

Name of the Activity: Seminar Talk on ‘Amader Jibak Kanan'

Category: Seminar Talk

Organizing Unit: Research Subcommittee

Date: 13.12.24

Time: 3 pm

Venue: Room 8

Name of the Resource Person: 1. Dr. Saberi Rakshit, Associate Professor in Sanskrit
2. Dr. Rohini Dharmapal, Assistant Professor in Education

Number of Participants: 30

Brief Description of the Event: The Research and Development Subcommittee, RKSMVV arranged a seminar talk 'Amader Jibak Kanan' on December 13 2024. The speakers were Dr. Saberi Rakshit, Associate Professor in Sanskrit and Dr. Rohini Dharmapal, Assistant Professor in Education. Their talk was based on the findings of the research (funded by the college and carried out with the of help students) done on the medicinal qualities of the plants.

This drive has been initiated by our college to create awareness about the beneficial effects of maintaining such herbs in our surroundings. Both speakers delivered an insightful lecture on the various therapeutic usages of the herbs while tracing their origin in ancient texts and their continued usage in modern healthcare.

Programme Outcome: The seminar inspired participants to appreciate the profound connection between traditional knowledge and modern healthcare. It also created awareness about the medicinal and therapeutic value of commonly found plants and encouraged the adoption of sustainable practices in maintaining herbal gardens. Students, in particular, were motivated to further explore the field of medicinal botany and actively participate in research activities. Overall, the event successfully fostered a deeper understanding of the importance of preserving and utilizing nature's resources for holistic well-being.

Flyer:

**Ramakrishna Sarada Mission
Vivekananda Vidyabhavan**

**RESEARCH AND DEVELOPMENT
SUBCOMMITTEE AND IQAC**

present a research talk on
"আমাদের জীবক কানন"



Dr. Rohini Dharmapal
Assistant Professor
of Education



Dr. Saberi Rakshit
Associate Professor
of Sanskrit

All members of faculty are welcome

Venue : Room no 8 Date : 13.12.2024
Time : 1.45 p.m.



