



Ramakrishna Sarada Mission Vivekananda Vidyabhavan

33, SRI MAA SARADA SARANI, DUM DUM, KOLKATA- 700055
WEBSITE: www.rkmsvv.ac.in, Email: rkms.college@gmail.com, Phone: 033-2551 3452

Activities of 2021-22

1. Observance of Independence Day

Organising unit: IQAC and NSS RKSMVV

Date: 15.08.2021

Time – 9.30am

Number of NSS volunteers – 10

Brief Description of the event – As it was the Second wave of the Covid 19 outbreak, only 10 students attended the Flag hoisting. The National Flag was hoisted by the Pravrajika Pradiptaprana, Secretary, RKSMVV. Students sang the national anthem with heads held high with pride. Pravrajika Bhaswaraprana, former principal of RKSMVV delivered a lecture to the students. PO and IQAC Coordinator were present along with the volunteers.

Outcome – Students learned about their country's remarkable historical journey. The event successfully instilled a sense of national pride and responsibility among participants



PO Sanghamitra Mukherjee & NSS volunteers celebrated Independence Day



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NSS volunteers were ready to salute our National Flag



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NSS volunteers , PO , IQAC Coordinator and Matajijis on 15.08.2021



Pravrajika Bhaswaraprana, our former Principal and Pravrajika Pradiptaprana Secretary, RKSMVV delivered an informative lecture to the NSS volunteers

2.NSS Day Celebration

A short cultural programme was arranged online on 24th September, 2021 to celebrate the NSS day. A video was made on the several activities of the NSS Unit of our college.



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You Tube Link: https://youtu.be/UDWZhZ-R60o?si=i2ipN_gTf2zMu8t-

3. Covid Vaccination

A Covid vaccination camp was successfully held in our college campus by the NSS unit in collaboration with the Higher Education Department Govt. of West Bengal, with a significant turnout of students, staff, and teachers receiving the vaccine on 7th October, 2021. Additionally, members of the local community availed themselves of the opportunity, resulting in a total of 120 individuals being vaccinated. The active involvement of twelve NSS volunteers was instrumental in ensuring the smooth execution of the camp.

Number of NSS volunteers-12

Programme Outcome: The outcomes of a COVID vaccination camp held on a college campus can be quite impactful. Some common program outcomes include:

1. **Vaccination Coverage:** Increased vaccination rates among students, faculty, and staff, contributing to community immunity.
2. **Health Education:** Enhanced understanding of vaccine benefits, safety, and public health measures.
3. **Community Engagement:** Strengthened community spirit and cooperation in tackling public health challenges.
4. **Health Impact:** Potential reduction in COVID-19 transmission and associated illnesses within the college community.
5. **Logistical Insights:** Operational lessons learned for organizing future health-related events on campus.

These outcomes contribute to a safer campus environment and broader public health goals.



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**Banner of Covid-19 Vaccination camp
Fight Covid with Vaccination**



People waiting for vaccination outside the room



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Health workers



People were getting vaccinated



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NSS volunteers with PO

4. New India @75 Phase-2

The NSS unit of our college has participated in New India @75 Phase-2 in October 2021. WBSAP & CS observed a campaign in the name & style of New India@75 which was being planned to observe across the 25 schools and 25 colleges in West Bengal in two phases (Phase I & II) engaging the adolescents and youth to do the awareness campaign on HIV, Tuberculosis and Blood Donation Awareness Programme. **Our college is selected among the 25 colleges in West Bengal.**

The program was launched by NACO. Our NSS volunteers participated in the campaign and they made several posters and short videos on the three issues. Videos were made on Azadi ka Amrit Mahotsav also. **Medha Kundu**, Semester-3, Department of History was the Brand Ambassador of our college in the New India@75 Phase-II programme.

You Tube Video on Tuberculosis Awareness:

<https://youtu.be/bqitrMPQcHQ?si=48lnW54lbsA1aZfs>

You Tube Video on HIV Awareness:

https://youtu.be/4Bk_O YYSI8?si=8Nn8DFfmVROL_KPf

You Tube Video on Blood Donation Awareness:

https://youtu.be/XHj_s1SJy8s?si=H-vgh4C5x9aa7Tds



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Programme Outcome Awareness programs on HIV, tuberculosis (TB), and blood donation conducted by National Service Scheme (NSS) volunteers often have several positive outcomes, including:

- 1. Enhanced Knowledge and Awareness:** Increased understanding of HIV, TB, and the importance of blood donation among participants and dispelling myths and misconceptions about these diseases and blood donation.
- 2. Positive Behavioral Changes:** Encouragement of safer health practices, such as using protection to prevent HIV transmission, seeking timely medical advice for TB symptoms, and understanding the safety and necessity of blood donation. Reduction in risky behaviors that contribute to the spread of HIV and TB.
- 3. Increased Testing and Screening:** Higher rates of voluntary testing for HIV and TB, leading to early detection and treatment. Improved awareness of the importance of regular health check-ups.
- 4. Stigma Reduction:** Reduction in stigma and discrimination against individuals living with HIV or TB. Greater acceptance and support for people who are affected by these conditions within the community.
- 5. Improved Community Health:** Higher participation in blood donation drives, leading to a more robust and reliable blood supply. Better overall health outcomes due to early detection and treatment of HIV and TB.
- 6. Empowered Volunteers:** NSS volunteers gain valuable experience in organizing and conducting awareness campaigns, enhancing their communication, leadership, and organizational skills. Volunteers become more informed advocates for health issues in their communities.
- 7. Community Engagement:** Strengthening community networks and partnerships with local health organizations and authorities. Promoting a culture of volunteerism and community service.
- 8. Sustainability:** Establishing ongoing education and support systems within the community to continue the efforts initiated by the awareness programs.

Overall, these programs contribute significantly to public health by raising awareness, changing behaviors, and building supportive community environments.



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Name - Piyali Gha Department - Philosophy Roll - 169 Sem - III
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Poster made by NSS volunteer on Blood Donation Awareness



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TUBERCULOSIS

SYMPTOMS



Loss of appetite



Cough



Chest pain



Heat



Weakness



Weight loss



Hemoptysis



Increased sweating

PREVENTIVE MEASURES



Vaccination



Healthy diet



Vitamins



Strength of
respiratory



Avoid contact
with sick people



No tobacco
smoking

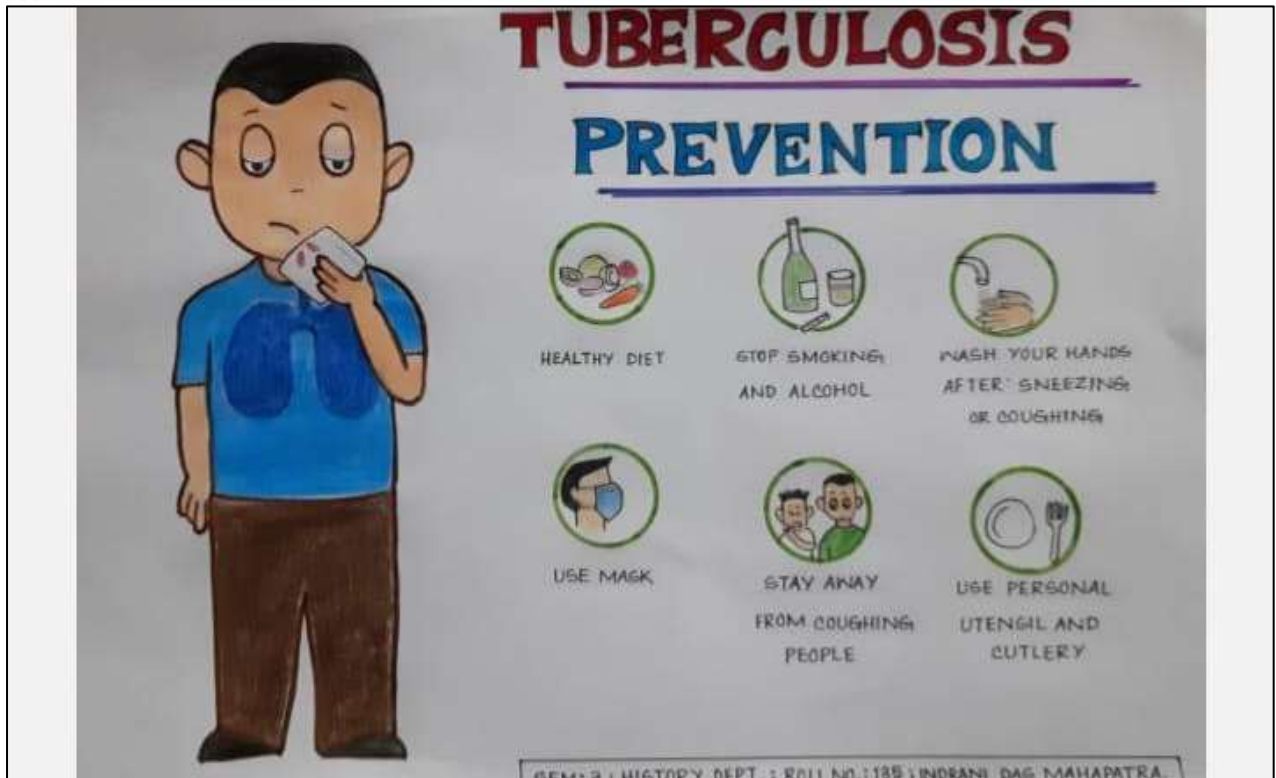
Name - Jayeeta Sethi Roll - 165 Department - Philosophy
College - Ramakrishna Sarada Mission Vivekananda Vidyabhavan.

Poster made by NSS volunteer on Tuberculosis Awareness

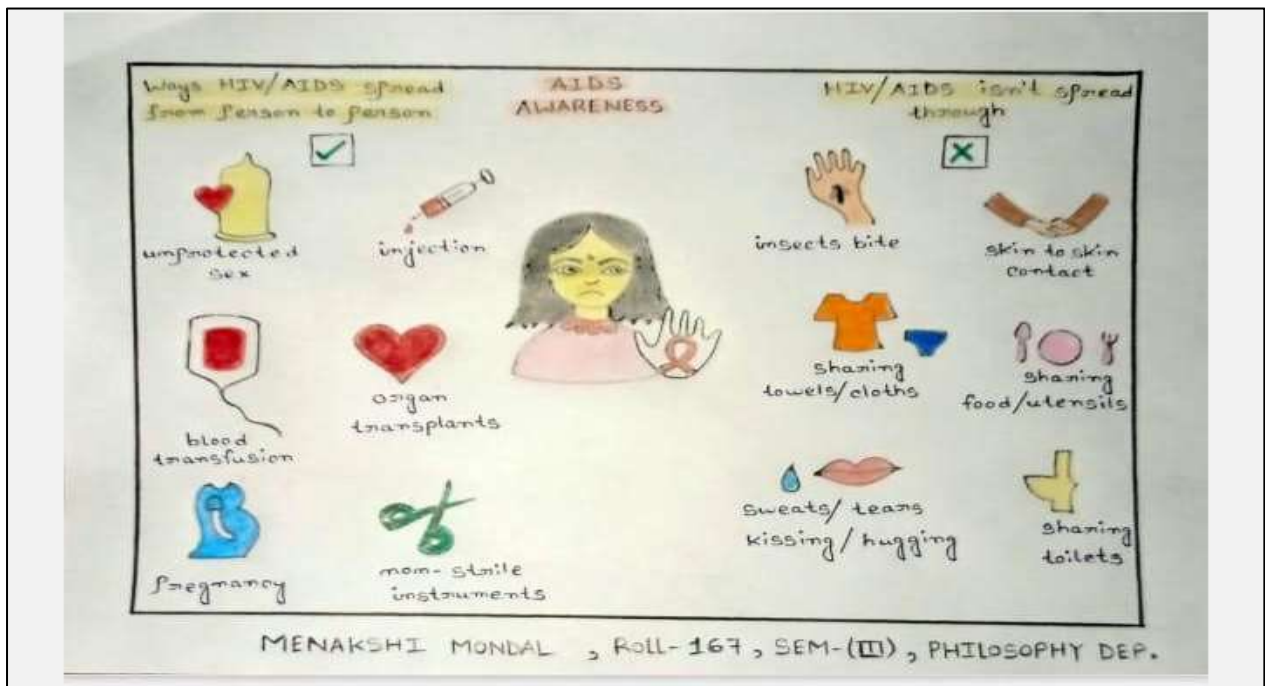


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Poster made by NSS volunteer on Tuberculosis Awareness

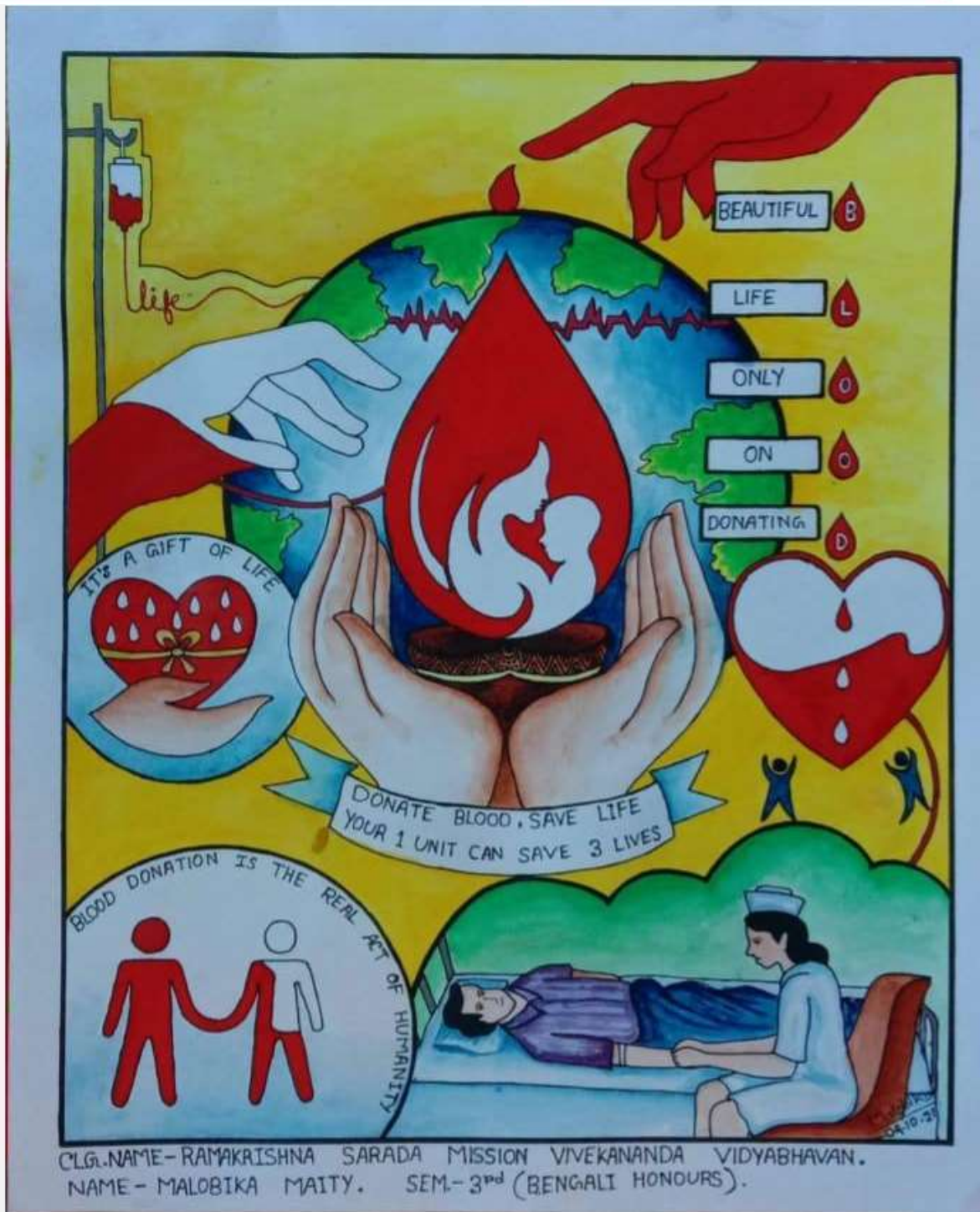


Poster made by NSS volunteer on AIDS Awareness



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CLG. NAME - RAMAKRISHNA SARADA MISSION VIVEKANANDA VIDYABHAVAN.
NAME - MALOBIKA MAITY. SEM - 3rd (BENGALI HONOURS).

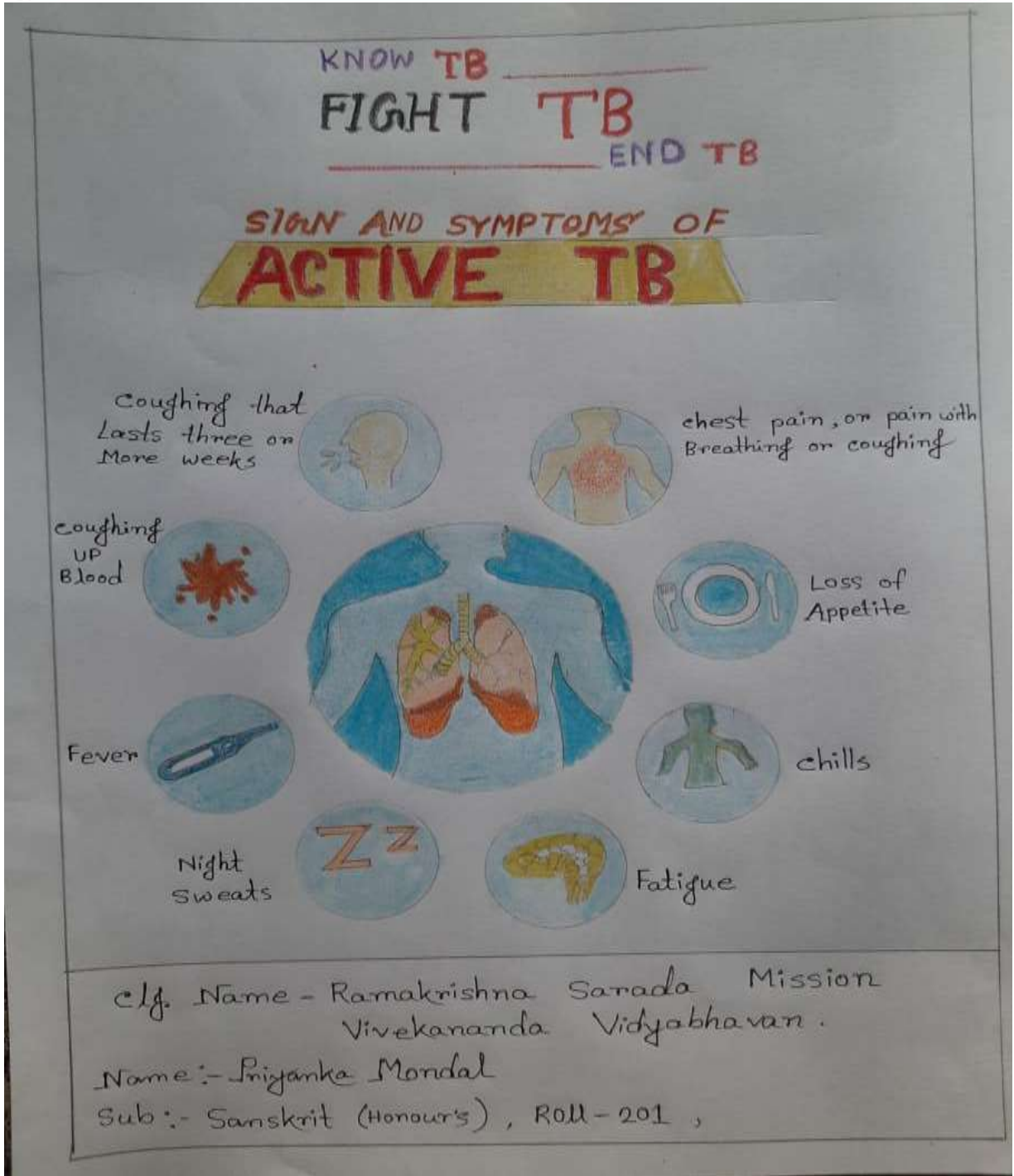
Poster made by NSS volunteer on Tuberculosis Awareness



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Poster made by NSS volunteer on Tuberculosis Awareness



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Poster made by NSS volunteer on Blood Donation Awareness



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Poster made by NSS volunteer on AIDS Awareness



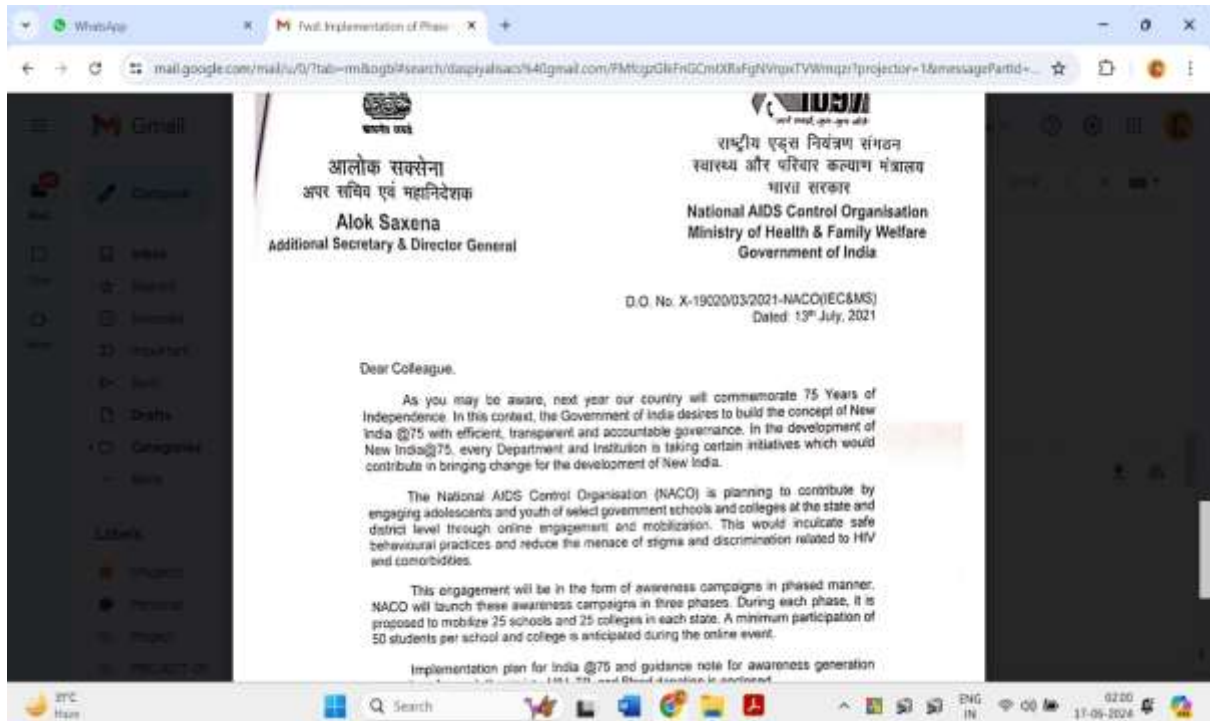
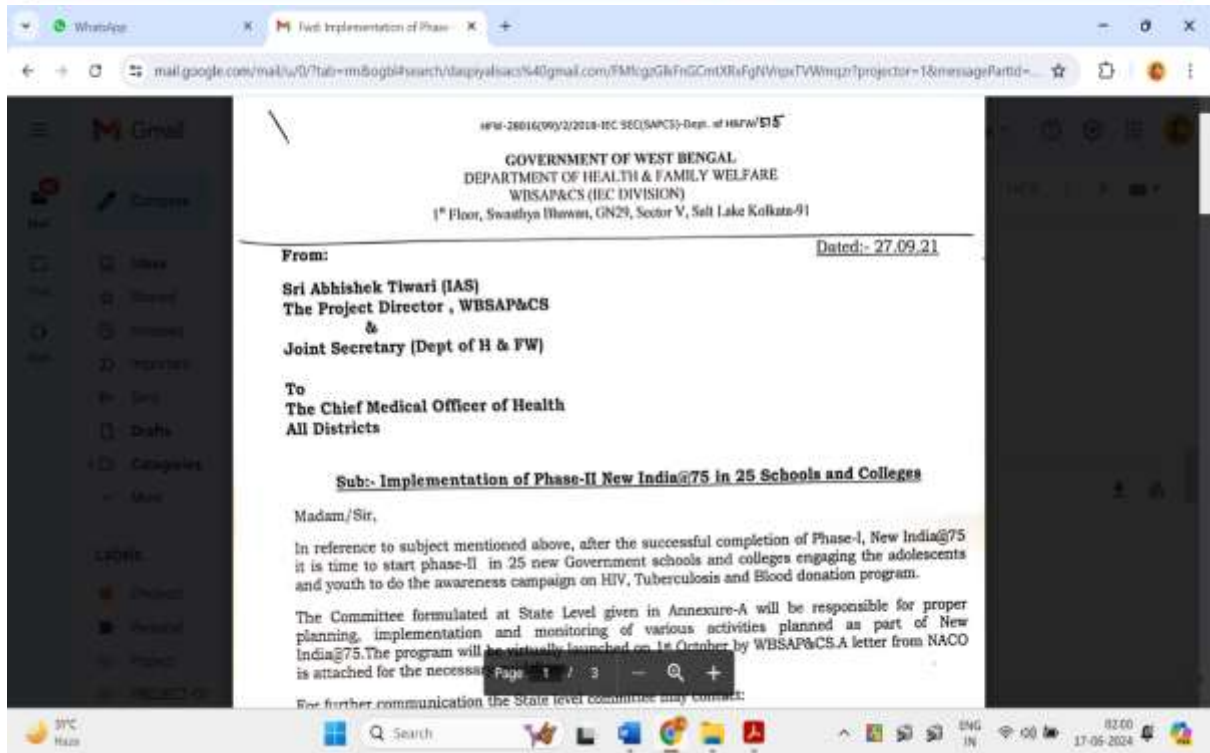
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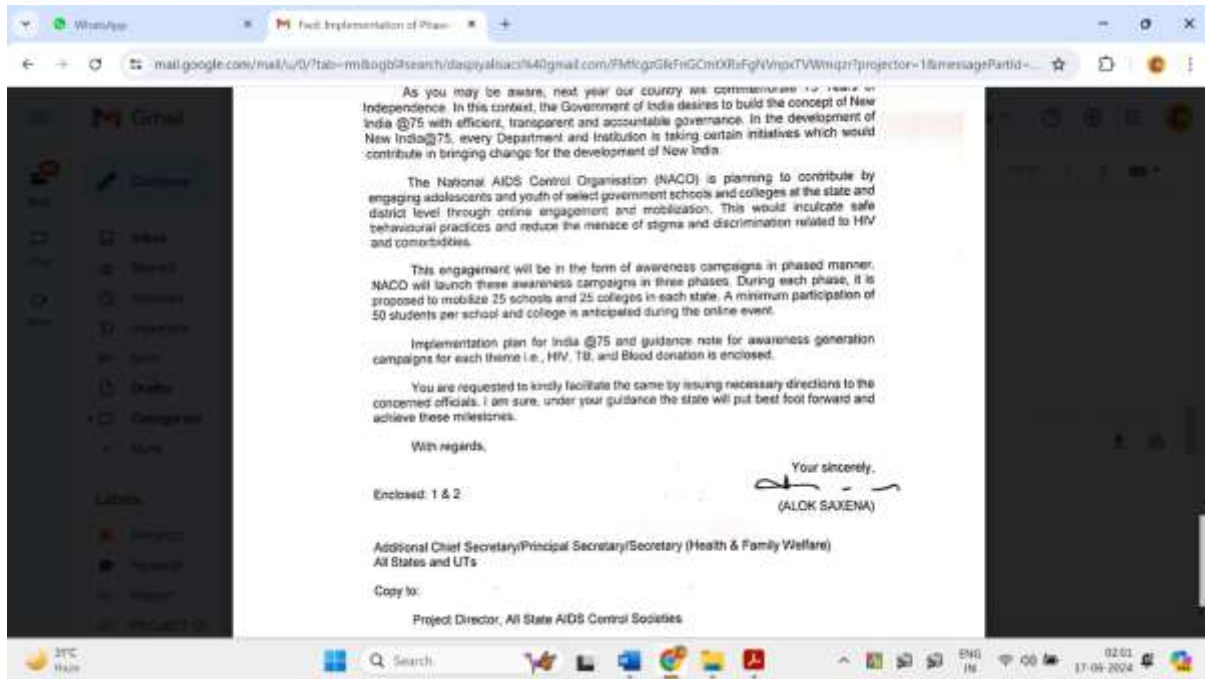


Name - Madhumita Roy . Roll - 197 . Department - Histology . Semester - 3

Poster made by NSS volunteer on AIDS Awareness



New India 75 letters



HPW-28016(99)/2/2018-IEC SEC(SAPCS)-Dept. of H&FW/373/1(15)

GOVERNMENT OF WEST BENGAL
DEPARTMENT OF HEALTH & FAMILY WELFARE
WBSAP&CS (IEC DIVISION)
1st Floor, Swasthya Bhawan, GN29, Sector V, Salt Lake Kolkata-91

19	Govt College of Engineering & Ceramic Technology	Kolkata
20	R.K Sarada Mission Vivekananda Vidyabhavan	Kolkata
21	Vidyasagar University	Purba Medinipur
22	Belda College	Medinipur
23	Budwan University	Burdwan
24	Ananda Chandra College	Jalpaiguri
25	Maynaguri College	Jalpaiguri

Email stating the name of our college to participate in New India 75

5.Red Road Parade



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Two of our NSS volunteers have participated in the selection of volunteers for the Republic Day Parade on 23.12.21, though they were not selected at final.

West Bengal State University

1



NATIONAL SERVICE SCHEME (NSS) CELL

Prof. Pranam Dhar
Programme Coordinator

Ref. : NSS/PC/WBSU/State-PRD/01-2021

Date : 19.12.2021.

To
Dr. Rama Prasad Bhattacharyya
Hon'ble Joint Director of Public Instruction (UGC & NGC),
State NSS Officer,
Government of West Bengal
Department of Higher Education,
Bikash Bhavan,
Salt Lake,
Kolkata, W.B.

Sub. : Nomination of the NSS Volunteer and Programme Officer/s for the State Republic Day Selection Camp to be held at Bidhan Sishu Udyan, near Kankurgachi, Bidhannagar, Kolkata on 23.12.2021. from 10.00 a.m. onwards

Sir,-

With reference to your official communication NO-31(25)/EH(NSS)13P-70/2014 dated 16th December, 2021 for the State-Republic Day Parade Selection Camp to be held on 23.12.2021. at Dr. Bidhan Chandra Ray Sishu Uddyan, Kankurgachi near Hudco-Ultadanga Crossing from 10.00 a.m. onwards, I am sending the following as nominated:

Details of the Programme Officers

SL. NO.	NAME	GENDER	INSTITUTION	MOBILE
1	Prof. Munmun Kundu	FEMALE (P.O.)	Hiralal Mazumdar Memorial College for Women	9830170387
2	Prof. Bidhan Baidya	MALE (Nominee of the Prog. Coordinator - NSS, WBSU)	Hiralal Mazumdar Memorial College for Women	9331270384

Details of the Nominated NSS Volunteers

Sl. No.	Name	College/Institution	WhatsApp No.	Gender	Email ID
1	Tonmoy paul	BHAIRAB GANGULY	801770228	MALE	tonmoypaul756@gmail.com

P.O. Berunanpukuria, Malikapur, Barasat, Kolkata – 700126.

Phone : (033) 2524-1975-79

website : www.wbsubregistration.org

email : pranamdharit@yahoo.com

1



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West Bengal State University

2



NATIONAL SERVICE SCHEME (NSS) CELL

Prof. Pranam Dhar
Programme Coordinator

		COLLEGE			
2	Rupashree Bhattacharyya	BHAIRAB GANGULY COLLEGE	869747059	FEMALE	ruparanaghat97@gmail.com
3	Noorjahan Khatun	SAROJINI NAIDU COLLEGE FOR WOMEN	905164825	FEMALE	khatunnoor567@gmail.com
4	Dibyani Bhattacharjee	SAROJINI NAIDU COLLEGE FOR WOMEN	62890376	FEMALE	1612dibyani@gmail.com
5	Shahin Akhtar Mondal	BASIRHAT COLLEGE	6294058089	MALE	
6	ANISH MONDAL		7501672278	MALE	anishmondal8759327441@gmail.com
7	Janayitri Mandal	RKSMVV	9475221676	FEMALE	janavitri17@gmail.com
8	Parbati Saren	RKSMVV	9832317558	FEMALE	parbatisaren2001@gmail.com
9	ELIUS MOLLA		8334875768	MALE	
10	Nagma Rezwan		8240031178	FEMALE	
11	Prantika Ghosh	BARRACKPORE RASTRAGURU SURENDRANATH	9836701257	FEMALE	Prantikaghosh2002@gmail.com

P.O. Berunanpukuria, Malikapur, Barasat, Kolkata – 700126.

Phone : (033) 2524-1975-79

website : www.wbsubregistration.org

email : pranamdharit@yahoo.com

2

Confirmation Email stating the names of our NSS volunteers at Red Road Parade

6. World AIDS Day

The National Service Scheme (NSS) volunteers organized a significant event commemorating World AIDS Day. The event aimed to raise awareness about AIDS and its prevention strategies among the community members. The event commenced with an



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inaugural address by our Principal Pravrajika Vedarupaprana, emphasizing the importance of understanding HIV/AIDS and combating stigma associated with it. This was followed by informative sessions conducted by NSS PO Dr. Sanghamitra Mukherjee, who shed light on the prevention of HIV/AIDS. Some volunteers presented paper on transmission, symptoms and treatment of AIDS. treatment, The event concluded with a pledge-taking ceremony, where participants vowed to spread awareness and support individuals affected by HIV/AIDS. Overall, the World AIDS Day event organized by NSS volunteers proved to be an enlightening and impactful initiative in the ongoing fight against HIV/AIDS.

Number of NSS volunteers-8

Programme Outcome

The celebration of World AIDS Day by NSS (National Service Scheme) volunteers typically aims to raise awareness about HIV/AIDS, promote prevention measures, and reduce stigma associated with the disease. Here are some potential outcomes of such a program:

- 1. Increased Awareness:** Through seminars, workshops, and informational sessions, participants gain a better understanding of HIV/AIDS, its transmission, and prevention methods.
- 2. Reduced Stigma:** By engaging with the community and sharing accurate information, NSS volunteers can help reduce the stigma and discrimination faced by people living with HIV/AIDS.
- 3. Enhanced Knowledge:** Distribution of educational materials such as pamphlets, brochures, and posters can help disseminate crucial information about HIV/AIDS to a broader audience.
- 4. Community Engagement:** Events such as rallies, street plays, and health camps can foster community involvement and encourage collective action in the fight against HIV/AIDS.
- 5. Promotion of Testing and Treatment:** Encouraging people to get tested and seek treatment can lead to early detection and better management of the disease.
- 6. Support Networks:** Creating support groups or connecting individuals to existing resources can provide emotional and practical support to those affected by HIV/AIDS.
- 7. Behavioral Change:** Awareness programs can lead to behavioral changes, such as increased use of protection during sexual activity and reduced risky behaviors.
- 8. Youth Involvement:** Engaging young volunteers in such initiatives can instill a sense of responsibility and activism in addressing public health issues.

By organizing and participating in these activities, NSS volunteers can make a significant impact in their communities, contributing to the global efforts to combat HIV/AIDS.



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PO was giving speech on prevention of AIDS



NSS volunteer was describing symptoms of AIDS



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Pravrajika Vedarupaprana, Principal of the college delivered an exhaustive lecture on awareness of AIDS and community engagement



NSS Volunteers with Principal and PO (Posters made by NSS volunteers were displayed on the soft board)

You Tube Link: https://youtu.be/43TErJ5zEHk?si=DEdVaqNOGDvj_xES




7. Essay Writing by NSS volunteers as part of 25th National Youth Festival



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Our 30 NSS Volunteers participated in the Essay Writing Competition as a part of National Youth Festival organized by Department of Youth Affairs, Ministry of Youth Affairs and Sports, Govt. of India.

<p>भारत सरकार युवा कार्यक्रम एवं खेल मंत्रालय राष्ट्रीय सेवा योजना क्षेत्रीय निदेशालय 3, चर्च लेन, कोलकाता - 700 001 दूरभाष : 033 2243 9233 ई-मेल : rdnskkolkata@gmail.com kolkata.nss@nis.in</p>	 सत्यमेव जयते	<p>Government of India Ministry of Youth Affairs & Sports Regional Directorate of NSS 3, Church Lane, Kolkata - 700 001 Phone : 033 - 2243 9233 E-mail : kolkata.nss@nis.in rdnskkolkata@gmail.com</p>
<p>F.NO-16-1/NSS/RD/KOL/ 2021-2022/ 3863 - 3851 Dated the 20th December, 2021</p>		
<p>To</p> <p>The Programme Coordinator, NSS All Universities/ Institutions/ +2 Council of West Bengal West Bengal</p>		
<p>Sub- Essay Writing by NSS Volunteers as part of 25th National Youth Festival – Regarding.</p>		
<p>Madam/ Sir,</p> <p>It is to inform you that the Department of Youth Affairs, Ministry of Youth Affairs & Sports, Govt. of India organizes National Youth Festival every year to celebrate the Birth Anniversary of Swami Vivekananda from 12-16th January. In 2022 National Youth Festival will be organized at Puducherry.</p> <p>In this regard this year Department of Youth Affairs, Ministry of Youth Affairs & Sports, Govt. of India has decided to organize essay competition among NSS volunteers across the country. The best essay writing would be selected and will be shown in the event of 25th National Youth Festival 2022.</p> <p>The topic of the essay are stated below:</p> <p><u>Topic: 1. India of my dreams in 2047 (2047 में मेरे सपनों का भारत)</u> <u>2. Azadi ka Amrit Mahotsav- Unsung heroes of the freedom struggle (आजादी का अमृत महोत्सव – स्वतंत्रता संগ্রाम के सुनसुते योद्धा)</u></p> <p><u>While writing the essay following points should be followed:</u></p> <ol style="list-style-type: none">1. Language: Either Hindi (Mangalam Font size 12) or English (Times new Roman font size 12)2. Maximum words 3003. There will be grading of essay on the scale of 1-5.4. Grading will be done on the basis of content, language, clarity of thought and innovative ideas. <p>You are therefore requested to circulate the message under your jurisdiction and collect the essay writings of maximum NSS volunteers under your jurisdiction on the above stated topic & send to this Office within 22nd December, 2021 positively for onward submission to the Ministry.</p>		
<p>Further, you are requested to look into the matter treating the matter as Most Urgent as this matter is scrutinized by the Hon'ble Secretary, Dept. of Youth Affairs.</p>		
<p>Encl. a. a1.</p>	<p>Yours faithfully  (Vinay Kumar) Regional Director</p>	
<p>Copy to: 1. The Director, NSS, Min. of Youth Affairs & sports, Govt. of India, New Delhi-01 2. The State NSS Officer, Dept. of Higher Education, Govt. of West Bengal,</p>		

Letter from MHRD for essay competition



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10:34



NSS WBSU

Arpita, Maruf, Tabassum, +91...



December 24, 2021



Pranam Sir

⇒ Forwarded

Email: kolkata-nss@nic.in

Language: English or Hindi

Format: Microsoft word & PDF (Both)

Allocation:

◆ West Bengal State

University: 80 write ups (topic 1- 40 topic 2- 40)

◆ SKBU: 70 write ups (topic 1- 35 topic 2- 35)

◆ CBPBU (Except Coochbehar College): 20 write ups (topic 1- 10 topic 2- 10)

◆ Coochbehar College: 20 write ups (topic 1- 10 topic 2- 10)

◆ Vidyasagar University (All college except Belda college & V M Mahavidyalaya): 50 write ups (topic 1- 25 topic 2- 25)

◆ North Bengal University (All



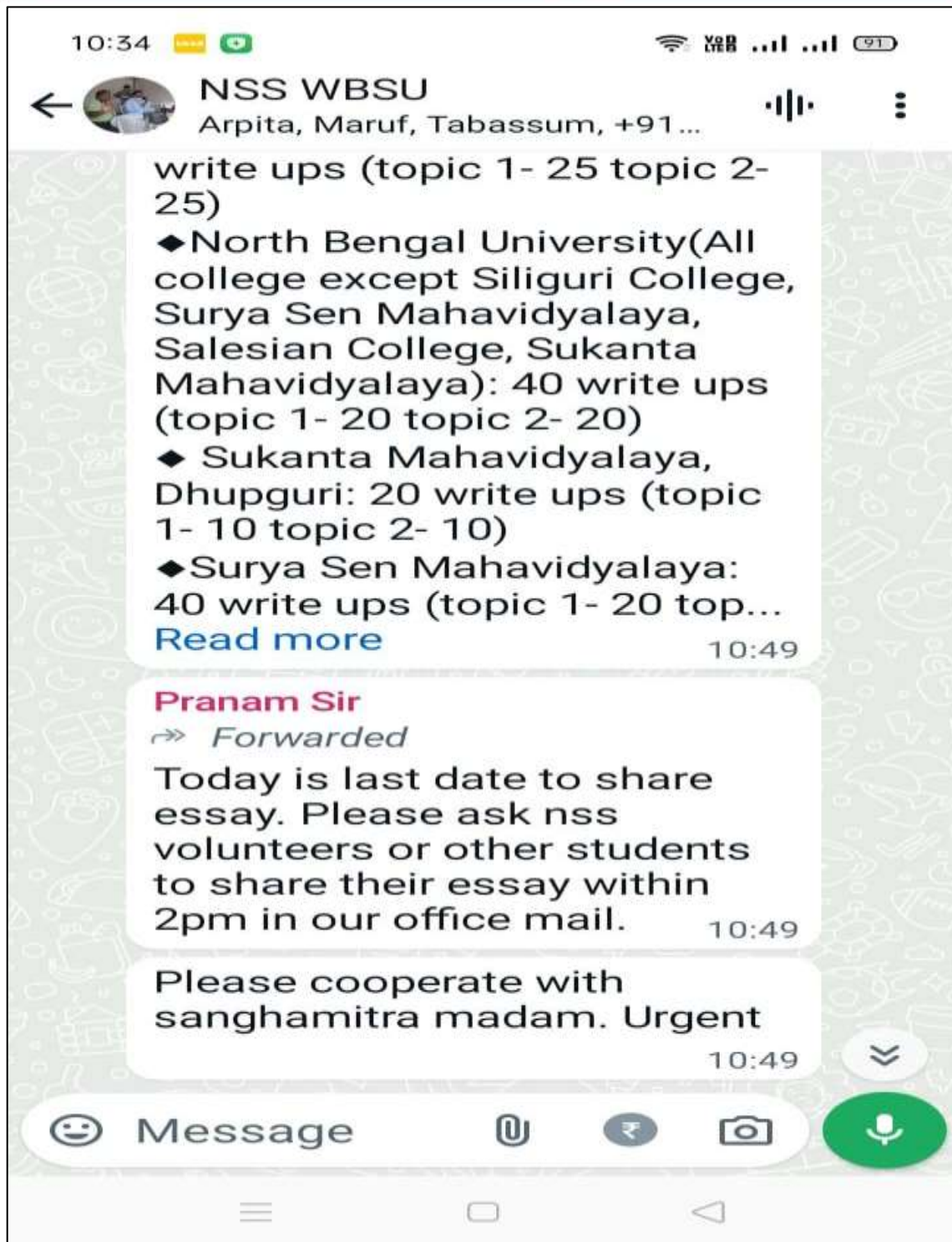
Message





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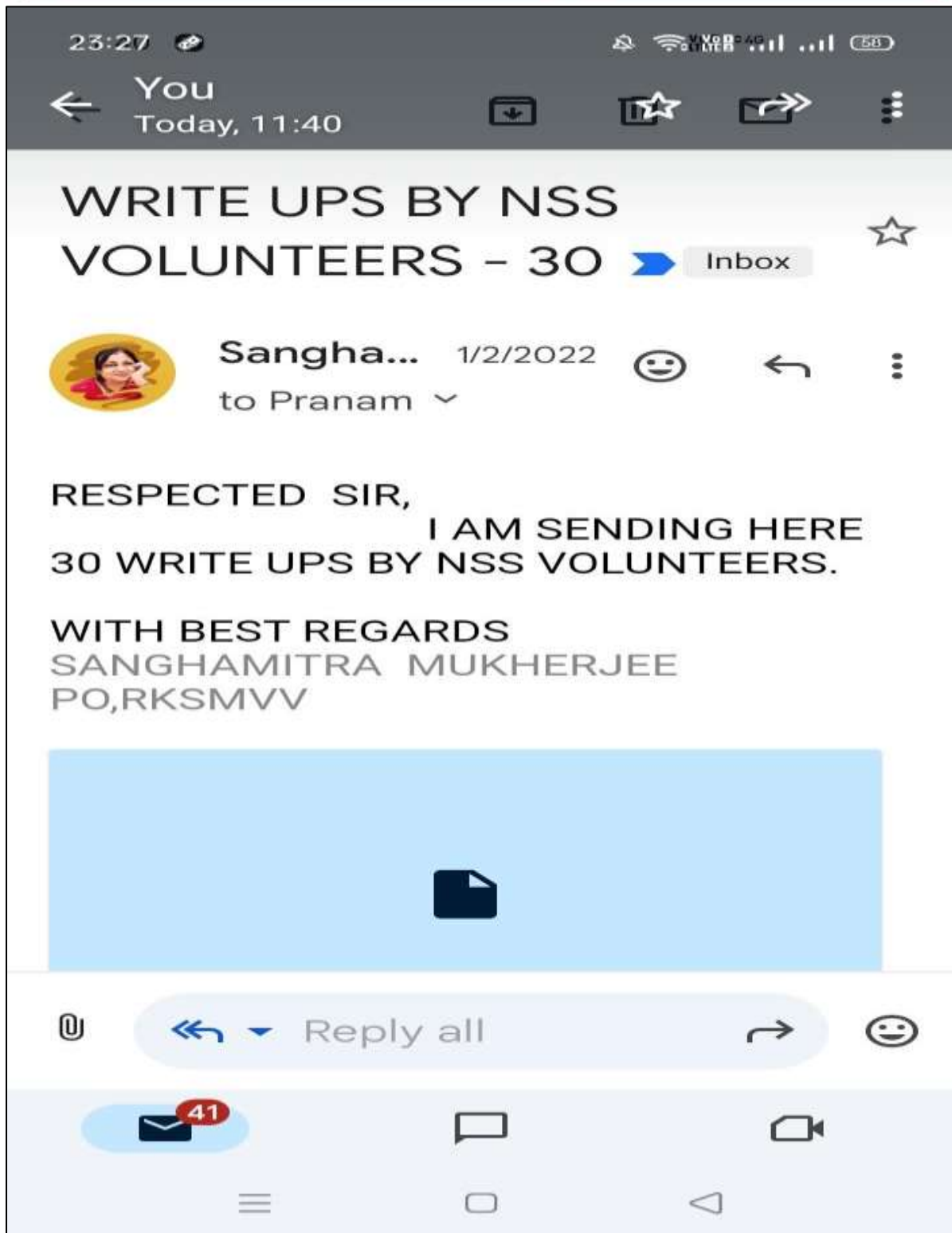


Message from Programme Coordinator Dr. Pranam Dhar to submit essays



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Our 30 NSS volunteers submitted essays

8.Observance of Youth Day(Online)



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On January 12th, 2022 NSS Unit, RKSMVV celebrated the birth anniversary of Swamiji. Due to the COVID-19 pandemic, classes were held online for the entire month of January, and the college was closed. Consequently, the Youth Day, which marks Swamiji's birth anniversary, was celebrated online. NSS volunteers successfully commemorated the occasion through dance, music, and recitations.

Outcome: The online observation of Youth Day by NSS volunteers had several positive outcomes:

- 1. Enhanced Engagement:** Despite the physical distance, volunteers actively participated in various cultural activities, demonstrating their commitment and enthusiasm.
- 2. Skill Development:** Volunteers had the opportunity to hone their skills in dance, music, and recitation, as well as in using digital platforms for performances.
- 3. Community Building:** The event fostered a sense of community and togetherness among the volunteers and participants, even in a virtual environment.
- 4. Increased Awareness:** The celebration helped raise awareness about the significance of Youth Day and Swamiji's teachings among a broader audience.
- 5. Adaptability:** The successful execution of the event online showcased the volunteers' adaptability and resilience in the face of challenges posed by the pandemic.
- 6. Promotion of Cultural Values:** The event helped in promoting cultural values and traditions by celebrating Swamiji's birth anniversary through artistic expressions.
- 7. Positive Impact:** The activities provided a source of inspiration and motivation for the youth, encouraging them to imbibe the values and ideals of Swamiji in their lives.



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Celebration of National Youth Day

Organised By

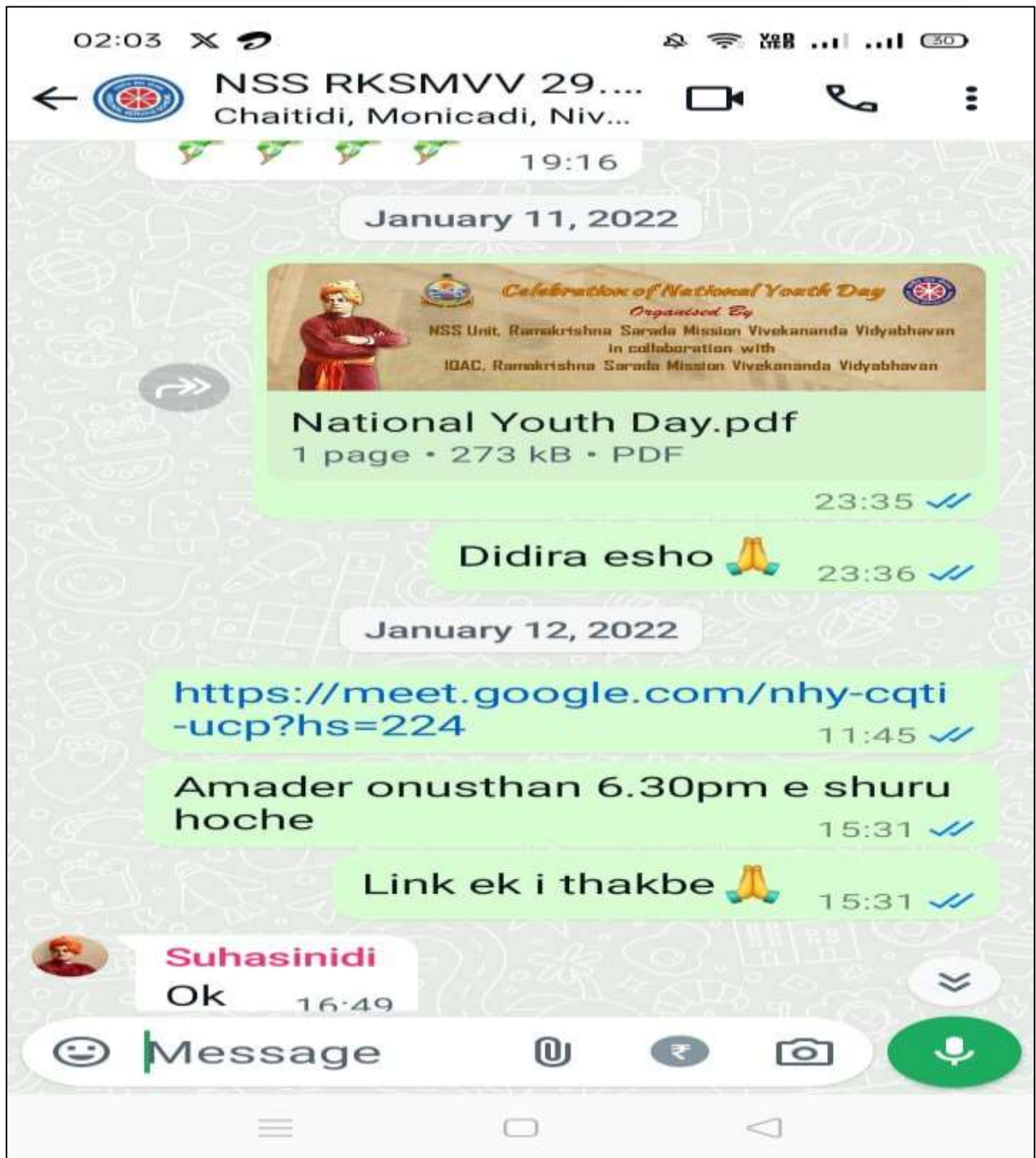
NSS Unit, Ramakrishna Sarada Mission Vivekananda Vidyabhavan
in collaboration with
IQAC, Ramakrishna Sarada Mission Vivekananda Vidyabhavan

Date : 12th January, 2022
Time : 3:30 pm
Platform : Google Meet 



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Google Meet Link provided in the NSS Group

9.NSS volunteers at the programme of Govt of West Bengal

On 24th and 25th February, 2022 15 NSS volunteers participated in the Chief Minister's Programme of Student Credit Card organized by Govt. of West Bengal at Netaji Indoor



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Stadium. The National Service Scheme (NSS) volunteers played a crucial role in ensuring the success of the Chief Minister's program. Their primary responsibility was to distribute food packets and water to the delegates attending the event. This report outlines the outcomes of their efforts. PO Dr. Sanghamitra Mukherjee was present there also. Volunteers were divided into groups, with specific areas assigned for food and water distribution. Distribution stations were strategically placed to ensure easy access for delegates. The presence of NSS volunteers allowed event organizers to focus on other critical aspects of the program. Volunteers demonstrated excellent teamwork and communication skills, ensuring a seamless operation.

Number of NSS volunteers-15

Outcome: NSS volunteers gained valuable experience in event management and service delivery. The activity fostered a sense of responsibility and **community service** among the volunteers. The involvement of NSS volunteers in distributing food packets and water to delegates significantly contributed to the success of the Chief Minister's program. Their dedication and efficient service were appreciated by both the delegates and the event organizers. This initiative not only met its objectives but also provided a meaningful experience for the volunteers, reinforcing the values of the National Service Scheme.



NSS Volunteers and PO for Community Service at a Government Event



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POs and office staff at the meeting



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NSS Volunteers and PO for Community Service at a Government Event

10.NSS Oneday Workshop at Ramakrishna Mission Swami Vivekananda's Ancestral House



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Number of NSS volunteers-9

A Oneday Workshop was organized at Ramakrishna Mission Swami Vivekananda's Ancestral House on 12th May, 2022. Nine NSS volunteers of our college had participated in the workshop. They were awarded with certificates.



NSS volunteers Workshop at Swamiji's Residence in North Kolkata



11. Observance of World Environment Day

NSS volunteers present-24



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Brief Report: NSS Unit in collaboration with Geography Department, Ramakrishna Sarada Mission Vivekananda Vidyabhavan organized a cultural programme to celebrate World Environment Day on 7th June, 2022. 24 volunteers participated in the cultural programme along with a power point presentation. At the end of the programme a pledge was taken by the NSS volunteers to conserve Mother Nature and keep our earth clean and green as well as to assure our mother earth the sustainability of nature and natural resources. Total number of 15 volunteers participated in the programme. The NSS volunteers took pledge at last to keep Mother Earth safe.

Number of NSS volunteers-15

Programme Outcome: On 5th June World Environment Day is observed all over the globe and the day helps to increase awareness about the environment and the damage that human activities do to it. Through the celebration of 5th June and reading pledges to protect the environment, all the students learnt that the quality of nature or environment is gradually deteriorating day by day and it is prime time to take proper steps to protect our environment for our future generations.



Flyer of World Environment Day



Ramakrishna Sarada Mission Vivekananda Vidyabhavan

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NSS volunteers and other students observing World Environment Day at RKSMVV



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Students' performance on World Environment Day

12. POSTER COMPETITION ON WORLD ENVIRONMENT DAY

To commemorate World Environment Day, NSS UNIT of RKSMVV had organised an online slogan writing competition. 38 students had participated.



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Ramakrishna Sarada Mission Vivekananda Vidyabhavan
National Service Scheme
Under the aegis of IQAC is organizing an
Online Slogan Writing Competition
Theme: "Global Warming"
On The Occasion Of
World Environment Day
Last Date of Submission: 8 June, 8 p.m.
Email: nssrkmsmv@gmail.com

Ramakrishna Sarada Mission Vivekananda Vidyabhavan
Online Slogan Writing Competition
Organized by NSS Unit, RKSMVV

RESULT

English Slogan
1st
"Change your wishes unless you want to turn into ashes" - Adrija Biswas
Semester- 4, Department- English

"Nature is the one who will return love if given love" - Indrani Das Mahapatra
Semester- 4, Department- History

Bengali Slogan
1st
"দুঃখের পর্দা সরানো হবার, সাত পৃথিবী গড়ে।
সবুজের গালিচা বিছাড়ে দিচ্ছে, প্রাণশক্তি রক্ষা করো।"
Name- Katha Karmakar. Semester- 4, Department- Sanskrit.

Online Poster Competition on World Environment Day

13. Tree plantation on 8th June, 2022

12 saplings were planted in the college premises by 5 NSS volunteers as a part of celebration of the World Environment Day. One monastic member and PO was present.

Number of NSS volunteers-5

Outcome: The tree plantation drive by NSS volunteers in the college premises was a highly successful and impactful initiative. Here are some key outcomes:



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- 1. Environmental Enhancement:** The planting of trees significantly improved the greenery and aesthetic appeal of the college campus, contributing to a healthier environment.
- 2. Biodiversity Boost:** The addition of various tree species enhanced the local biodiversity, providing habitats for birds, insects, and other wildlife.
- 3. Climate Benefits:** The new trees will help absorb carbon dioxide, contributing to the fight against climate change and improving air quality.
- 4. Educational Impact:** The drive served as a practical learning experience for volunteers, educating them about the importance of trees and ecological balance.
- 5. Community Engagement:** The initiative fostered a sense of community and teamwork among the volunteers, promoting a collective responsibility towards environmental conservation.
- 6. Long-term Benefits:** As the trees grow, they will provide long-term benefits such as shade, reduced soil erosion, and a cooler microclimate within the campus.
- 7. Promotion of Sustainable Practices:** The activity encouraged sustainable practices and environmental stewardship among the college community.
- 8. Leadership Development:** Volunteers developed leadership and organizational skills by planning and executing the plantation drive.
- 9. Positive Campus Culture:** The initiative promoted a culture of sustainability and environmental awareness within the college, inspiring other students and staff to engage in similar activities.
- 10. Symbolic Value:** The planted trees stand as a lasting symbol of the volunteers' commitment to the environment and their proactive efforts in making a positive difference.



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NSS volunteers were planting trees in the college as a part of observance of World Environment Day



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Tree Plantation drive at RKSMVV



PO & NSS volunteers at Tree Plantation Drive



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14. Thalassemia Awareness Programme conducted by RKSM Matri Bhavan

Category: Health Check up

Organizing unit: NSS, RKSMVV

Date: 14/6/22

Time: 11:30a.m. onwards

Number of Students: 120

Number of NSS volunteers-14

Number of Resource Person: 1

Name of Resource Person: Matron Jhuntu Sengupta, RKSM Matribhavan

Brief description of the event: Thalassemia is the commonest single gene disorder in the world population today. The NSS Unit of our college organized a Thalassemia detection camp, where experts from Ramakrishna Sarada Mission Matribhavan Hospital came. First, a briefing was done by Metron Jhuntu Sengupta, RKSM Matribhavan on why this test is needed. Awareness was spread about Thalassemia. It was stated that if parents are carriers of thalassemia, the child has a greater chance of inheriting a more serious form of the disease. The students could shed their fear and a total of 83 tests were done. The blood group test, Haemoglobin and Thalassemia test were done for the students. 13 volunteers participated. Dr. Sanghamitra Mukherjee, NSS Program Officer motivated the students and welcomed newly enrolled students to get Check-up of Thalassemia. The blood report given to the Class representative of department individually Thalassemia is one of the most prevalent disorders among inherited conditions- carried in genes and passing from one generation to other, affecting nearly 200 Million people Globally.

Programme outcome: All Students of college got Awareness about thalassemia They got to know symptoms and side effects of it. This unusual benefit of thalassemia is a simple consequence of the body's response to the reduction in haemoglobin in the blood. Their body produces more cells to compensate, which then offers a protective effect against another disease that is also prevalent in the same region. The awareness lecture significantly enhanced the understanding of thalassemia among NSS volunteers. **Many volunteers expressed a commitment to raising awareness about the disease in their communities and participating in blood donation campaigns.** The session also highlighted the importance of genetic counseling and early detection in preventing the disease.



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Matron Jhunu Sengupta delivered lecture
Thalassemia

Blood test for Haemoglobin and





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Blood test for Haemoglobin and Thalassemia



Thalassemia Awareness Drive at RKSMVV

15. International Yoga Day

Brief Report: To mark the celebrations of International Yoga Day on June 21, 2022 all NSS Volunteers were appealed to practice YOGA at home with their family members. The objective of the campaign was to promote yoga as an exercise that works for both the mind and the body. Yoga postures performed by NSS volunteers will stimulate their bodies and make them calm. Celebration of International Yoga Day began with a brief introduction on Yoga Day by our Principal Pravrajika Vedarupaprana . Shrimati Uma Paul, Bengal Judge was our esteemed guest. She delivered a lecture on “Yoga:Importance in life”. 15 NSS volunteers and 10 other students performed sitting and standing asanas and importance of these were explained simultaneously. 20 teachers and NSS Programme Officer were present in the programme.

Number of NSS volunteers-15

Outcome: Practicing yoga at home helped students cope with the stress and uncertainty of the times. It provided a structured routine, physical exercise, and mental relaxation, which were crucial for managing anxiety, maintaining fitness, and fostering a sense of normalcy.



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NSS volunteers celebrated International Yoga Day by exhibiting Yoga



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NSS volunteers celebrated International Yoga Day by exhibiting Yoga



Lecture delivered by our College Principal Mataji