# Name of Course: PG DIPLOMA IN PSYCHOLOGICAL COUNSELLING

**Faculty Profile:**



# Dr. Pushpa Misra

**Designation:** Former principal, Bethune College, Kolkata, psychoanalyst, Former President, Indian Psychoanalytical Society, affiliated to International Psychoanalytical Association,

**Contact Details:** Mobile: 9433024224

Email Id: [pmisra.pushpa@gmail.com](mailto:pmisra.pushpa@gmail.com)

**Qualification**: (i) M.A. Psychology, CU, 1964.

1. M. A. Philosophy, CU, 1965
2. Ph. D. philosophy, University of Rochester, New York, USA, 1988
3. Post-doctoral Research as **Fulbright Fellow**: University of Pittsburgh, 1993 – 1994.

**Teaching Experience:** 1. Lady Brabourne College and Bethune College, Kolkata under West Bengal Higher Educational Services.

2. Guest lecturer, Department of Philosophy, Calcutta University.

**Research Experience**: 1. Master’s dissertation in Psychology on Juvenile

Delinquency with TAT.

1. Ph. D. thesis: Scientific Status of psychoanalysis: Evidence and Confirmation.
2. Ecology and our internal world: work done with a research grant by international psychoanalytical Association, UK. Paper submitted and accepted.
3. Offer to write a book on the research work on Ecology by Taylor and Francis next year.

# Publications: Books:

1. **Scientific Status of psychoanalysis: Evidence and confirmation**, Karnac books, later purchased by Routkedge, (2016).
2. ED. **Sigmund Freud**: published by Ebang Mushayera (2014)
3. **Freud: Shikhak O Bandhu**: Translation of Hans Sach’s classic book Freud: Master and Friend, published by Gangchil (2011)
4. **Manahsamikhaner Ruprekha:** Translation into Bengali Freud’s classic book Outlines of Psychoanalysis with extensive explanatory notes, published by Central Educational Enterprise, (1984)

**Other publications: 5. “ Parva”** Translation into Bengali SL Bhyrappa’s classic novel in collaboration with Late Kanika Bose, published by Sahitya Academi (2002).

* 1. **Ardhanarishwar**: Translation into Bengali of Vishnu Prabhakar’s classic book of the same name, published by Sahitya Academi (2009)
  2. **Aborjana**: Translation into Bengali famous Punjabi author Ajeet Caur’s first part of Autobiography “Kuda kabada”, published by Ebang Mushayera, (2016).
  3. **Galpa-Sangrah**: Translation into Bengali 20 short stories of Famous Punjabi author Ajeet Caur, published by Ebang Mushayera,2018.

9.. **Gauri:** Translation into Bengali famous Punjabi author

Ajeet Caur’s, short novel of the same name, a very

poignant story of the exploitation of a tribal girl, published by Ebang Mushayera,2024.

# Acadmic work: 2022 – 2024:

1. 4th January, 2023: Delivered Key note address: **"Diversity, Identity and Narcissism"** at **the 4th Asia Pacific Conference, organized by International Psychoanalytical Association, UK,** at New Delhi.
2. Continued field work on Ecology and internal world on a research grant awarded by International Psychoanalytical Association. Paper titled, **"Development, Ambivalence and Containment: Through the Himalayan Lens**" - written by Dr. Pushpa Misra and Dr. Jhelum Podder. Submitted and **accepted for Publication** in August, 2024. **Principal investigator: Dr.Pushpa Misra**, Assisted by:Dr. Jhelum Podder.
3. Paper presented at the workshop on **Medical Ethics**, on 25th September, 2023, at **RKSMVV**.
4. October 11th, 2023: Paper presented at **Sister Nivedita University**, Titled **"Assessment and Intervention in Psychoanalytical therapy".**
5. 15th December, 2023: Paper presented at a workshop on Ecology and its place in our Internal world at **RKSMVV.**
6. January 18th, 2024: Invited to teach a class on Dream Theory of Sigmund Freud at **Sister Nivedita University**.. 7. 7. 7. 4th February, 2024: Lekhaker Mukhomukhi: at **Ravindra Bharati University, Department of Philosophy**: participated as a discussant of Amita Chatterjee;s book Kalpa Galpe Manodarshan.

8. 8th March, 2024: delivered Keynote address on Women's day titled ' Women and the Climate Crisis" at **Indian Statistical Institute** and conducted the panel on Women’s achievements. 9. August 2023: delivered two lectures each of two- hour duration at

**Presidency University** on the Structural theory of Mind and Freud's Theory of Dreams in the short course on Personality Development and Emotional Management.

1. February, 2024: Conducted a value added course at the **Philosophy department of Ravindra Bharati University** on Psychological Counselling.
2. 18th March, 2024: Participated in a webinar organised by Explorations on Emotions in Climate Crisis. Introduced the topic and discussed Paul Hogget's presentation on "Grief and Anger in Climate Crisis".
3. Guided and conducted the students **of PGI, Chandigarh, Department of Psychiatry** on Structural Theory of mind.
4. Presented papers, organised on Depression and anxiety in the workshop organised by RKSMVV in collaboration with Taki Govt. College on 18th may, 2024.
5. Edited the **4th issue of Explorations**: an e journal on Climate Crisis.
6. Article on Ecology and our Mental World: published in the Exploration, 4th issue.
7. Wrote a monthly feature ‘Iskule Muskil” in the Anandmela Section of **Ananad Bazar Patrika** every 3rd Sunday of the month- a very popular feature dealing with the problems of young children. It has now been discontinued.

15. Selected as a **reviewe**r for papers to be presented at the **Lisbon Congress** organised by International psychoanalytical Association.

**Current occupation: Practising** psychoanalyst and co-ordinator of the PG Diploma Course in psychological Counselling.