

## DEPARTMENT OF PHILOSOPHY

**Name of the Event:** *Sāṅkhya Philosophy*

**Category:** Extension Lecture

**Date:** 5 February 2026

**Time:** 1 pm

**Venue:** Room No. 8, RKSMVV

**Name of resource person:** Prof. Kuntala Bhattacharya, Department of Philosophy, Rabindra Bharati University

**Number of participants:** 10

### **Brief Description of the event:**

An extension lecture on *Sāṅkhya Philosophy* was organized on 5 February 2026 at Room No. 8 of RKSMVV. The lecture was delivered by Prof. Kuntala Bhattacharya from the Department of Philosophy, Rabindra Bharati University. The session was attended by faculty members, and students.

Prof Bhattacharya began with an overview of the origins of Sāṅkhya, tracing its roots to Kapila and its significance as one of the six orthodox schools of Indian philosophy. She elaborated on the dualistic foundation of Sāṅkhya, emphasizing the distinction between *Purusha* (consciousness) and *Prakriti* (matter/nature). The lecture explained how *Prakriti*, through its three *gunas* (sattva, rajas, tamas), evolves into the manifold universe while *Purusha* remains a passive witness. Prof. Bhattacharya discussed the means of valid knowledge in Sāṅkhya—perception, inference, and reliable testimony. She highlighted the enduring relevance of Sāṅkhya in contemporary philosophical discourse, particularly in relation to psychology, metaphysics, and spiritual practice.

The lecture was followed by an interactive session where participants raised questions on:

- The relationship between Sāṅkhya and Yoga philosophy.
- The compatibility of Sāṅkhya's dualism with modern scientific thought.

- The role of *gunas* in ethical and spiritual development.

Prof. Bhattacharya responded with clarity, linking classical concepts to modern perspectives.

### **Programme Outcome:**

The extension lecture provided a comprehensive understanding of Sāṅkhya Philosophy and its relevance in both academic and practical contexts. As it is a part of Semester V NEP syllabus, the students got the opportunity to have a broader knowledge about it. Prof. Bhattacharya's insightful presentation enriched the student's knowledge and inspired further exploration of Indian philosophical traditions.



