

#  Dr. Payel Talukdar

**Designation:** (i) Head of the Department and Associate Professor, Dept of Psychiatry, R.G. Kar Medical College Kolkata.

(ii) Nodal officer District Mental Health Programme, North 24 Paraganas.

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# Qualification:

* MD in Psychiatry from Medical College and Hospital ( guide: Prof. Malay Ghoshal);
* DMRD: RG Kar Medical College and Hospital;
* MBBS: National Medical College and Hospital.

# Publications:

* Talukdar P, Ray I, Makhal M, Chakrabarty HN, Gargari P. Factors Influencing In-hospital Mortality in Acute Stroke Patients in a Tertiary Care Hospital in Kolkata, India. Indian Journal of Public Health Research and Development. 2017 Apr-Jun; 8(2):157. doi: 10.5958/0976- 5506.2017.00102.4
* Karmakar S, Talukdar P, Talukdar A, Bhattacharjee B, Ghosh P. A study of Knowledge Awareness and the Psychological Impact of COVID-19 in West Bengal. International Journal of Current Research. 2021 Mar; 13(03) :16637-16641. doi: 10.24941/ijcr.41014.03.2021.
* Lal R, Pathak P, Chaturvedi KR, Talukdar P. A Comparative Study of Pre & Post Stress Appraisal and Coping Strategies between Engineering and Pharmacy Students. Indian Journal of Public Health Research and Development. 2018 May; 9(5): 158. doi: 10.5958/0976- 5506.2018.00430.8.
* Chattopadhyay S, Kumar M, Singh OP, Talukdar P. Effect of Internet addiction on marital life. Ind Psychiatry J. 2020 JulDec;29(2):268-271. doi: 10.4103/ipj.ipj\_76\_19. Epub 2021 Mar 15. PMID: 34158711; PMCID: PMC8188910.
* Bhattacharya B, Nag A, Talukdar P, Talukdar A. Analysis of Covid 19 death cases in a tertiary level Covid Hospital in Eastern India from May 2020 to September 2020. EJPMR. 2021, 8(9).
* Talukdar A, Bhowmik A, Rana S, Talukdar P, Dutta K. Process of Community engagement in a mixed model research: A success story from Kolkata India. The Journal of Community Health Management. 2018.5(3):135-139. DOI 10.18231/2394- 2738.2018.0031
* Lal R, Pathak P, Chaturvedi KR, Talukdar P. Effect of dispositional mindfulness on perceived stress scores of engineering students: an empirical study. Indian Journal of Public Health Research and Development. 2019 January. 10(1). DOI Number: 10.5958/0976- 5506.2019.00014.7 JULY 2024

# Presentations:

* Hopecpn 2024: How to approach a case of insomnia .
* HOPECON 2024. OCD-A guide to physicians .
* June 2024: Treatment Resistant Schizophrenia, NRS Medical College and Hospital Kolkata.
* June 2024. Decoding the Diagnostic ambiguity in neuropsychiatric disorder, Chairperson, Institute of Neurosciences, Kolkata
* April 2024. Autism awareness programme , Roshani, Kolkata
* March 2024. Tobacco awareness programme, Swami Vivekananda Universi
* PSYCON 2023. Innovation in healthcare in geriatric psychiatry

# Mentoring:

* Mentoring 2018- Present
* 3 PG Students each year, Associate Professor
* 2012-2018 1 PG Student each year, Assistant Professor

# Outreach & Professional Development:

**TRAINING IN MEDICAL EDUCATION:**

* 2024 BCME and CISP III , Andhra Medical College (Regional Centre)
* 2022 Good Clinical Practice, RG Kar Medical College and Hospital 2021
* BCW , College of Medicine and Sagore Dutta Hospital

# PROFESSIONAL MEMBERSHIPS:

* + IPS, Life Fellow
	+ IAPP, Life Fellow