project titled “Exploration of Mental Health Literacy and Intervention for Promotion of Mental Health Awareness in North 24Parganas, West Bengal” undertaken by Dr. Sreemoyee Tarafder.

**Clinical Internships**

# 2017 to 2018

**Attended Clinical Internships at:**

* + College of Medicine & Sagar Dutta Hospital, Agarpara
  + Sevac Mental Hospital & Rehabilitation Centre, Thakurpukur
  + Lighting Lives, A charitable Trust

# Treatments Executed:

* + Psychometric Tests :
* **IQ assessments** ( WAIS-IV,WISC-IV, DST, BKT, MISIC, SFBT)
* **Neuropsychological assessments** ( PGI-BBD, BGT, MMSE)
* **Personality assessments** ( MMPI, MCMI, NEO-FFI, EPQ, TCI)
* **Projective Tests** ( Rorschach Inkblot Test, Thematic Apperception Test, Children Apperception Test)
  + Therapies :

# Progressive Muscle Relaxation

* **Exposure and Response Prevention**, Cognitive Behavioural Approach of Obsessive Compulsive Disorder
* **Cognitive Behavioural Therapy** for Depression
* Behavior Modification techniques

## Seminars Attended

* Participated in a Two Day ICSSR Sponsored National Seminar on “ Psychotherapies – Contemporaries Approaches in 21st Century India” organised by Dept. of Psychology, Loreto College, Kolkata in collaboration with Dept of Psychology, WBSU on 24th and 25th November, 2016.
* Participated in the Seminar on “Transience: Japanese Contribution to Psychoanalysis by Dr. Osamu Kitayama” Organised by Centre for Psychodynamic Studies, WBSU on 5th January, 2017.
* Participated in UGC State Level seminar on “ Development of Personality from Different Schools of Thought” organized by Dept. of Psychology in association with IQAC, Barrack-pore Rastraguru Surendranath College on 17th February, 2017.
* Participated in COWAP International Conference on “Women’s Safety on Dogmatic Times” in Association with International Psychoanalytical Association, Indian Psychoanalytical Society, Centre for Psychodynamic Studies, WBSU and Crystal Minds on 9th and 10th March, 2018, Kolkata.
* Participated in a seminar on “Mental Health Awareness” organised by Women’s Cell & Dept, of Psychology, The Bhawanipur Education Society College on 8th March, 2019.

## Research Activities / Projects

* + **2018 :** Dissertation submitted in partial fulfilment of Masters’ in

Psychology

# TOPIC: Effect of Indian Ragas on tests of cognition: An Experimental study with post graduate students under the guidance of Dr. Sreemoyee Tarafder

**Invited Lectures/ Paper Presentations**

* Participated as a resource person in the state level webinar on “Sexual Harassment and Trauma Management” organised jointly by Internal Complaint Committee and Gender Resource Committee, RKSMVV College on 10th April, 2021.
* Participated as a resource person in a seminar on Suicide Prevention: From historical and Psychological Lenses organized jointly by Departments of History and Psychology of RKSMVV on 22nd September, 2022.
* Participated as a resource person in a seminar on Youth and Mental Health organized by RKSMVV on 7Th January, 2023 to celebrate Students’ Week.
* Participated as a resource person in the Value-Added course on Personality Development and
* Emotion Management at Department of Sociology, Presidency University on 20th August, 2023.